

Department of Training
Training for First Year Undergraduates

Naipunnya
To reach the unreachable

Date of Event: Between 19/01/26-05/03/26

Faculty-in-Charge: Mr. Johny P.O



Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

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No: NIMIT/NTR/FEP/3/2025-2026

Date: 05-01-2026

Circular

The Training Department is organizing a series of personality grooming training programs for all first-year undergraduate students in separate batches under the theme **“Empowering Young Minds to Grow, Lead and Succeed.”** from **19 January 2026 to 05 March, 2026** at the **MBA Seminar Hall** from **9.00 a.m. to 4.00 p.m.**

The training sessions will be conducted batch-wise and will be handled by Dr. T. O. Poullose. The programme will focus on personality grooming, communications skills, and team building.

All Heads of Departments are requested to inform the students concerned and ensure their participation as per the schedule communicated by the Training Department.



Fr. Dr. Paulachan K J •

Principal



REPORT

Training for First Year UG Students

The Training Department organized a series of personality grooming training programme for all first-year undergraduate students in separate batches under the theme “Empowering Young Minds to Grow, Lead and Succeed.”

The primary objective of the programme was to guide students as they begin their journey in higher education by nurturing self-confidence, positive attitudes, and essential life skills. The sessions aimed to help students understand their strengths, develop effective communication and interpersonal skills, and cultivate the qualities required for responsible leadership and personal excellence. Through meaningful interactions and practical insights, the training encouraged students to adopt a growth mindset, build strong character, and prepare themselves to face academic and professional challenges with confidence.

The sessions were led by Dr. T. O. Poulouse, whose engaging and insightful approach inspired the students to envision a purposeful path towards personal development, leadership, and success.

Prepared and verified by:



Mr. Johny P O

Faculty-in-Charge

Approved by:

