

Report on Outreach programme at Elder's Heaven

Naipunnya®
To reach the unreachable

Date of Event: 09-03-2024

Faculty In-charge: Dr. Soni P M

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REPORT

As part of the outreach activity, the students of IV semester BCA Batch B visited “Elder’s Heaven “ a center for senior citizens at Vazhichaal on 9th march 2024. The programme was coordinated by the student outreach class coordinator, Mr. Igno Varghese. The students interacted with the members. The students arranged a laughing yoga exercise session for the inmates of the institution. The class was handled by Mr. K K Jose, a professional laughing yoga exercise trainer. Both the students and inmates were happy during the session.

Prepared by,



Dr. Soni P. M

Class-in-charge

Verified by,



Mr. Jayakrishnan S

HoD, PG Dept of CS

Approved by,

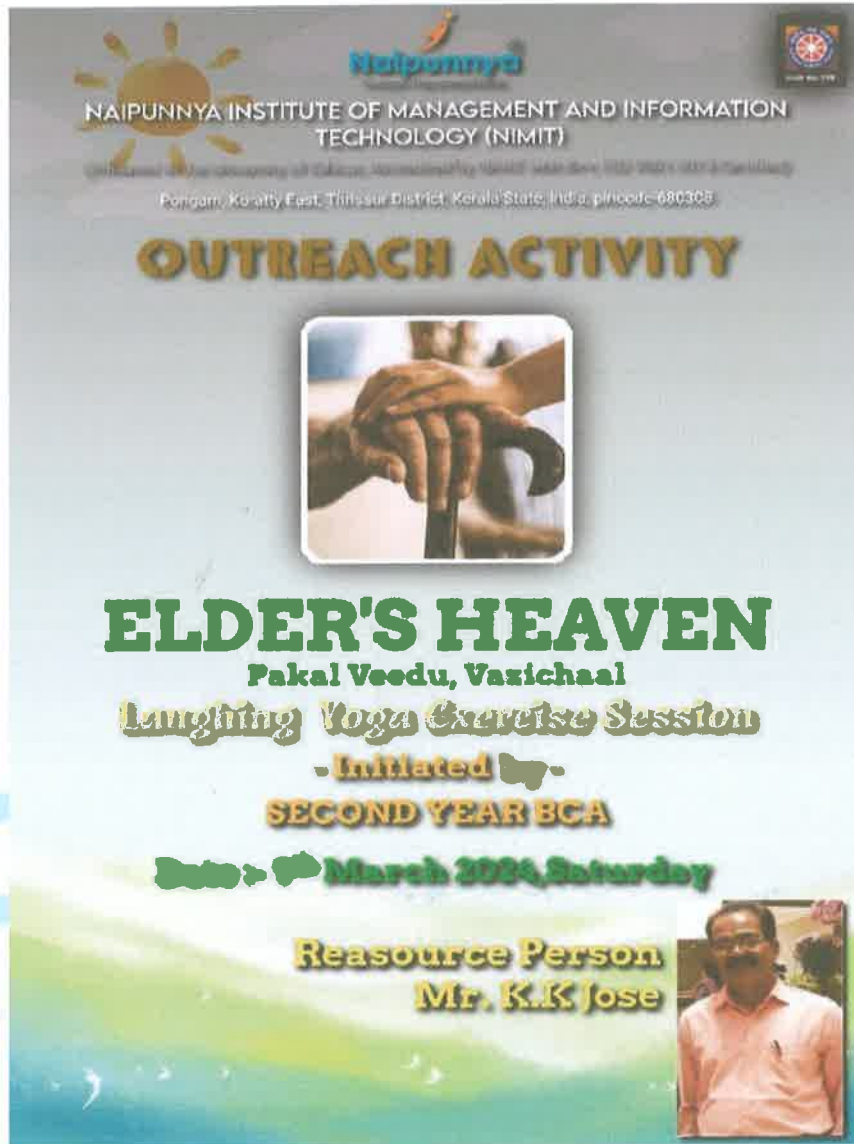


Rev. Fr. Dr. Paulachan K J

Principal

Naipunnnya
To reach the unreachable

BROCHURE



The brochure features a light blue background with a sun icon in the top left and a Naipunnya logo in the top right. The text is arranged vertically, starting with the institute's name and address, followed by the event title 'OUTREACH ACTIVITY' in large, bold, yellow letters. Below this is a photo of hands holding a cane. The main title 'ELDER'S HEAVEN' is in large, bold, green letters, followed by the location 'Pakal Veedu, Vazichaal' and the event type 'Laughing Yoga Exercise Session'. The initiator is listed as 'SECOND YEAR BCA'. The date is 'March 2024, Saturday'. The resource person is 'Mr. K.K Jose', accompanied by a small photo of him. The background of the bottom half of the brochure shows a green field with white birds flying.

NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT)
Pongam, Koiratty East, Thrissur District, Kerala State, India. pincode-680308.

