

**DEPARTMENT OF SOCIAL WORK
“SUCCESS SEEKERS”
EDUCATIONAL GROUP**

Naipunnnya®

To reach the unreachable

Date of Event: 29-04-2025

Faculty-in-Charge: Ms. Joyshree Mondal



Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnnya.ac.in, mail@naipunnnya.ac.in

No: NIMIT/ MSW/PG/04/24-25

Date: 26.04.2025

Circular

Subject: Social Group Work – Educational Group “Success Seekers”

The Department of Social Work at NIMIT is pleased to announce the formation of a Social Group Work Educational Group named "Success Seekers", aimed at enhancing the academic and personal development of children through engaging educational activities.

Venue: KESS Bhavan, Nadathara, Thrissur

Date:29-04-2025

Time: 11:30 a.m.

This group was formed by Ms. Anju Menachery and Mr. Jith Devassy, as part of the MSW fieldwork curriculum. The group focuses on empowering children through games, drawing, public speaking, and interactive learning sessions.

Students and faculty members are kindly encouraged to lend their support and guidance to make this initiative a continued success.

Shirley

Fr. Dr. Paulachan K.J
(Principal)

Copy to:

HoD, Department of Social Work



REPORT

As part of the field work initiative, the Department of Social Work organized a children's developmental group work program at KESS Vocational Training Institute, Nadathara. The program consisted of five interactive sessions, with the sessions on the following dates:

10/04/2025, 14/04/2025, 20/04/2025, 25/04/2025, 29/04/2025, from 11:30 p.m. to 12:30 p.m..

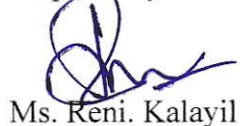
The primary aim of the session was to promote mental well-being by helping participants understand the causes, effects, and coping strategies for stress, using educational group methods. The program encouraged shared experiences, mutual support, and active learning through group interaction.

The session aimed to raise awareness about the causes, effects, and coping strategies for stress among the community. Participants included local residents of varied age groups. The session began with an ice-breaking activity followed by a discussion on stress symptoms and management techniques. Group members shared their experiences, engaged in role plays, and participated in reflective discussions that promoted mutual learning and support.

The facilitator guided the session, encouraged open participation, and ensured a respectful environment. The group approach helped participants relate to one another and explore practical ways to manage daily stress.

Feedback from the participants was positive, with many expressing interest in future sessions on mental well-being. The program successfully met its objectives of education, awareness, and empowerment.

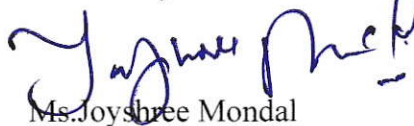
Prepared by:



Ms. Reni. Kalayil

Asst. Professor

Verified by:



Ms. Joyshree Mondal

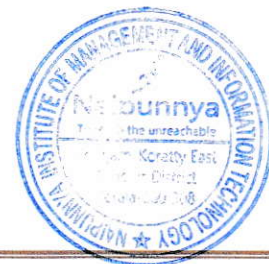
HoD, MSW Department

Approved by:

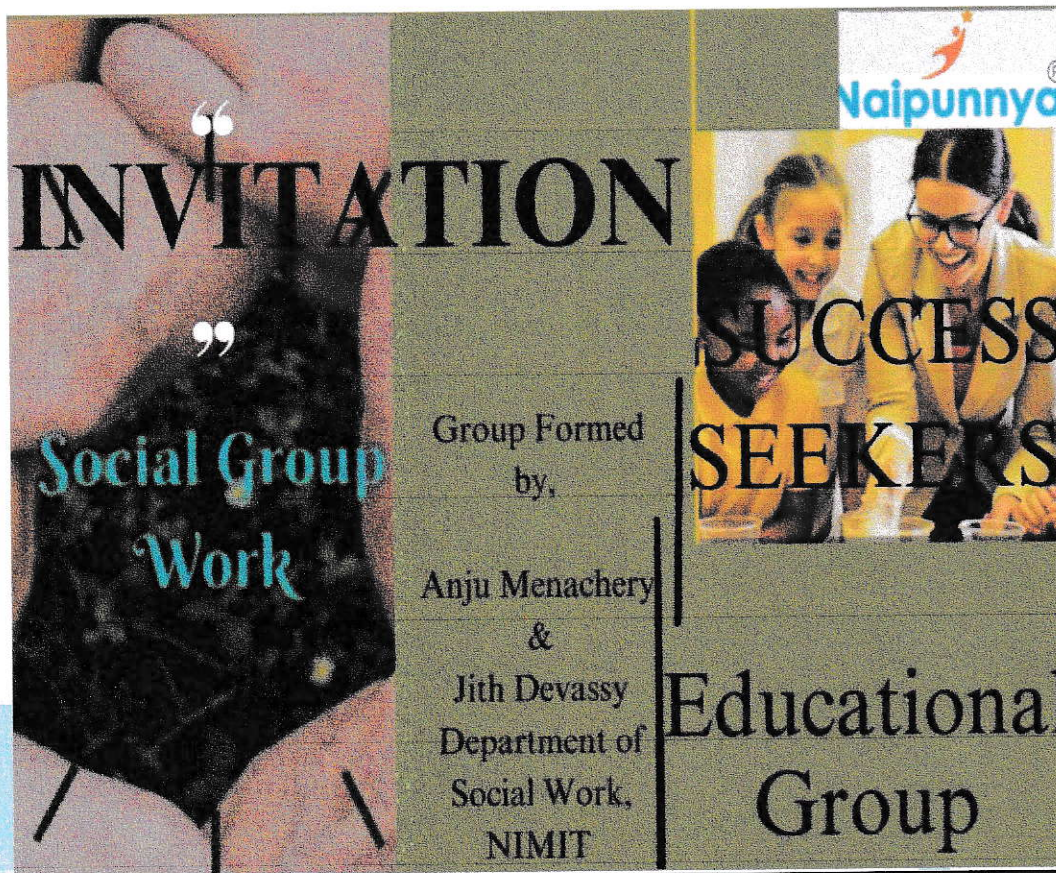


Fr. Dr. Paulachan K.J

Principal



BROCHURE



The brochure cover features a collage of images. On the left, a hand holds a dark, textured object. On the right, a woman and a child are smiling. The text is arranged as follows:

“ INVITATION ”

Social Group Work

Group Formed by,

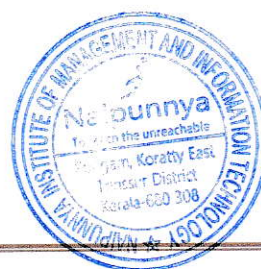
Anju Menachery
&
Jith Devassy
Department of
Social Work,
NIMIT

SUCCESS SEEKERS

Educational Group



To reach the unreachable



Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in

PROGRAM SCHEDULE

WELCOME SPEECH	Mr. Neeraj
ICE BREAKING SPEECH	Ms.Sneha
RESOURCE PERSON	Ms Anju,and Ms. Jith Pallippat
SPEECH	Ms. Jincy
ACTIVITY SECTION	Mr. Abhi
INTERATICE SESSION	FR.SIJU VARGHESE
VOTE OF THANKS	Ms.Anaswara



RESOURCE PERSON'S PROFILE

Photo of the resource person



Names: ANJU AND JITH
Designation: SSW

Naipunnya
To reach the unreachable



Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in

PHOTOGRAPHS /SCREENSHOTS



Pongam, Koratty East, Thiruvananthapuram District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in

FEEDBACK

After completing the series of five group sessions, feedback was collected from the children through informal discussion and observation. The responses were overall very positive, indicating that the program met its core objectives.

Participants found the session enlightening and inclusive. Many appreciated the open, judgment-free environment that allowed honest sharing. Group work helped them feel supported and connected to others with similar challenges.

Strengths:

- Well-structured session with a clear focus on mental health
- Effective use of group work strategies
- Supportive and welcoming atmosphere

Areas for Improvement:

- Longer duration for in-depth sharing
- Follow-up sessions to continue discussions
- Incorporate relaxation exercises or mindfulness training

Suggestions:

- Organize more group-based wellness programs in the future
- Include trained mental health professionals for additional insights

Conclusion:

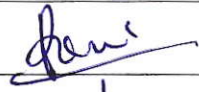
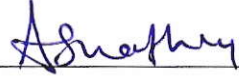
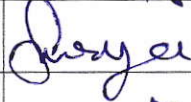
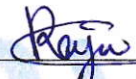
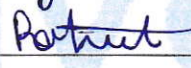
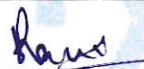
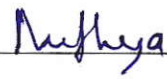
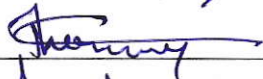
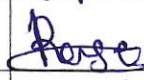
The Group Work session was a valuable community mental health initiative. It successfully raised awareness, encouraged collective action, and promoted emotional well-being through an educational and empathetic approach.



PARTICIPANT'S LIST

Name of the event: Success Seekers

Date: 29.04.2025

Sl. No.	Name	Signature
1.	Rani V	
2.	Aswathy V.P	
3.	Surya P.R	
4.	Nimi Sw	
5.	Rajee	
6.	Rachul P	
7.	Ravi K	
8.	Nidhya S	
9.	Thommy V.K	
10.	Antony M.K	
11.	Rose	
12.	Anja W	
13.	Anu P	

Event Coordinator 