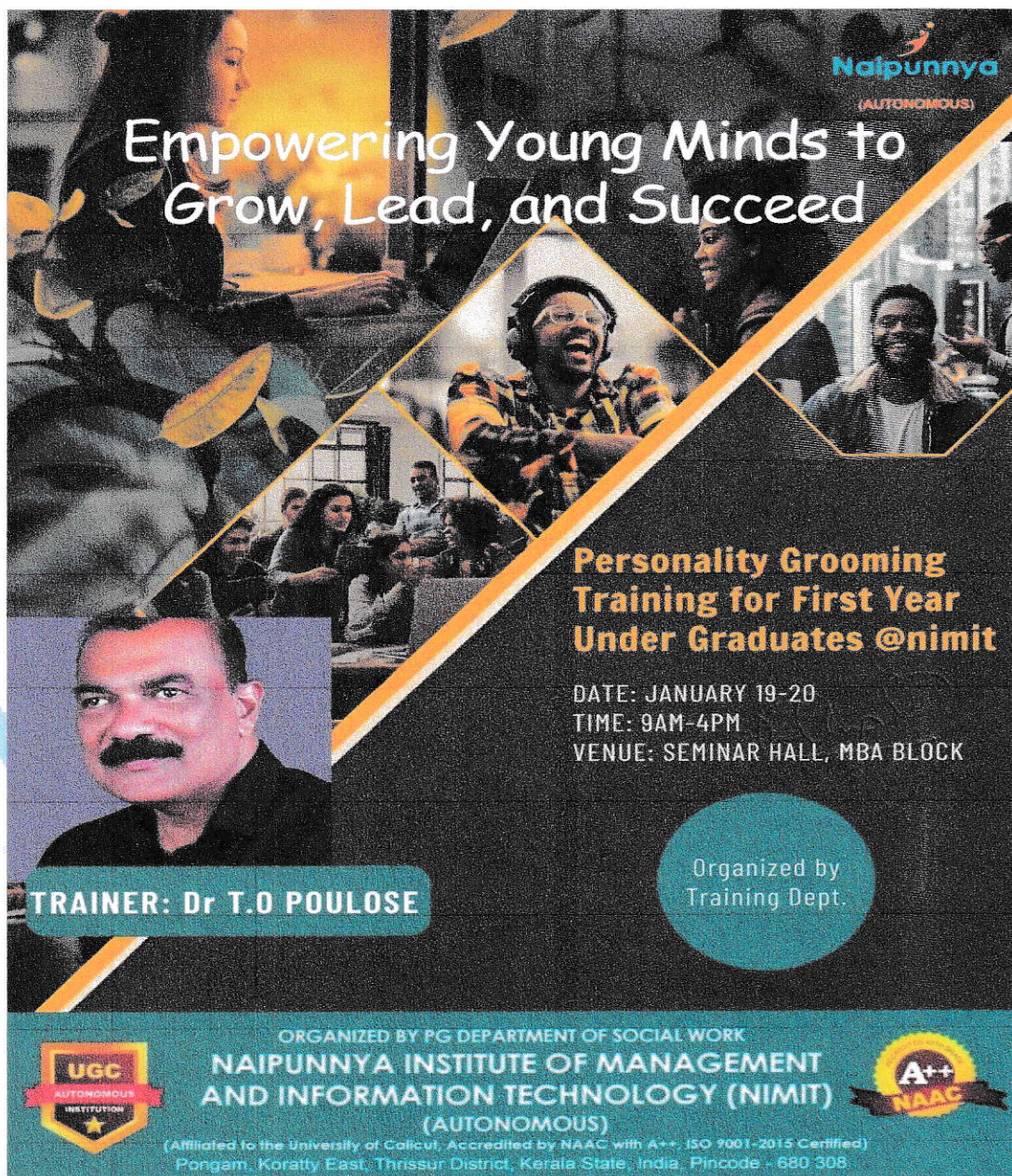


Rev. Fr. Dr. Paulachan K J

Principal



BROCHURE



Naipunnnya
(AUTONOMOUS)

**Empowering Young Minds to
Grow, Lead, and Succeed**

**Personality Grooming
Training for First Year
Under Graduates @nimit**

DATE: JANUARY 19-20
TIME: 9AM-4PM
VENUE: SEMINAR HALL, MBA BLOCK

TRAINER: Dr T.O POULOSE

Organized by
Training Dept.

ORGANIZED BY PG DEPARTMENT OF SOCIAL WORK
**NAIPUNNYA INSTITUTE OF MANAGEMENT
AND INFORMATION TECHNOLOGY (NIMIT)**
(AUTONOMOUS)

(Affiliated to the University of Calicut, Accredited by NAAC with A++, ISO 9001-2015 Certified)
Pongam, Koratty East, Thrissur District, Kerala State, India, Pincode - 680 308.

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PROGRAMME SCHEDULE

Valedictory Function

Personality Grooming and Placement Training (I BCA)

Name of the Body: Training Department

Venue: Seminar Hall, MBA Block

Date: 20-01-2026

Time: 2:45 p.m. - 3: 15 p.m.

Time	Programme Item	Details / Person Responsible
2:45 p.m.	Prayer	Ms. Anetta Biju
2:50 p.m.	Welcome Address	Training Coordinator: Mr Johny Panamkulam
2:55 p.m.	Training Overview	Video Presentation
3:00 p.m.	Reflections by Participants	2 Student Volunteers share experiences: 1.Elsa Rose Biju 2. Abin Kurian
3:05 p.m.	Award Presentation – Most Innovative Team	Dr. T.O Poullose, guest trainer
3:10 pm	Certificate Distribution	Dr. T.O Poullose, guest trainer
3:15 p.m.	Vote of Thanks	Mr. Aswin k A
	National Anthem / Group Photo	

• Master of Ceremonies (MC): Ms. Delmimol M B



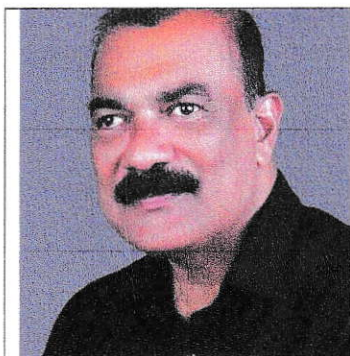
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RESOURCE PERSON'S PROFILE

