

Mar Antony Cardinal Padiyara Commemorative Lecture Series III



Naipunnya[®]
To reach the unreachable

Date of event: 16/12/2024

Faculty In-charge: Dr. Antony Jose, Dr. Jesney Antony, Ms. Jissmol



Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in

No: NIMIT/ CP- LEC.SE/01/24-25

Date: 12/12/2024

Circular

We are pleased to announce that the **Mar Antony Padiyara Lecture Series – 3** will be conducted on 16-12-2024 at main block seminar hall from 11.00 am. This prestigious lecture series aims to honour the legacy of **Mar Antony Padiyara**, a visionary leader and a beacon of educational and spiritual guidance.

This lecture series stands as a tribute to his profound contributions, and aims to inspire the academic community through thought-provoking discussions led by distinguished experts. Students and faculty members are invited for the same.



Fr. Dr. Paulachan K.J

(Principal)



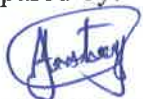
REPORT

NIMIT initiated **Mar Antony Cardinal Padiyara Commemorative Lecture series** in 2022 as part of the Silver Jubilee celebrations, which would be held every year in the revered memory of Archbishop Mar Antony Cardinal Padiyara whose inspiring vision and inestimable foresight led to the establishment of Naipunnya College at Pongam in 1998.

The **III annual Mar Antony Cardinal Padiyara Commemorative Lecture** was held at Nivedika (Seminar hall, Main Block, NIMIT) at **11:00 a.m. on Monday, 16th December 2024**. The Guest of Honour was the well-known author and **Lifestyle Physician Dr. Manoj Johnson, Johnmarian Hospital**. The theme chosen for the year was: **Holistic Pathway to Health and Wellness**. Rev.Fr. Paul Karedan consented to inaugurate the function. The programme started with a video presentation on the history of the institution. The official function started with a prayer song by Ms.Kesiya Johnson of IT department. Rev.Dr.Paulachan K .J .welcomed the gathering and also shared the happiness of continuing the talk series in the name of His eminence Mar Antony Cardinal Padiyara. The programme was inaugurated by the Very Rev.Fr. Paul Karedan, Director, Lissie Hospital, by the lighting of the lamp and the inaugural address. It was followed by a talk by the speaker and the audience was inspired by the speaker's speech on health and wellness. An active interactive session was held after the talk. Faculty members, students and dignitaries from various institutions actively participated in the interactive session. Ms. Joyshree Mondal (HOD. Social Work Dept.) delivered the vote of thanks and she expressed gratitude to the chief guest, management team, coordinators and all the attendees of the programme. The programme concluded at 12.30p.m. with the national anthem.

The dignitaries from the various institutions, Vicars, Mother Superiors and representatives of parents and Alumni were invited for the programme. Selected faculties and students from NIMIT also attended the programme. Refreshment and snacks were served in between. Lunch was served after the programme.

Prepared by:



Dr. Jesney Antony

Event Coordinator

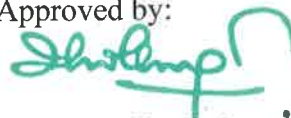
Verified by:



Rev.Fr.Dr.Antony Jose

Director, Naipunnya Centre for Research

Approved by:



Rev.Fr.Dr.Paulachan K.J.

Principal





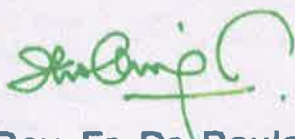
Invitation

Naipunnya Institute of Management and Information Technology (NIMIT) Pongam is a premier professional training institute in Kerala, offering a multidisciplinary, research-oriented, and student-centric set of undergraduate and postgraduate programs under the University of Calicut.

The III Annual Mar Antony Cardinal Padiyara Commemorative Lecture will be held on **16th December 2024** in the revered memory of Archbishop Mar Antony Cardinal Padiyara whose pioneering vision and inestimable foresight led to the establishment of Naipunnya Institute at Pongam in 1998.

