

RUPANDARAM - RURAL SENSITISATION CAMP REPORT - 2024
DEPARTMENT OF SOCIAL WORK

Naipunnya
To reach the unreachable

Date : October 21ST TO 25TH, 2024

Faculty In-charge: Fr. Siju Varghese Padayattil

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Report of the Rural Camp- 2024

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Introduction

The Social Work Department of Naipunnya Institute of Management and Information Technology decided to conduct a rural sensitization camp at Kuttampuzha Grama Panchayat, scheduled from 21st October to 26th October 2024. The rural sensitization camp was titled **RUPANDARAM 2K24**.

The rural sensitization camp is designed to increase students' knowledge and skills in social work practice with groups and communities. It helps students learn about rural life, community living, sharing, and planning, as well as how to adjust with others and live harmoniously. The camp promotes the holistic development of students.



A pilot study was conducted on 28th September, Monday, at 9:00 a.m. at Kuttampuzha Grama Panchayat to assess the surroundings, facilities, resources, and problems faced by the people in the area, as well as accommodation facilities, etc. Following the pilot study, the faculty and students of the Social Work Department planned to conduct a rural sensitization camp at Kuttampuzha Grama Panchayat from 21st October 2024 to 26th October 2024. The camp was organized as a 6-day program aimed at helping students learn to adapt to a new environment and work together in a group.



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About the Camp

The Rupandaram rural sensitization camp was organized by the Social Work Department of Naipunnya Institute of Management and Information Technology, along with 16 Social Work students and their faculty members. The camp was held from 21st October to 26th October 2024 at Kuttampuzha Grama Panchayat.

The 16 first-year MSW students were accompanied by 5 faculty members: Fr. Siju Padayattil, Dr. Jessey John, Ms. Reni V. Kalayil, and Fr. Arun Valiyaveetil. The camp was organized for 6 days at Kuttampuzha Grama Panchayat.



The camp aimed to empower and uplift marginalized communities by understanding and addressing their socio- economic condition.

Objectives of the Rural Camp

1. To sensitize MSW students to rural challenges and enhance their understanding of local dynamics, culture, and livelihoods.
2. To foster partnerships with local organizations, governments, and stakeholders.

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3. To understand the role of social workers in rural development.
4. To enhance students' communication, leadership, and interpersonal skills while developing their community assessment, needs identification, resource mobilization, and community engagement abilities. To build networks and collaborations for future social work interventions.



Methodology used for conducting the tasks

- Community immersion and observation
- Interactive sessions with local experts and stakeholders.
- Group discussions and debates.
- Field visits and project Exposures.
- Case studies and research presentations.
- Reflective journaling and self- assessment.

Committees

Overall student coordinators:

1. Sebastian Anthikat
2. Anu Biju

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Transport, purchasing, budget, financing	Programme Committee	Food Accommodation and	Cultural Programme and Publicity	Documentation
1. Fr. Jith	1. Nithya	1. Abhirami	1. Anjana	1. Merin
2. Ananya	2. Ancy	2. Rose Mary	2. Amitha	2. Aswathy
3. Anu		3. Albin	3. Anju	
			4. Christy	

Groups Made for the Camp

Group - 1	Group - 2	Group - 3	Group - 4	Group -5
<u>Anju</u>	<u>Nithya</u>	<u>Anu biju</u>	<u>Ancy</u>	<u>Abhirami</u>
<u>Ananya</u>	<u>Anu Francis</u>	<u>Amitha</u>	<u>Fr. Jith</u>	<u>Rosemary</u>
<u>Sebastian</u>	<u>Albin</u>	<u>Merin</u>	<u>Aswathy</u>	<u>Anju</u>
<u>Christy</u>				

Pilot Study

A pilot study was conducted on 28th September, Monday, at 9:00 am, from Naipunnya Institute of Management and Information Technology to Kuttampuzha Grama Panchayat to assess the surroundings, facilities, resources, and the problems faced by the people in the area, as well as to understand the accommodation facilities, etc. The members who accompanied the pilot study were: Sebastian Anthikat and Anu Biju (camp coordinators), one representative from each of the five committees (Program Committee, Cultural Committee, Food Committee, Finance Committee, Documentation Committee), along with their faculty in-charge, Fr. Siju Padayattil. The pilot study was planned to take place on 28th September 2024 at Kuttampuzha Grama Panchayat.



