

**“NourishHer – Highlighting Women as the Backbone of Food Security
and Sustainability.”**

P G Department of Social Work

Naipunnya

To reach the unreachable

Date of Event :27.01.2026

Faculty-in-Charge: Ms. Reni V. Kalayil



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No: NIMIT/NSW/SYN/01/2025-2026

Date: 27th January 2026

Circular

Subject: SYNERGIA-“NourishHer – Highlighting Women as the Backbone of Food Security and Sustainability”

The P.G. Department of Social Work is organising the Fourth Semester MSW class forum (SYNERGIA) titled “NourishHer – Highlighting Women as the Backbone of Food Security and Sustainability” on 27th January 2026 at the MBA Seminar Hall.

The programme aims to encourage student participation, teamwork, and knowledge sharing while creating awareness about the significant role played by women in ensuring food security and promoting sustainable practices in society.

All first year BSW, BFD and MSW students are expected to participate in the programme without fail.



Fr. Dr. Paulachan K.J

(Principal)



REPORT

The Fourth Semester MSW students organized their class forum programme titled “NourishHer – Synergia” on 27 January 2026 at the MBA Seminar Hall. The programme was conducted with the objective of encouraging student participation, teamwork, and knowledge sharing while creating awareness about the significant role played by women in ensuring food security and promoting sustainable practices in society.

The programme began with a prayer song by Anu Biju, which created a positive and reflective atmosphere for the event. This was followed by a welcome address by Fr. Jith Devassy, who warmly welcomed the participants and emphasized the importance of collaborative learning and recognizing women’s contributions to food security and community sustainability. The programme was efficiently anchored by Christy Antony and Merin B Chiramel, who guided the audience through the different segments of the event.

As part of the programme, Rosemary and Anjana delivered a presentation focusing on the theme of NourishHer, highlighting the important role women play in agriculture, nutrition management, and sustainable livelihood practices. The presentation also addressed the challenges faced by women farmers and emphasized the need for empowering women through education, resources, and policy support.

An interactive quiz competition was conducted by Abhirami S and Anu Francis, which actively involved the participants and tested their knowledge related to food security, sustainability, and gender roles. The programme was attended by students of II Semester MSW, II Semester BSW, and II Semester BSc Fashion Technology, making it an interactive and interdisciplinary learning experience. Various creative presentations and interactive elements were included to engage the audience and stimulate reflection on gender roles in food security and environmental sustainability.

The broadcast and technical coordination were managed by the II Year MSW students, ensuring the smooth conduct of the programme. The programme concluded with a prize distribution ceremony by Fr. Sinto, Assistant Professor, Department of Social Work, who appreciated the enthusiasm and participation of the students. The evaluation of the programme was conducted by Johny P.O, HOD, Training Department, NIMIT, who provided valuable feedback and appreciated the initiative taken by the students in organizing a meaningful and socially relevant programme.

Finally, the programme ended with a vote of thanks proposed by Anju Menachery, who expressed gratitude to the faculty members, resource persons, organizers, and participants for their support in making the event successful.

Highlights and Outcome:

The programme successfully highlighted the critical role of women in food security and sustainable development. Students gained a deeper understanding of gender perspectives in agriculture, nutrition, and community development. The event encouraged interdisciplinary learning and active participation among MSW, BSW, and BSc Fashion Technology students. It provided a platform for students to present ideas, develop communication skills, and engage in meaningful discussion on important social issues. The programme strengthened awareness about women's empowerment and the importance of sustainable practices in society.

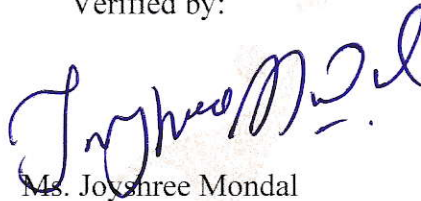
Prepared by:



Ms. Reni V. Kalayil

Asst. Professor

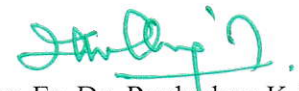
Verified by:



Ms. Joyshree Mondal

HoD, P.G Dept of Social Work

Approved by:



Rev. Fr. Dr. Paulachan K J

Principal

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BROCHURE



YOU ARE INVITED TO

**SYNERGIA
2026**

PG Department of Social Work

NOURISHHER

**Highlighting women as backbone of the
food security and sustainability.**

**JANUARY 27, 2026
2.15 p.m.-3.15 p.m.**

**MBA Seminar Hall
Presented by 2nd year
MSW**

**NAIPUNNYA INSTITUTE OF MANAGEMENT
AND INFORMATION TECHNOLOGY (NIMIT)
(AUTONOMOUS)**

(Affiliated to the University of Calicut, Accredited by NAAC with A++, ISO 9001-2015 Certified)

Pongam, Koratty East, Thrissur District, Kerala State, India, Pincode - 680 308



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PROGRAMME SCHEDULE

Emcee: Christy Antony and Merin B Chiramel

Prayer song: Anu Biju

Welcome: Fr. Jith Devassy

Presentation: Rosemary and Anjana

Quiz: Abhirami.S and Anu Francis

Broadcast: 2nd year MSW Students

Prize distribution: Fr.Sinto (Assistant Professor Department of Social Work)

Evaluation: Johny P.O (HOD, Training Department, NIMIT)

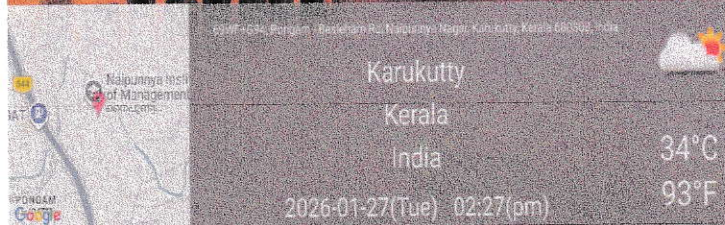
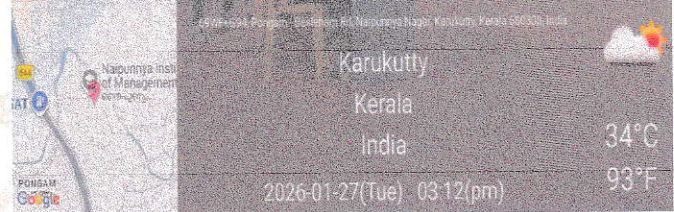
Vote of thanks: Anju Menachery

National anthem

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PHOTOGRAPHS



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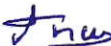
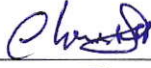
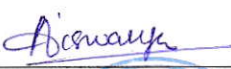
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LIST OF PARTICIPANTS

Name of the event: "NourishHer" – SYNERGIA

Date: 27.01.2026

Class: IV Semester MSW

Sl. No.	Name	Signature
1.	Anny Joy	
2.	Rose Mary. C B	
3.	Anjana P.R	
4.	Merin B. Chinnel	
5.	Christy Antony	
6.	Anu Biju	
7.	Albin Benny	
8.	Jith Devassy	
9.	Aswathy V.P	
10.	Ananya Vinod	
11.	Abhirami s	
12.	Anju Menachery	
13.	Anne Francis	
14.	Anjana M.P	
15.	Arswarya S Nair	
16.	Nayana Paul	

17.	Sreesha Shaju	Sreesha
18.	Jeff Binay Palatty	Jeff
19.	Augustine Tijo	Augustine
20.	Anthony Tomson	Anthony
21.	Don Jose	Don
22.	Joel Tom Antony	Joel
23.	Aghiljith E.G	Aghiljith
24.	Abel Sony	Abel
25.	Alpha T. George	Alpha
26.	Ann Lya Benny	Ann
27.	Anita Varghese	Anita
28.	Aneeta A.P	Aneeta
29.	Nirudhya Lakshman	Nirudhya
30.	Lenna P.P	Lenna
31.	Rosemary Joy	Rosemary
32.	Gaichanganlin	Gaichanganlin
33.	Kaluangailin	Kaluangailin
34.		
35.		
36.		
37.	Pani V. Kalayal (Event Coordinator)	

SYNERGIA

Evaluation Sheet

Class: IV Semester MSW

Content-Theme (10)	Innovative methods (10)	Infotainment (10)	Presentation (10)	Brochure, Invitation, Hospitality (10)	Total (50)
9	7	6	7	9	38

Remarks: Recognizing Women as pillars of food security and sustainable develop is the right theme that befits MSW students. And you did justice to the theme. However class forum requires a few more recipes like entertainment, time management etc.

Date: 27-01-2026

Name of the evaluator: Johny Panambukulam

Signature: 