Training for Final Year UG Students



Name: Dr T.O Poulose
Designation: Trainer

Profile: Dr. T.O. Poulose MSW; LL.B ; MBA; DSD ; PhD (Canada); • 31 Years of post graduate teacher experience in India and abroad. • Former visiting faculty to international universities like Western Michigan University (USA) ; Auckland University (New Zealand) • Former HOD, Social work department, Rajagiri College of Social Science, Kalamassery. • International trainer, Motivation speaker and Family counselor.

To reach the unreachable

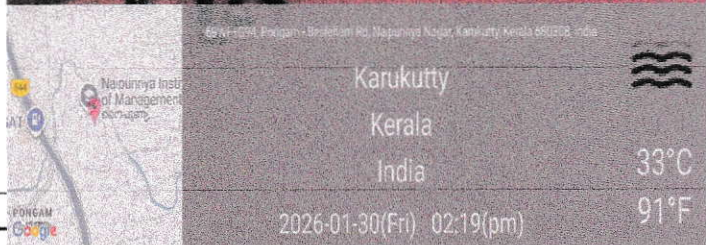
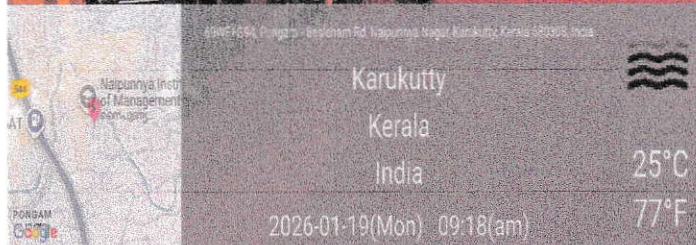
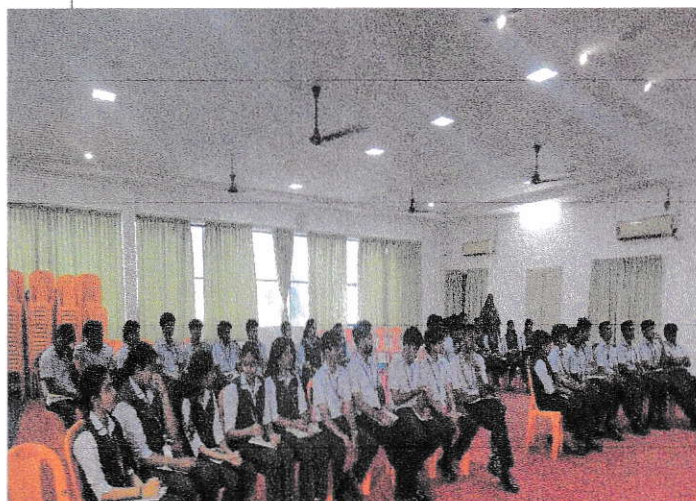


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PHOTOGRAPHS



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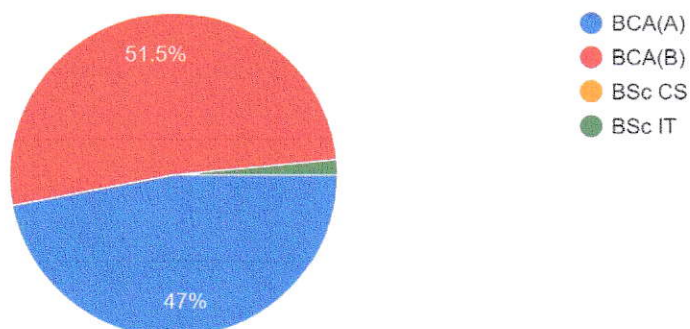
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FEEDBACK