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After the pilot study, the two coordinators explained in detail about the surroundings, locality, their interactions with Panchayat members, the problems faced by the people of Kuttampuzha Grama Panchayat, accommodation facilities, the parish priest, and the geographical atmosphere of Kuttampuzha Grama Panchayat. The pilot study was the first step towards the formation of this rural sensitization camp, as it helped students gain an understanding of Kuttampuzha Grama Panchayat and the challenges faced by the people in the locality.

Daily Reports

Day -1 (21-10-2024)

The Rupantharam rural sensitization camp was officially inaugurated by Dr. Paulachan K.J, the Principal of Naipunnya Institute of Management and Information Technology. The 16 students, along with their faculty members, gathered together for the official inauguration of the Rural Sensitization Camp. T-shirts were distributed to the students and faculty.

The journey to Kuttampuzha began at 9:30 a.m. in a tempo traveler. In Kothamangalam, all 16 students and their faculty members had a cup of tea as part of the refreshment. The traveler reached the destination at 12:00 p.m. The trainees and faculty were warmly welcomed by the vicar of St. Mary's Church, Kuttampuzha.



The trainees and faculty refreshed themselves with lemon juice. At 3:00 pm, all 16 trainees, along with their faculty members, went for a declaration walk carrying banners and placards related to their camp, conveying messages about health, education, and community development. The march sparked enthusiasm and curiosity among the local villagers.

- Inauguration of Rupandaram Camp Banner
- Declaration walk
- Street play
- Inauguration of Rupandaram 2k 24
- Cultural programme

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- Evaluation

The students presented a dynamic street play at three locations along the main streets of Kuttampuzha Grama Panchayat. The play aimed to raise awareness about suicide prevention. At 7:00 pm, the inauguration ceremony of Rupandaram 2K24 was held, attended by officials from Kuttampuzha Grama Panchayat, including the Vice President of Kuttampuzha, Smt. Mary Kuriakose, the two camp coordinators (Sebastian Anthikat and Anu Biju), representatives from St. Mary's Church Kuttampuzha (Nimit), Fr. Jimmy Kunnathoor, Fr. Siju Padayattil (Assistant Professor, Fieldwork Supervisor of MSW Department), Fr. Arun Valiyaveetil (Assistant Professor of MSW Department), and Ms. Reny V. Kalayil (Assistant Professor of MSW Department).

At 8:00 p.m., dinner was served. An evaluation session was conducted at Vimala Public School, starting at 10:00 p.m. and lasting until 11:30 p.m. The group then retired for the night at 12:00 a.m.



Day -2 (22-10-2024)

The trainees were divided into five groups, with each group assigned different duties such as preparing food, conducting assembly, cleaning, etc. Group 2 members woke up at 5:30 am, as it was their day to prepare food. The other trainees assembled at St. Mary's Church, Kuttampuzha, at 6:00 am, where they had black tea, which gave a refreshing feeling to each of them. The morning assembly began at 6:30 am, including a prayer song, news reading, a thought for the day, followed by exercises and games. Breakfast was served at 7:30 am, where all trainees gathered together in the auditorium. The *Gram Swachata Abhiyan* was conducted from 9:00 am to 11:00 am. From 11:30 am to 12:00 pm, the trainees had an experience-sharing session with Sr. Thejus, the Head of Darshana Charitable Society. **Assembly**

- Gram Swachata Abhiyan
- Experience sharing
- Awareness Class on Community Survey
- Rosary
- Cultural programme
- Evaluation

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The trainees attended an awareness class on community surveys based on each ward in Kuttampuzha. The class was conducted from 12:10 pm to 1:30 pm and was led by Shaiju Sir, a well-known personality in Kuttampuzha Panchayat and a respected resource person. He explained in detail about the *Survey Heart* app, which is used for conducting community surveys. The trainees were divided into five groups, with each group visiting a different ward of Kuttampuzha Grama Panchayat. The trainees returned to St. Mary's Church, Kuttampuzha, at 6:00 pm.