OUTREACH ACTIVITY

ELDER'S HEAVEN
Pakal Veedu, Vazichaal
Laughing Yoga Exercise Session
- Initiated by -
SECOND YEAR BCA
Date > **March 2024, Saturday**
Resource Person
Mr. K.K Jose

PHOTOGRAPHS



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Requisition letter

04.03.24

To

The Principal

NIMIT

Subject: Request for Approval of Outreach Programme at Pakalveedu , Ward 13 , Koratty

Respected father,

I am writing on behalf of the students of IV Sem BCA to seek permission for an outreach programme planned at Pakal Veedu, Vazhichal, Ward 13, Koratty Gramapanchayath on 09.03.2024. Our goal is to contribute to the community / inmates of the institution by interacting with them. A laughing Yoga Exercise Session by Mr.K K Jose is also arranged.

We kindly request your permission to conduct this outreach programme to make a positive impact on the lives of those we aim to serve.

We assure you that we will adhere to all necessary guidelines and regulations to ensure the smooth execution of this program.

Thank you for considering our request. We look forward to your approval.

Sincerely,



Mr. Igno Varghese

(Outreach Class Coordinator)



Signature of Class in Charge/HoD



Forward the letter to Ms. Reni (College Outreach Coordinator)

Recommended by  forwarded to Pr. Principal





ഫോൺ : 0480 - 2732054

കൊരട്ടി ഗ്രാമപഞ്ചായത്ത്

കൊരട്ടി പി.ഒ., തൃശ്ശൂർ ജില്ല - 680 308, E-mail : korattygpkoratty@gmail.com

ശ്രേണി സ്കീം

മെമ്പർ

വാർഡ് 13, വഴിച്ചാൽ

Mob : 9562214078

ആച്ചാണ്ടി ഹൗസ്

വഴിച്ചാൽ

കൊരട്ടി സൗത്ത് പി.ഒ.

തൃശ്ശൂർ - 680 308

തീയതി 09-03-2024

തന്നെപ്പോലെയുള്ള കമ്പകുട്ടൻ സമരം
വിദ്യാലയത്തിലെ നാലാം ടെറേസ് ലെ BCA കുട്ടികൾ
09/03/2024-ൽ വഴിച്ചാൽ പാർക്ക് റീട്
സന്ദർശിച്ചു. കുട്ടികൾ ഇവിടത്തെ അനേക
വനിതകളോട് നല്ല രീതിയിൽ സമീപിച്ചു.
പ്രത്യേകം കുട്ടികൾ അപകടമായി ചികിത്സിക്കേണ്ട
പരിപാടി സംഘടിപ്പിച്ചു. അതിനായി
യോഗ്യന്മാരെ Mr. K. K. Jose യോഗ്യ class
എടുക്കുകയുണ്ടായി. വളരെ നല്ല ഒരു class
അയിരുന്നു അദ്ദേഹം നടത്തിയത്. എല്ലാവരും
വളരെ നന്നായി ഈ ദിവസം ആസ്വദിച്ചു
മാറി.

എന്ന

ശ്രേണി സ്കീം

13-ാം വാർഡ് മെമ്പർ



No: NIMIT/ SWAS/OUT/ /23-24

Date: 06.03.2024

Circular

Subject: Outreach activity to Pakalveedu , Vazhichaal , Koratty gramapanchayath

The outreach activity of fourth semester BCA B batch is scheduled on:

Date: March 09 , 2024 (Saturday)

Time: 10:00 AM

Venue: Pakalveedu, Vazhichaal, Koratty gramapanchayath

This visit is aimed to interact with the inmates of this institution and also to arrange a laughing yoga class by the resource person Mr.K K Jose.

Fr. Dr. Paulachan K.J
(Principal)

PARTICIPANT'S LIST

Sl	Name	Signature
1	ABEL P JOHNSON	
2	ADWAITH M K	
3	AISWARYA S	
4	ALAN JOY	
5	ALAN SEBASTIAN	
6	ALANT SAJI	
7	ALBIN MARTIN	
8	ALEN ANTU	
9	ALEX S PUTHUSSERY	
10	ALWIN SEBASTIAN	
11	ANTUS A P	
12	AUSTIN M M	
13	BHADRA BIJU	
14	CYRIL J KIZHAKOODEN	
15	ELZA BIJU	
16	FARHATH	
17	GEO JOSHY	
18	GRITTO SHAIJU	
19	IGNO VARGHESE	
20	JOE JOSEPH JOBY	
21	LIJO SHAIJU	
22	MERIN ANNA JOSEPH	
23	MERIN THOMAS	
24	RHYTHIN JOSEPH	
25	SAI PRASAD A S	
26	SHANIYA SHAJU	
27	SONA P P	
28	SURYAJITH P.C	
29	UMAMAHESWARI P	
30	VIVEK WILSON	
31	ALEX ANIL	
32	DON SEBASTIAN	

Soni

Dr. Soni P. N