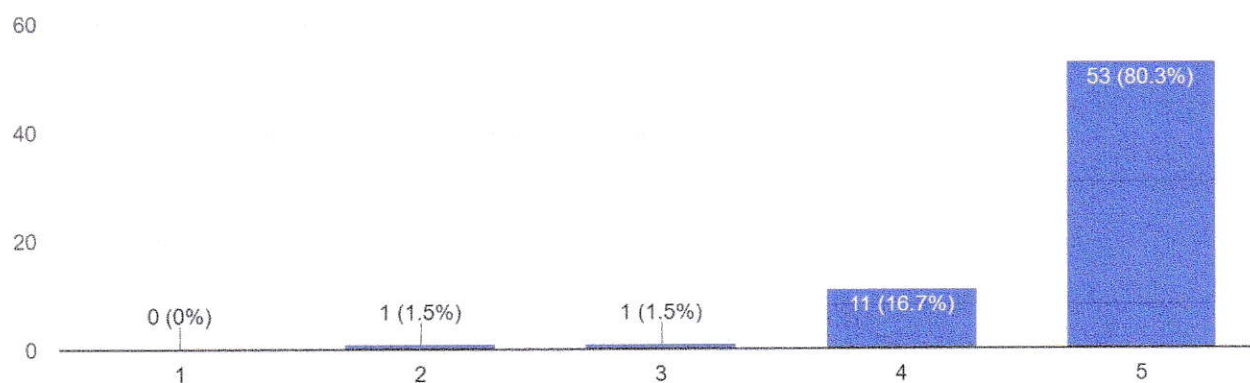
Your Programme

66 responses



Overall, I am satisfied with today's training.

66 responses

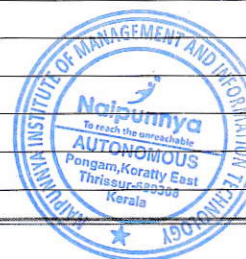


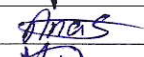
Name of the Event: Training-External

Date: 19-01-2026

Participants: I BCA - A

Sl. No.	Name	Signature
1.	ANSA POULOSE	Anse
2.	RINSHA	Rinsha
3.	ANWIN BIJU	Anwin
4.	ALBIN JOJO	Albin
5.	Alias Varghese	Alias
6.	Joshua Jyo	Josh
7.	Eros Biju	Eros
8.	Baighren Biju	Baighren
9.	Andawar R.B	Andawar
10.	Niyak	Niyak
11.	Mirha	Mirha
12.	Abel Toby	Abel
13.	Haridev . P . Menon	Haridev
14.	Ebel Nilson	Ebel
15.	Sam Benson	Sam
16.	Althaf Mohamad Shah P.S	Althaf
17.	Sethulakshmi Sunilkumar	Sethulakshmi
18.	Saniya Sojan	Saniya
19.	Haripriya P.S	Haripriya
20.	Avrin Maria Vijo	Avrin
21.	Trino K.J	Trino
22.	Kasinath K.A	Kasinath
23.	NANDAKISHOR RAMESH	Nandakishor
24.	SABARINATH C	Sabar
25.	Abel Lohannan	Abel
26.	Karthika C.K	Karthika
27.	Ashna C.D	Ashna
28.	Anetta Biju	Anetta
29.	Sachu sebi	Sachu
30.	SAN SANBU	San
31.	ENDSH JOBBY	Endsh
32.	HEYMS THOMAS	Heyms
33.	ASWIN K.A	Aswin
34.	ALAN VARGHESE	Alan
35.	AKASH K.S	Akash
36.	ABIN KURIAN	Abin
37.	Jilsha . T . S	Jilsha
38.	Elsa Rose Biju	Elsa



39.	Alina Stanley	
40.	Anas K.A	
41.	ABIN BABU	
42.	Adhul Krishna K.V	
43.	Leema Anti Parambeth	
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45.	Sandhya George	
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Event Coordinator: Johny Panamkulam, Training Dept.

