

LEADING HANDS PROGRAM
(Training session)

Naipunnnya

To reach the unreachable

Date of Event: 09.01.2026

Faculty-in-Charge: Ms. Rinku K Vithayathil



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No: NIMIT/NTR/CP-LHP /03/ 2025-2026

Date: 06.01.2026

Circular

The Department of Training will be organizing a Leading Hand Program (LHP) training session on *Body Language and Postures* on 9th January 2026 from 1:15 p.m. to 4:00 p.m. at the MBA Seminar Hall.

The session will be handled by Mr. Abin John from the Department of Training and will focus on enhancing students' understanding of body language, posture, and non-verbal communication skills.



Fr. Dr. Paulachan K.J

Principal

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REPORT

The Leading Hands Program (LHP) training session on body language and postures was conducted on 9th January 2026 at the MBA Seminar Hall from 1:15 p.m. to 4:00 p.m.

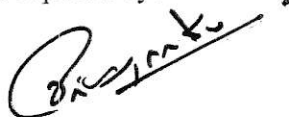
The session was handled by Mr. Abin John from the Department of Training. The programme aimed at improving students' understanding of body language, posture, and non-verbal communication, which are essential for personal and professional growth.

A total of 43 participants attended the session. The attendees included first-year and second year LHP students, while the third year LHP students, along with the teacher coordinator, organized and coordinated the event efficiently.

The session was highly interactive and engaging. One of the highlights of the program was the inclusion of "Human Bridge" games, which made the session more interesting and energetic. These activities helped students practically understand teamwork, coordination, and the importance of body language in communication.

Through demonstrations and real-life examples, students gained valuable insights into maintaining confident posture, using appropriate gestures, and improving overall communication skills. Overall, the session was a great success, as it not only enhanced students' soft skills but also made learning enjoyable through interactive activities.

Prepared by:



Ms. Rinku K Vithayathil

LHP Coordinator

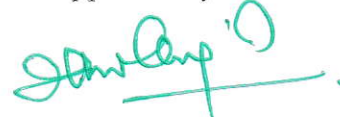
Verified by:



Mr. Abin John

Department of Training

Approved by:



Rev. Fr. Dr. Paulachan K. J

Principal



BROCHURE



Leading Hands Program Training Session



09.01.2026



MBA, Seminar Hall



1:20 p.m.

TRAINER
Mr. Abin John



FACULTY COORDINATOR
Rinku K Vithayathil (9446753170)

NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT)
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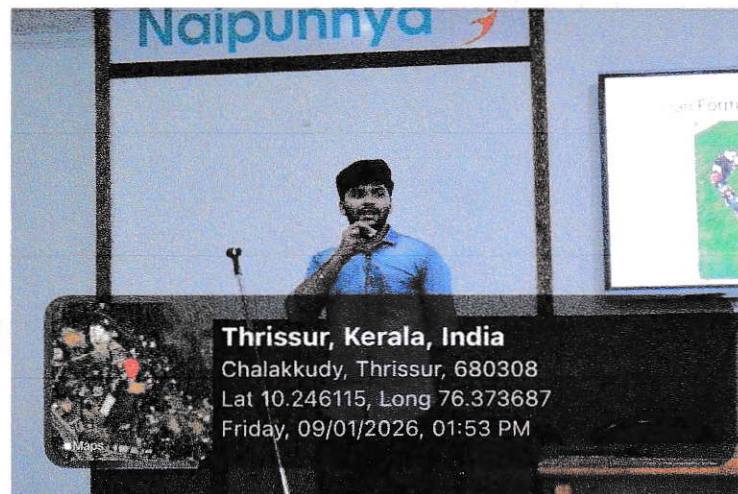
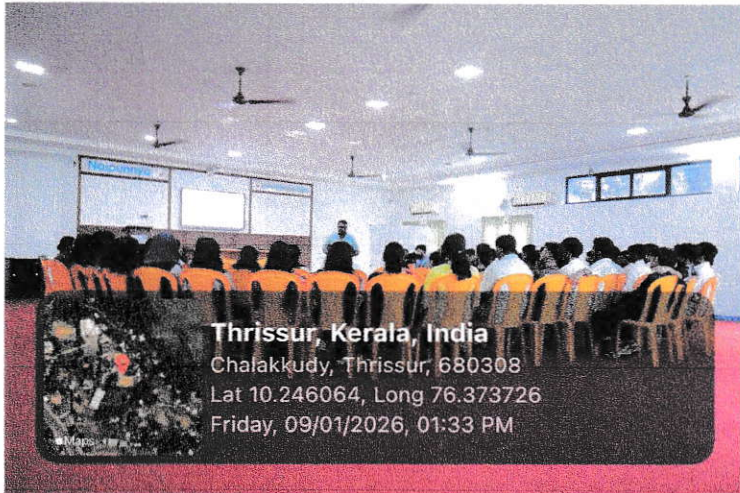


