

DEPARTMENT OF SOCIAL WORK

“DISHA”

(CHILDREN’S EDUCATIONAL GROUP)

Naipunnya

To reach the unreachable

Date of Event: 28-04-2025

Faculty-in-Charge: Fr. SIJU VARGHESE

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No: NIMIT/ MSW/PG/04/24-25

Date: 25.04.2025

Circular

Subject: Fourth session and performing stage of “**Disha**” children’s educational group

The Department of Social Work at NIMIT is pleased to announce the successful progression of Disha children’s educational group formed as part of the second semester field work. The fourth group session, the performing stage of the group will be held on 28-04-2025, Indhira Anganawadi Meloor.

All Faculty members and students are requested to attend and actively participate in the session. Your presence and engagement will contribute significantly to the success to the session.


Fr. Dr. Paulachan K.J.
(Principal)

Copy to:

HOD, Department of Social Work



REPORT

As part of the field work initiative, the Department of Social Work organized a children's educational group work program near Divine Care Centre. The program consisted of five interactive sessions, with the sessions on the following dates

05/04/2025, 20/04/2025, 25/04/2025, 28/04/2025, 29/04/2025, from 3:30p.m. to 4:30p.m..

The primary objectives of this group work were:

- To improve public speaking skills among children
- To develop social skills through group interaction
- To introduce basic self-defence techniques for personal safety

Ms. Tressa, an experienced Anganwadi teacher, served as the resource person. She engaged the children through storytelling, role-play, confidence-building activities, group discussions, and practical self-defence demonstrations. Each session was designed to be age-appropriate and participatory, encouraging children to express themselves confidently and interact respectfully with peers.

The sessions witnessed enthusiastic participation from the children. Many of them showed notable improvement in expressing themselves, interacting with others, and understanding the basics of self-protection. The program was successful in fostering a supportive group environment that contributed to the overall personal development of the children. This group work initiative helped the student social workers apply practical skills in group facilitation, planning, and child engagement. It also reinforced the values of community involvement and empowerment.

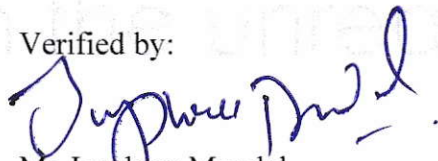
Prepared by:



Ms. Reni V. Kalayil

Asst. Professor

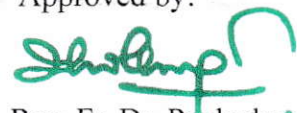
Verified by:



Ms. Joyshree Mondal

HoD, MSW Department

Approved by:



Rev. Fr. Dr. Paulachan K.J

Principal



BROCHURE



**NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION
TECHNOLOGY (NIMIT)**

(Affiliated to the university of Calicut , accredited by NAAC with A++ISO9001-2015certified)
Pongam Koratty East, Thrissur District,Kerala State, India,Pincode 680 308



Educational Group

Conducted By
Student Social workers
Department of Social work

Resource person



Ms.Treesa
"INDIRA" Anganwadi teacher

**Venue: INDIRA Anganwadi
Meloar**

**Date: 28.04.2025
Time: 3:00-4:00 p.m**



PROGRAM SCHEDULE

Venue:INDIRA Anganwadi Meloor

Date:28-04-2025

Time:3 p.m.

WELCOME SPEECH	ANEENA
ICE BREAKING SPEECH	Ms. Aananya Vinod , (SSW)
RESOURCE PERSON	MS.TREESA
SPEECH	Ms .ELIZEBATH
DANCE	ANEENA,DEVIPRIYA,DEVIKA,ALNA
ACTIVITY SECTION	Ms. Abhirami S (SSW)
SONG (GROUP)	ANNMARIYA,ANNROSE,ANNMARIYA
DANVE SPEECH	Ms .ELIZEBATH
SELF DEFENCE TECHNIQUES	Ms .Ananya and Abhirami,(SSW)
VOTE OF THANKS	Ms .ANNROSE



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RESOURCE PERSON'S PROFILE

Photo of the resource person



Names: Ms. TREESA
Designation: INDIRA
Anganwadi Teacher Meloor

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PHOTOGRAPHS /SCREENSHOTS



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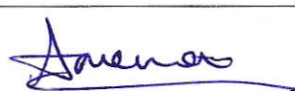
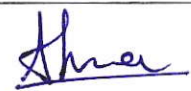
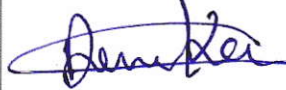
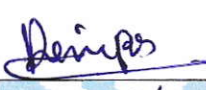
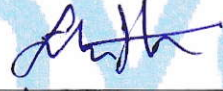
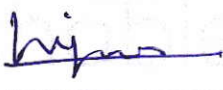
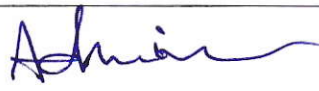
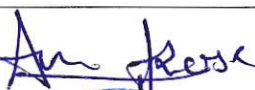
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PARTICIPANT'S LIST

Name of the event: DISHA EDUCATIONAL GROUP

Date:28-04-2025

Sl. No.	Name	Signature
1.	ANEENA AUGASTIN	
2.	ALNA AUGASTIN	
3.	DEVIKA RATHEESH	
4.	DEVIPRIYA RATHEESH	
5.	ELIZEBATH	
6.	ANUSREE	
7.	LIJIN KRISHNA	
8.	ADHI DEV	
9.	ANN MARIYA	
10.	ANN ROSE SANOJ	
11.	ANN MARIYA SANOJ	





FEEDBACK

After completing the series of five group sessions, feedback was collected from the children through informal discussion and observation. The responses were overall very positive, indicating that the program met its core objectives. Key points from the feedback are summarized below:

- Improved Confidence in Speaking:

Many children reported that they now feel less shy and more confident speaking in front of others. Activities like storytelling, introductions, and group sharing helped them overcome stage fear.

- Better Social Interaction:

Children enjoyed participating in team games, group discussions, and role-plays. These interactions helped them to build friendships, improve cooperation, and learn respectful communication.

- Excitement about Self-Defence:

The self-defence training was especially well-received. Children expressed that they felt empowered and safer after learning simple techniques to protect themselves.

- Fun and Learning Combined:

The sessions were described as fun, energetic, and educational. Children appreciated that they were not only learning but also enjoying the process through games, activities, and interaction.

- Suggestions from Children:

Some children expressed interest in continuing the sessions or learning other life skills such as health habits, emotional expression, or art-based activities