The guest of honour is acclaimed author and Lifestyle Physician **Dr. Manoj Johnson**, Johnmarian Hospital, Pala. The theme chosen for the year is **Holistic Pathway to Health and Wellness**. The session will be held at **11:00 am Monday, 16th December 2024** in **Nivedika (Seminar Hall, Main Block, NIMIT)**.

You are cordially invited to grace this occasion and join us for lunch thereafter.



Rev. Fr. Dr. Paulachan K J
Executive Director & Principal



BROCHURE

**MAR ANTONY CARDINAL
PADIYARA COMMEMORATIVE
LECTURE SERIES - III**



On
16-12-2024
(Monday)

Topic:

**Holistic Pathway to Health
and Wellness**

Venue : Nivedika,
Main Block Seminar Hall

Time : 11 a.m.

Resource Person:



Dr. Manoj Johnson
Medical Director and Life Style Physician
Johnmarian Hospital, Pala, Kottayam Dist., Kerala.

Inauguration By:



Rev. Dr. Paul Karedan
Director,
Lisie Hospital, Ernakulam.



**NAIPUNNYA INSTITUTE OF MANAGEMENT
AND INFORMATION TECHNOLOGY (NIMIT)**

(Affiliated to the University of Calicut, Accredited by NAAC with A++, ISO 9001-2015 Certified)
Pongam, Koratty East, Thrissur District, Kerala State, India, Pincode - 680 308



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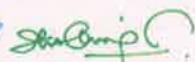
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Fr. Dr. Paulachan K J
Executive Director & Principal

PROGRAMME SCHEDULE

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**MAR ANTONY CARDINAL PADIYARA
COMMEMORATIVE LECTURE SERIES - III**

Date: 16/12/2024, Monday

Time: 11:00a.m.

Venue: NIVEDIKA, Seminar Hall, Main Block

Prayer Song : Ms. Kesiya Johnson

Introduction

Video Presentation

Welcome speech : Rev.Dr. Paulachan K. J.

Inaugural Address :Rev. Dr. Paul Karedan, Director, Lissie Hospital

Session by the Guest :Dr. Manoj Johnson, Medical Director and
Lifestyle Physician

Interactive Session

Vote of Thanks : Ms. Joyshree Mondal (HOD. Social Work Dept.)

National Anthem

RESOURCE PERSON'S PROFILE

Photo of the resource person



Name: Dr. Manoj Johnson

Designation: Medical Director and Lifestyle Physician,

Profile

Dr. Manoj Johnson serves as a Medical Director and Lifestyle Physician, at Johnmariam Hospital Pala in Kottayam, Kerala. His expertise, linguistic finesse, and compassionate approach have positively influenced numerous lives on a global scale.

PHOTOGRAPHS /SCREENSHOTS



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PARTICIPANT'S LIST

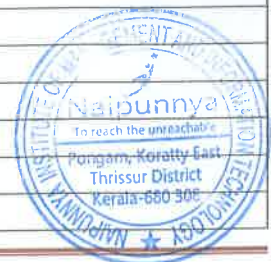
Name of the event: Mae Antony Cardinal Padiyara Commemorative
Date: 16.12.2024 Lecture Series III
Class: 1st year WWS Representatives

Sl. No.	Name	Signature
1.	Ebin Francis	
2.	Lins Paul P.L	
3.	Bibin Davis	
4.	Diya K. Vellanikaran	
5.	Smayitha S	
6.	Alsil Jackson	
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PARTICIPANT'S LIST - Outdoor Faculty

Name of the event: Mar Antony Cardinal Padiyara commemorative lecture series III
Date: 16/12/2024

