

Training Department
Behavior Enhancement Hub (Be-Hub)

Naipunnya®
To reach the unreachable

Date of event: January & February 2024

Faculty In-charge: Ms. Rajani Stanley



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Circular

Be-Hub aims at bringing a positive behavioral change in each student through the concept of associative learning. As we step into the New Year, let's embrace the opportunity for personal growth and positive transformation. In January let's focus on cultivating the habit of nurturing an "Emotional Bank Account". Our emotional well-being requires regular deposits and mindful withdrawals. This habit encourages us to spread meaningful relationships, promote empathy, and maintain a healthy emotional balance.



Fr. Dr. Paulachan K.J

(Principal)



REPORT

Be-Hub has been implemented on our campus by the training department to promote positive behavioral changes among students through associative learning. Central to this initiative is the promotion of healthy habits that, when practiced consistently, become a part of students' characters. The habit of the month of January was "Emotional Bank Account" and continued into February. The primary objective of this habit was to instill in students the importance of building and maintaining positive relationships. By encouraging simple yet meaningful actions on a daily basis, we contribute to a healthy emotional atmosphere on campus. The emotional bank account concept refers to the idea that relationships are like bank accounts: you make deposits through positive interactions and withdrawals through negative ones. Students who consistently demonstrated a positive relationship on campus were identified based on predefined criteria and are acknowledged. The best performers from each department are:

| Sl. No | Name | Department | Class |
|--------|------------------|------------------|-------------------|
| 1 | Hannah K G | Commerce | II Sem B.Com B |
| 2 | Milka Emil | Commerce | IV Sem BBA |
| 3 | Elvin Johnson | Commerce | VI Sem B.Com Coop |
| 4 | Annlina Mibin | Computer Science | II Sem B.Sc CS |
| 5 | Minnu Mariya | Computer Science | IV Sem BCA A |
| 6 | Sona Anna Koshy | Computer Science | VI Sem BCA |
| 7 | Josh | Hotel Management | II Sem HMCA |
| 8 | Thaha Niaz | Hotel Management | IV Sem BHA |
| 9 | Bristo Sebastian | Hotel Management | VI Sem BHA |
| 10 | Emmanuel | English | II Sem BA English |

Prepared by:



Ms. Elsa Jose

(Training Dept)

Verified by:



Ms. Rajani Stanley

(HoD, Training Dept)

Approved by:



Rev. Fr. Dr. Paulachan K.J.

(Principal)







PHOTOGRAPHS /SCREENSHOTS



COORDINATOR'S LIST

Name of the event: Be-Hub Notice Board

Date: January & February 2024

| Sl. No. | Name | Class | Signature |
|---------|---------------|---------------|---|
| 1. | Vinay | II B.Com FA |  |
| 2. | Nanda | II B Com FA |  |
| 3. | Kiran | II B.Com CA |  |
| 4. | Erin | II BCA A |  |
| 5. | Midunkel | III B Com Co |  |
| 6. | Ronin Richard | III B. Com Co |  |

*All UG students are participants in the event.

Event Coordinator :- 
Ktsa Jose

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