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PHOTOGRAPHS



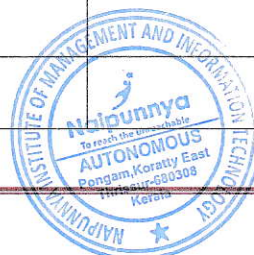
Leading Hands Program

Date: **09.01.2026**

Venue: **Seminar Hall
MBA Block**

Participants List

SL. NO.	NAME	CLASS	SIGNATURE
1)	Aishwarya Ran Pyndath	3 rd Bcom A	<i>Aishwarya</i>
2)	Noel George	2 nd Bcom A	<i>Noel</i>
3)	Sreeram Saptosh	2 nd Bcom B	<i>Sreeram</i>
4)	Jovanna Francis	2 nd BCA B	<i>Jovanna</i>
5)	Nikhil Jomon	2 nd BSC IT	<i>Nikhil</i>
6)	Jeffrey Job	3 rd BSC IT	<i>Jeffrey</i>
7)	Ann.S.Gigi	2 nd BBA	<i>Ann.S.Gigi</i>
8)	Hannah	3 rd B. Com B	<i>Hannah</i>
9)	Seethalakshmi	"	<i>Seethalakshmi</i>
10)	Aishwarya	3 rd B. Com A	<i>Aishwarya</i>
11)	Akslay	"	<i>Akslay</i>
12)	Anjana M Dev	3 rd B. Com B	<i>Anjana</i>
13)	Akash Biju	2 nd BSC IT	<i>Akash</i>
14)	Dishwin Shaju	2 nd HMCS A	<i>Dishwin</i>
15)	Mathew John	3 rd B. Com B	<i>Mathew</i>



Leading Hands Program

Date: 09.01.2026

Venue: MBA Seminar Hall

Participants List

SL. NO.	NAME	CLASS	SIGNATURE
1	Anugraha K P	BSC.CS	Anugraha K P
2	ANN GRACE PAUL	BSC.CS	ANN GRACE PAUL
3	NIRANJANA V.P	BSC.CS	NIRANJANA V.P
4	Avin Maria Vijo	BCA A	Avin Maria Vijo
5	Alias Varghese	BCA A	Alias Varghese
6	Anas K.A	BCA A	Anas K.A
7	Leema	BCA A	Leema
8	ANWIN	BCA A	ANWIN
9	ALBIN	BCA A BCA A	ALBIN
10	SHREYAS NAIR	BSc CS	SHREYAS NAIR
11	SHAMNAS P S	BSc CS	SHAMNAS P S
12	Niya .k	Bcm	Niya .k
13	Minha	Bca	Minha
14	Rinshe	Bca	Rinshe
15	SAM	BCA A	SAM
16	AITHAJ	BCA	AITHAJ
17	Ebel Nilson	BCA A	Ebel Nilson



18	Hasidev P Menon	BCA A	<u>Hasidev</u>
19	Nevin Vinod	BCA A	<u>Nevin</u>
20	Aravind A.V	BCA A	<u>Aravind</u>
21	Joshua Lijo K	BCA A	<u>Joshua</u>
22	Abel Joby	BCA A	<u>Abel</u>
23	ABHIRAMI SUNE	B.com	<u>Abhirami</u>
24	Ananika K-B	BCA B	<u>Ananika</u>
25	Aadithya P-S	BCA B	<u>Aadithya</u>
26	Athulya K-Shibu	BCA B	<u>Athulya</u>
27	Adarsh Biju	BCA B	<u>Adarsh</u>
28	Jose Joshy	BCA B	<u>Jose</u>

Event Coordinator

Rinku K Vithayathil
Rinku K Vithayathil



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