Effective Expense Management for A Better Life

Session for Non – Teaching Staff

Organised by P.G. Department of Commerce

Date of Event: 07/03/2026

Faculty-in-Charge: Dr. JESNEY ANTONY



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No: **NIMIT/ CP-EXP/01/25-26** Date: 03/03/2026

Circular

Our college is organizing a programme on **"Effective Expense Management for a better life"** for all Non-Teaching Staff on **07-03-2026** at **MBA Seminar Hall** from **1.30pm to 2.30pm**. The programme aims to create awareness about prudent financial practices, optimal utilization of resources, and cost-effective management in day-to-day administrative activities.

The session will provide valuable insights into budgeting, expenditure control, resource conservation, and strategies for enhancing operational efficiency. All Non-Teaching Staff members are encouraged to actively participate and benefit from the programme. All participants are requested to report to the venue on time.

Fr. Dr. Paulachan K.J

(Principal)

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REPORT

The PG Department of Commerce organized a session for the non-teaching staff on the topic "Effective Expense Management for a Better Life" on 7th March 2026 from 1.30 p.m. to 2.30 p.m. in the MBA Seminar Hall. The session was led by Dr. Mathew Jose K., H.O.D., Department of Commerce, NIMIT.

The programme commenced with a prayer song by Ms. Jomol, which created a pleasant and positive atmosphere for the gathering. Dr Sithara (Counsellor, Social Work Dept.) delivered the welcome address and warmly welcomed the Resource Person and all the participants.

In his session, Dr. Mathew Jose emphasized the importance of financial discipline and systematic savings in everyday life. He highlighted that saving should be done first and expenditure should follow, rather than spending first and saving what remains. He encouraged the participants to identify their urgent and essential needs and prioritize them carefully while avoiding unnecessary expenses and luxury spending.

The resource person further explained that systematic savings would eventually lead to effective investment and long-term financial security. Through practical examples and interactive discussions, he made the session highly informative and relevant for the non-teaching staff. The participants actively engaged in the session and gained valuable insights into effective expense management and better financial planning.

The programme concluded with a vote of thanks by Ms. Beena, House Keeping Supervisor, who expressed sincere gratitude to Dr. Mathew Jose for his insightful session and thanked the management, faculty members, and participants for making the programme a success.

The session was highly appreciated by all attendees, and it reflected the institution's commitment towards the holistic development and financial well-being of its staff members.

Prepared by:	Verified by:	Approved by:
Dr. Jesney Antony	Dr. Mathew Jose K.	Rev. Fr. Dr. Paulachan KJ
(Coordinator)	(HOD,PG Department of Commerce)	(Principal)

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BROCHURE

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PG Department of Commerce organises a session for non-teaching staff

EFFECTIVE EXPENSE MANAGEMENT FOR A BETTER LIFE



Date : 7th March 2026
Time : 1.30 pm to 2.30 pm
Venue : MBA seminar hall

Resource Person:



Dr. Mathew Jose K.
H.O. D.,Dept. of Commerce, NIMIT

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Thrissur District
Kerala-680 308

PROGRAMME SCHEDULE

Non-Teaching Staff Enrichment Programme

Date:07/03/2026 **Time: 1.30 p.m. to 2.30 p.m.**

Prayer:	**Ms. Jomol** **(Non-teaching staff member)**
Welcome Address:	**Dr.Sithara (Counsellor)**
Session:	**Dr. Mathew Jose K.** **(H.O.D. Dept. of Commerce)**
Vote of thanks:	**Ms. Beena M.M** **(House-Keeping Supervisor)**

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Thrissur District
Kerala-680 308

PHOTOGRAPHS /SCREENSHOTS









PARTICIPANT'S LIST

Name of the Event: Non- Teaching Training

Date: 07.03.26

Time: 01.30 pm

Venue: MBA seminar hall

Sl. No.	Name	Signature
1.	Aloshious C K	
2.	Arun Paul	
3.	Beena Jude	
4.	Beena M M	
5.	Beena Roy	
6.	Bejoy Kuriakose	
7.	Betty Johnson	
8.	Bichu Santhosh	
9.	Bindhu Ajayan	
10.	Daisy Johny	
11.	George P.V	
12.	Gijo T Kuriakose	
13.	Irin Aruja	
14.	Jimmy Joseph	
15.	Johnson M V	
16.	Jomol Jose	
17.	Jose M D	
18.	Jyothi Francis	
19.	Kiran Rajeswaran	
20.	Liji Jose	
21.	Lilly Francis	
22.	Lincy Sojan	
23.	Lissy Biju	
24.	Lissy Joy	
25.	Mallika Raju	
26.	Manu Prakash	
27.	Mary Paulson	
28.	Mini Babu	
29.	Mini P B	
30.	P K Varghese	
31.	Pabatra Baliarsing	
32.	Poulose C V	
33.	Rajan K Nair	
34.	Raju Joseph	
35.	Regi George	

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36.	Rosily Peter	
37.	Seema Subi	
38.	Shaji P. K	
39.	Shalet M D	
40.	Shali C. R	
41.	Sherly Shaji	
42.	Shibila K S	
43.	Shiny Ambrose	
44.	Shiny S	
45. .	Shobhana Gopi	
46.	Shyla Unnikrishnan	
47.	Siby Baby	
48.	Sony Antony	
49.	Valsa Jose	
50.	Vincent T T	
51.	Vinoj P P	

