

DEPARTMENT OF SOCIAL WORK

"Well-Being Warriors"

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To reach the unreachable

Date of event:30-04-2025

Faculty In-charge: Mrs. Joyshree Mondal



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REPORT

As part of the field work initiative, the Department of Social Work organized a community program at Kanakamala. The objective of empowering women through awareness and skill development. The event included an awareness session and a practical training program on dish wash making.

The resource person, Fr. Anoop Pattathil, led the awareness class focusing on self-reliance, mental well-being, and the importance of skill-based learning for women's empowerment. The training session demonstrated how to make dish wash liquid using simple, low-cost ingredients.

Participants actively engaged in both sessions. The hands-on approach helped them understand the process and encouraged them to explore small-scale entrepreneurial opportunities.

The program was coordinated by Anju Menachery and Jith Devassy, with guidance from HoD and Field Coordinator Mrs. Joyshree Mondal Field Supervisor Fr. Siju Varghese.

Participants appreciated the initiative and suggested conducting more such practical programs. The event successfully met its goals of awareness, learning, and empowerment through community collaboration.

Prepared by:

Ms. Reni. Kalayil

Asst. Professor

Verified by:

Ms. Joyshree Mondal

HoD, MSW Department

Approved by:

Fr. Dr. Paulachan K.J.

Principal



BROCHURE

INVITATION



NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT)
(Affiliated to the university of Calicut, accredited by NAAC with A++ISO9001-2015certified) Pongam Koratty
East, Thrissur District, Kerala State, India, Pincode 680 308

Resource Person



Fr. Anoop Pattathil

**"WELL-BEING
WARRIORS "**

Community Organization

"Empowering local women and girls through education, support, and community building, to foster independence, confidence, and positive change."

*Awareness
Class*

All are welcome

**Training
Program**



*Dish wash
making*

Venue: Kanakamala

Date: 30/04/2025

Time: 2:00 p.m

Formed By :
Anju Menachery
&
Jith Devassy

Department of Social
Work, NIMIT
HOD: Mrs.Joyshree Mondal
Field Coordinator: Mrs. Joyshree Mondal
Field Supervisor: Fr.Siju Varghese

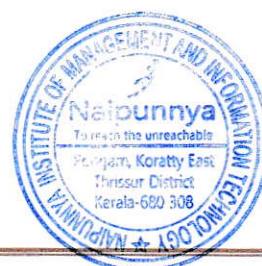
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PROGRAM SCHEDULE

WELCOME SPEECH	ANJU MENACHERY
RESOURCE PERSON	Fr. Anoop Pattathil
SPEECH	FR. SIJU VARGHESE
ACTIVITY SECTION	SSW
VOTE OF THANKS	JITH DEVASSY

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PHOTOGRAPHS /SCREENSHOTS



FEEDBACK

Overwhelmingly positive feedback was received from participants. Many appreciated the initiative for blending awareness with a practical skill. The training was considered highly useful, especially for homemakers and unemployed women.

Highlights:

- The awareness session was motivating and thought-provoking.
- The hands-on training ensured active participation and retention of learning.
- The friendly and approachable attitude of the organizers made the event welcoming.

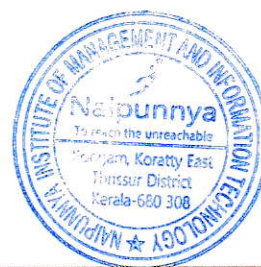
Suggestions for Improvement:

- Extend the duration for training activities for more practice.
- Introduce more such skill-based sessions in the future (e.g., soap, sanitizer, or candle making).
- Provide takeaway kits for participants to practice at home.

Conclusion:

The "Well-Being Warriors" program was a successful community engagement initiative that not only educated but empowered local women. It helped foster a sense of self-worth and skill development, aligning with the mission of holistic community growth.

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No: NIMIT/ MSW/PG/04/24-25

Date: 28.04.2025

Circular

Subject: The Department of Social Work, NIMIT, is conducting a Community Organization Programme titled "Well-Being Warriors" at Kanakamala on 30th April 2025 at 2:00 p.m.

The programme will include: Awareness Class on community well-being, handled by Fr. Anoop Pattathil.

Training Session on Dish Wash Making

This initiative is organized as part of the fieldwork curriculum to empower local women and girls through education, life skills, and community support. It is coordinated by Ms. Anju Menachery and Mr. Jith Devassy, MSW students.

All MSW students and faculty are encouraged to participate and contribute to the success of this community initiative.

Faculty members and students are requested to attend and actively participate in the sessions.



Fr. Dr. Paulachan K.J

Principal

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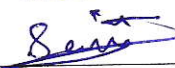
HOD, Department of Social Work



PARTICIPANT'S LIST

Name of the event: Well - Being Warriors

Date: 30/04/2025

Sl. No.	Name	Signature
1.	Anju Antony	
2.	Nimmy Thomas	
3.	Jerin Jacob	
4.	Thomas P	
5.	Johnson Sabu	
6.	Krian Varghese	
7.	Arijali Tony	
8.	Akshaya T	
9.	Elsa Bisay	
10.	Anna Maria	
11.	Seena Antony	
12.	Henna Tony	
13.	Sig a Benny	

Event Coordinator 

