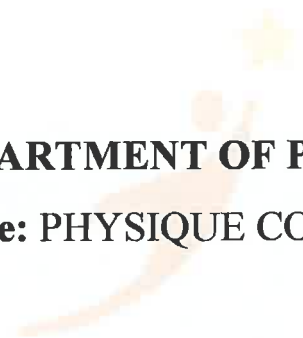


Department Name: DEPARTMENT OF PHYSICAL EDUCATION

Event Name: PHYSIQUE COMPETITION


Naipunnya[®]
To reach the unreachable

Date of event: 24th January 2025

Faculty In-charge: Ms. NIYA SCARAIA



No: NIMIT/NPE/07/24-25

Date: 15.01.2025

Circular

Subject: PHYSIQUE COMPETITION 2024-2025

We are delighted to announce the: PHYSIQUE COMPETITION 2025-2026” which is scheduled to conducted on 30 /01/2025. Interested students should forward their names to Ms. Niya Scaria (Physical education HOD) by 20/01/2024.




Fr. Dr. Paulachan K.J
(Principal)

REPORT

DEPARTMENT OF PHYSICAL EDUCATION

PHYSIQUE COMPETITION

Report on

Date: 24th January 2025

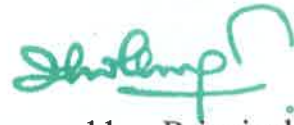
Venue: NAIPUNNYA COLLEGE, PONGAM

The Department of Physical Education at Naipunnnya Institute organized an exciting Physique Competition on 16th January 2025 at 2:45 PM in the Navarang Auditorium. The event aimed to promote physical fitness, discipline, and body aesthetics among students.

Each class was encouraged to send three participants, and wearing shorts was made compulsory. Participants were judged based on muscle mass, smoothness, and overall physical appearance. Students took part enthusiastically, showcasing their dedication to health and fitness. Under the guidance of Shru Classic, is the current international physique winner.

Mr. Pauljo Dickson of III B.Com CA emerged as the Winner of the competition. Abhijith N. G. of III B.Com F(B) was declared the First Runner-Up, while Sharon Biju of I BCA A secured the Second Runner-Up position. A special highlight of the event was the presence of Rev. Fr. Tony Manickathan, who congratulated and personally shook hands with all the participants, appreciating their effort and sportsmanship. The competition was a grand success and inspired students to maintain a healthy and active lifestyle.

Prepared by:  MS NIYA SCARIA Verified by:

 Approved by: Principal

BROCHURE



PHYSIQUE COMPETITION

- 3 Participants from each class
- Shorts is compulsory
- Muscle mass smoothness & beauty will consider

 **NAVARANG AUDITORIUM**

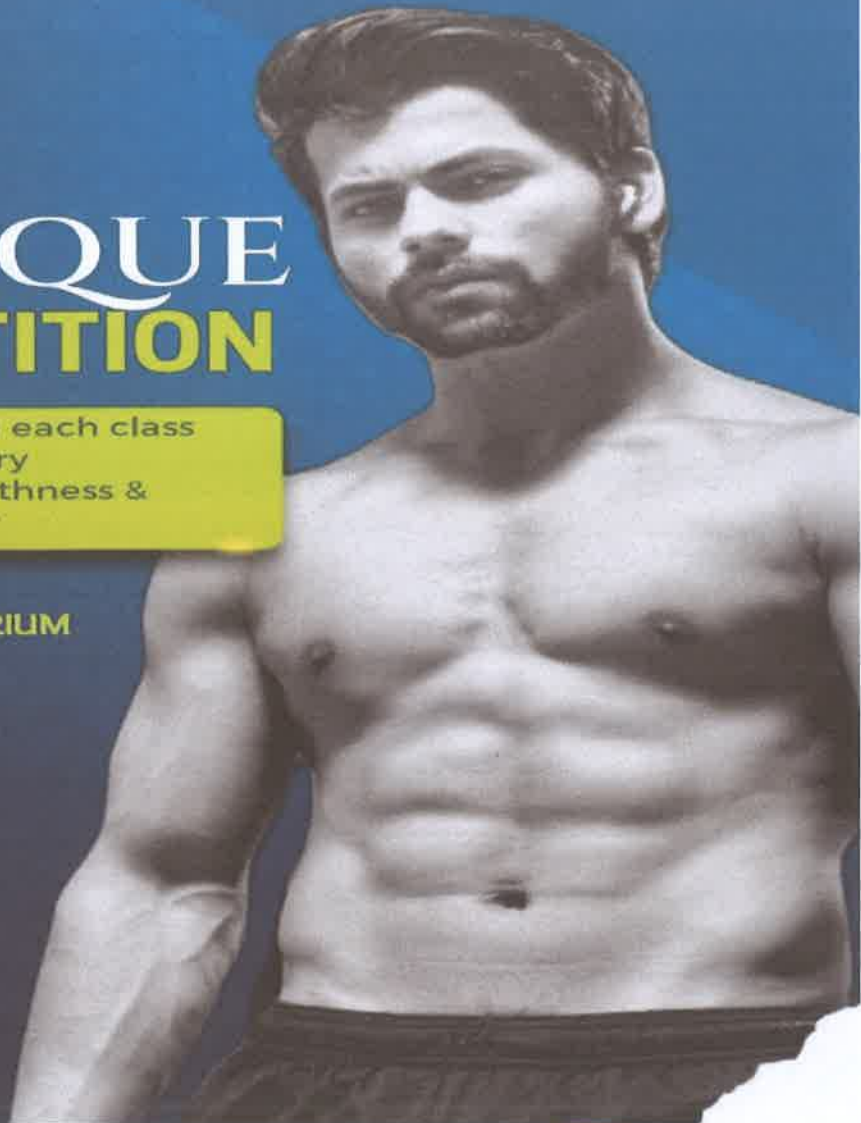
 **02:45 PM**

 **16/01/2025**

**Winners Will
Get Attractive
Prizes**

for more details

 **9961263073**



Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

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www.naipunnya.ac.in, mail@naipunnya.ac.in

PROGRAM SCHEDULE

Prayer

:Ms.Neethu babu

Welcome Address

: Ms. Noble Devassy)

(Asst Professor, Dept. of Commerce, NIMIT

Presidential Address

:Fr.Dr.Paulachan K J

(Executive Director&Principal, NIMIT)

VOTE OF THANKS

: Ms. Ms.Niya scaria

(HoD of Physical Education)



PHOTOGRAPHS /SCREENSHOTS