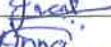
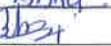
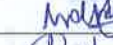
Sl. No.	Name	Signature
1.	MOLY SHAI BY (Parent)	Mcep
2.	Dr. Sheela CMC SH. Convent	Dr. Sheela
3.	Dr. Anand Grace CMC St. Joseph HSS Karukutty	Dr. Anand
4.	Dr. Anand Grace Northside Karukutty	Dr. Anand
5.	Dr. Anand (Parent)	Dr. Anand
6.	Giosy Joseph OLPH UPS Edakkunnu	Giosy
7.	Tessy Antony OLPH UPS Edakkunnu	Tessy
8.	Dr. Smitha, Holy family convent, pongam	Dr. Smitha
9.	Dr. Mable Mante	Dr. Mable
10.	Dr. Mercy Thomas St. Joseph's HSS Melgur	Dr. Mercy
11.	Johny P.D. St. Joseph's Church, Belem	Johny
12.	Anna Lilly A.F (Guest)	Anna Lilly
13.	Dr. Little Thelma CMC	Dr. Little
14.	Dr. Victor	Dr. Victor
15.	Prof. Dr. Se. Reena JHachem, SH college	Prof. Dr. Se. Reena
16.	Dr. Bobby Paul (Parent)	Dr. Bobby
17.	Fr. Bindu Kizhakkem, Naipunnya School	Fr. Bindu
18.	Fr. Chacko Madathil, Naipunnya School	Fr. Chacko
19.	Fr. Xavier Avallil, Karukutty Church	Fr. Xavier
20.	Fr. Varghese Beethuvelthara (St. Joseph Church Belem)	Fr. Varghese
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PARTICIPANT'S LIST - Students

Name of the event: Mar Antony Cardinal Kadavalla Commemorative Lecture Series III.

Date: 16.12.24.

Sl. No.	Name	Signature
1.	LIYA POULOSE	
2.	Abhini P Shaju	
3.	Nithya Eyob	
4.	Irene Elsa John	
5.	Anna Benny	
6.	Behin Joseph	
7.	Siby Abraham Mathew	
8.	Amritha NLS	
9.	Mhedhun	
10.	Jovanna Francis	
11.	Sreyas	
12.	Parvathy Rajeev	
13.	Chin Francis	
14.	Lins Paul P.L	
15.	Bibin Dan's	
16.	Diya K. Vellanikaran	
17.	Shritha S	
18.	Albin Bose	
19.	Ashia Martin	
20.	Aisil Jackson	
21.	Manu A Pynadoth	
22.	Anu Francis	
23.	Anu Ligy	
24.	Ancy	
25.	Anjana	
26.	Nithya	
27.	Merin	
28.	Rose Mary	
29.	Anu Biju	
30.	Nr	
31.	Christy Antony	
32.	Litha devasy	
33.	Albin Benny	

34.	Chandan Krishna	Chandan
35.	Jeevan Krishna	Jeevan
36.	Daniel P. James	Daniel
37.	Aryan	Aryan
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Event Coordinator



PARTICIPANT'S LIST

- Indoor Faculty
lecture series III

Name of the event: Mar Antony Cardinal Padiyara Commemorative

Date: 16-12-2024

Sl. No.	Name	Signature
1.	Dr. Mathew Jose K.	
2.	Dr. Purnima S. Kumar	
3.	Jayakrishnan S	
4.	Dr. Jose Ponlos	
5.	Mini Jeshu	
6.	Dr. Faizooz Ashareef	
7.	Emily Thachan	
8.	LITIA JOSE	
9.	Xenia Thomas	
10.	Shiny S	
11.	Josephine Mondal (HOD, MSW)	
12.	Rehi V. Kalayil	
13.	is .rr.	
14.	Poulase C.N	
15.	Jimmy Joseph	
16.	Jeran J Parackal	
17.	Fr. John George	
18.	Fr. Sijil Vaseghese	
19.	ANTONY K.M	
20.	DR. SONIA S	
21.	Ms. Neethu Valsan	
22.	Fr. George Varghese	
23.	M. Jero P.M.	
24.	Philip R.J	
25.	Rejoice Lancelotti	
26.	PRINCE PETER	
27.	Shaji P	
28.	Dr. Jaseel Antony	
29.	Jissmol Varghese	
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