The cultural program began at 7:30 pm, followed by dinner at 8:30 pm. At 9:10 pm, the trainees went to Vimala Public School, Kuttampuzha, for the evaluation of the day's program. The evaluation session began at 10:00 pm, where all the trainees gathered to share their experiences, drawbacks, and challenges. In the end, the teachers concluded the session by giving advice and highlighting areas for improvement. The trainees went to sleep at 12:00 am.





Day -3 (23-10-2024)

Group 3 members woke up at 5:30 am, as it was their day to prepare food. The other trainees assembled at St. Mary's Church, Kuttampuzha, at 6:00 am, where they had black tea, which provided a refreshing feeling to each of them. The morning assembly started at 6:30 am, which included a prayer song, news reading, thought for the day, followed by exercises and games. Breakfast was served at 7:30 am, where all gathered together in the auditorium. The *Gram Swachata Abhiyan* was conducted from 9:00 am to 11:00 am.

At 12:10 pm, the trainees attended an awareness class led by Yadhu Sir, an officer from the Keezhalipady Forest Department. He conducted a session on the Conservation Act and discussed the problems faced by the people of Kuttampuzha. The trainees had their lunch at 1:10 pm.

- Assembly
- Gram Swachata Abhiyan
- Awareness session
- Community survey
- Rosary
- Cultural programme
- Evaluation

At 2:15 pm, the trainees went for a community survey in each ward of Kuttampuzha to collect details about family members and the problems they faced. The rosary was conducted at St. Mary's Church, Kuttampuzha, at 7:00 pm. The cultural program began at 7:30 pm, where different groups showcased their talents. Dinner was arranged at 8:30 pm. The trainees went to Vimala Public School at 9:30 pm for the evaluation of the day's program.

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The evaluation session began at 10:30 pm, where all the trainees gathered together to share their experiences, drawbacks, and challenges they had faced. In the end, the teachers concluded the session by offering advice and highlighting areas for improvement. The trainees went to sleep at 11:30p.m.





Day -4 (24-10-2024)

Group 4 members woke up at 5:30 am, as it was their day to prepare food. The other trainees assembled at St. Mary's Church, Kuttampuzha, at 6:00 am, where they had black tea, which provided a refreshing feeling to each of them. The morning assembly started at 6:30 am, which included a prayer song, news reading, a thought for the day, followed by exercises and games. Breakfast was at 7:30 am, where all gathered together in the auditorium.

- Assembly
- Tribal visit
- Awareness session
- Rosary
- Cultural programme
- Visit by Assistant executive Director of NIMIT
- Evaluation

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At 9:15 am, all were instructed to gather to visit the tribal settlements of Kuttampuzha Grama Panchayat. The trainees visited the tribal colony, which comprises both the Muthuvan and Mannan tribes. At 12:30 pm, lunch was served. At 1:00 pm, the trainees had an awareness session led by Miss Valsa, a community development society member of Kudumbashree, who was accompanied by Blessy, an area development society member of Kudumbashree.

At 6:30 pm, all gathered in the church to conduct the rosary. The cultural program started at 7:30 pm, with different groups showcasing their talents. Dinner was arranged at 8:30 pm.



The trainees went to Vimala Public School at 9:30 pm to have an evaluation of the day's program. The evaluation session began at 10:45 pm, where all the trainees gathered together and shared their experiences, drawbacks, and challenges they had faced. At the end of the session, the teachers provided advice on areas for improvement.

The important guest during the evaluation was Fr. Tony Manickatan (Assistant Executive Director of NIMIT), who was accompanied by his cousin Ashique. The trainees went to sleep at 11:00 pm.





Day -5 (25-10-2024)

The Group 5 members woke up at 5:30 am since it was their day to prepare food. The other trainees assembled at St. Mary's Church, Kuttumpuzha, at 6:00 am, where they had black tea, which gave a refreshing feeling to each of them. The morning assembly started at 6:30 am, which included a prayer song, news reading, thought for the day, followed by exercises and games. Breakfast was at 7:30 am, where everyone gathered together at the auditorium.

- Assembly
- Gram Swachata Abhiyan
- Excursion
- Awareness session
- Rosary

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- Closing Ceremony of Camp
- Presentation of Report
- Cultural programme
- Evaluation

The Gram Swachata Abhiyan was conducted from 9:00 am to 11:00 am. After that, the trainees visited tourist spots in Kuttumpuzha. The tourist spots visited included the Pooyamkutty River and the forest area, which comes under the Forest Department. An awareness session was conducted from 12:00 pm to 1:00 pm, led by Mrs. Mary Kuriakose (Vice President of Kuttumpuzha Grama Panchayat). Another session was led by Mrs. Dinya, who is from the Health Department





At 6:30 pm, all gathered together in the church to conduct the rosary. The closing ceremony of RUPANDARAM 2K24 started at 7:30 pm, with officials such as the M.L.A., President of Kuttumpuzha, Vice President, and others in attendance. The report was presented to the President of Kuttumpuzha Grama Panchayat. Dinner was arranged at 8:30 pm.

The trainees went to Vimala Public School at 9:30 pm to evaluate the day's program. The evaluation session began at 10:10 pm, where all trainees gathered together to share their experiences, challenges, and drawbacks they faced. Finally, the teachers concluded the session by providing advice and highlighting the areas in which each of them needed to improve. The important guests during the evaluation were Dr. Paulachan K.J. (Principal of NIMIT), who was accompanied by Fr. Varghese Palatty. The trainees went to sleep at 11:00 pm.



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Day -6 (26-10-2024)

The Group 1 members woke up at 5:30 am since it was their day to prepare food. The other trainees assembled at St. Mary's Church, Kuttumpuzha, at 6:00 am, where they had their black tea, which refreshed each of them. The morning assembly started at 6:30 am and included a prayer song, news reading, thought for the day, followed by exercises and games. Breakfast was served at 7:30 am, and all gathered together in the auditorium.

- Assembly
- Carmel ayurvedic reaserch center
- Bhootankettu dam
- Aanakayam
- Vote of thanks

The trainees were instructed to pack their bags and luggage since it was the last day of their camp. At 10:00 am, the group began visiting different tourist spots in Kuttumpuzha. The first stop was Thookupalam, followed by a visit to the Carmel Ayurvedic Research Center at 10:30 am. Afterward, the group visited the Bhootatan Kettu Dam. The group returned to St. Mary's Church, Kuttumpuzha, at 12:30 pm.

After lunch at 1:00 pm, a thanksgiving session was held where both trainees and teachers expressed their gratitude to everyone, especially to Fr. Arun Valliyathazhath and the people of Kuttumpuzha for their support and guidance. The trainees bid farewell to all members of Kuttumpuzha at 2:15 pm. By 2:30 pm, the trainees began their journey back to Naipunnya Institute of Management and Information Technology.





Presentation to Management Team

A presentation was conducted on November 4th, 2024, at the seminar hall. The presentation, regarding the rural sensitisation camp, was presented before the management team of the college. The students assigned for this purpose were Anu Biju and Rosemary C.B., who represented the first-year MSW batch. The presentation primarily covered the activities, demographic details of Kuttumpuzha, the organization of the camp, and the financial aspects, including how the funds were allocated and spent. The two students effectively presented the details, explaining the various activities, the roles of each committee, and the financial process. Faculty members from different departments actively participated by raising questions to gain a clearer understanding of the camp's objectives and execution.



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Concluding Ceremony

The concluding ceremony of the rural sensitisation camp was held on November 14th, 2024, from 9:30 am to 10:00 am in the First Year MSW classroom. The distinguished guests for this ceremony included Dr. Paulachan K. J. (Principal of NIMIT), Dr. Teresa Parackal (Vice Principal), Dr. Joy Joseph Puthussery (IQAC Coordinator/Dean of Studies), Dr. Jessey John (HOD of MSW), Fr. Siju Padayattil (Assistant Professor of MSW), Fr. Arun Valliyaveetil (Assistant Professor of MSW), and Ms. Reny V. Kalayil (Assistant Professor of MSW).

The program began with a prayer song, followed by a presentation on Rupandaram 2K24. Each committee then presented their report, sharing their accomplishments, suggestions, and reflections. The names of the best camper, best food committee, and best cultural committee were announced, and they were each presented with gifts. The best campers were Albin Benny and Rosemary C.B. The best food committee members were Rosemary, Anjana, and Abhirami. The best cultural committee members were Ancy, Aswathy, and Fr. Jith. Certificates for the camp were presented to Dr. Jessey John (HOD of MSW, NIMIT). The ceremony concluded at 10:00 am.



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Conclusion

The camp held at Kuttampuzha marked a significant milestone in each participant's life. The six-day camp provided students with an opportunity to transform themselves, addressing personal flaws while embracing new values, morals, and principles. The living conditions and demographic factors of the people in Kuttampuzha allowed the students to better understand the challenges faced by the local community, the government schemes available to them, their primary means of livelihood, and the infrastructure facilities in place.

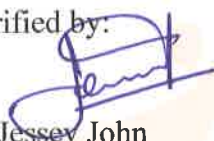
Through this camp, students developed essential skills such as community mobilization, planning, and execution. The experience also facilitated the creation of community engagement programs, enabling students to connect with local communities through diverse activities, building strong relationships and trust. The rural sensitization camp has truly been a transformative experience for each individual involved.

Prepared by:



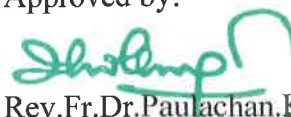
Fr.Siju Varghese
Asst. Professor
Dept. of Social Work, NIMIT

Verified by:



Dr. Jessey John
Head of the department
Dept. of Social Work, NIMIT

Approved by:



Rev.Fr.Dr.Paulachan.K.J
Principal
NIMIT

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PARTICIPANT'S LIST

Name of the event: **RUPANDARAM** Rural Sensitisation Camp

Date : 21-10-24 - 26-10-24

Class : I - MSW

Sl. No.	Name	Signature
1.	Abhirami S	
2.	Albin Benny	
3.	Ancy Joy	
4.	Anu Biju	
5.	Anu Francis	
6.	Ananya Vinod	
7.	Anjana P. R	
8.	Anju wilson	
9.	Aswathy V. P	
10.	Christy Antony	
11.	Fr. Jith Pallipat	
12.	Merin.B.Chiramel	
13.	Nithya Thommy	
14.	Rosemary C.B	
15.	Sebastian Anthikat	
16.	Amitha	




MSW/24-25

Date : 15-10-24

CIRCULAR

Subject: Rural sensitization camp

A Rural Sensitization Camp titled "RUPANDARAM 2K24" is being organized by the Department of Social Work from 21st October 2024 to 26th October 2024. The camp will be held at Kuttampuzha Grama Panchayat and will span six days.

The departure from the college will be at 9:30 AM on 21st October 2024, and the return to the college will be on 26th October 2024 at 4:30 PM. The departure from Kuttampuzha will be at 2:30 PM on the same day.

All students of MSW are required to attend this camp, as it is an essential part of their curriculum and personal development.



Rev. Fr. Dr. Paulachan K J

Principal

