

Training Department

Youth Empowerment Series (YES-Series 4)



Naipunnya[®]

To reach the unreachable

Date of event:20/03/2024

Faculty In-charge:Ms.Vandana C H



REPORT

YES (Youth Empowerment Series) is Training Department Initiative where our Institution and DePaul Institute of Science and Technology (DIST), Angamaly joined together to mould the young talents through this Student Exchange programme. This YES Initiative was between two colleges as well as two universities too. The Youth Empowerment Series (YES) conducted its fourth session, focusing on women empowerment through practical self-defense techniques and a Treasure Hunt activity. The session aimed to equip participants with essential skills for self-protection and foster teamwork and camaraderie through the interactive Treasure Hunt. The special training session for women under the YES series was successful in providing valuable insights and practical skills for self-defense while fostering team spirit through the Treasure Hunt activity. Principal, Rev. Fr. Dr. Paulachan K J delivered an inspiring address, highlighting the importance of women empowerment and the role of initiatives like YES in fostering it. Guest Speech by Mr. Eldho, the Thykondo Trainer, delivered a motivating speech, sharing insights and encouragement for the participants. We look forward to the continued engagement and empowerment of students through such initiatives.

Prepared by:

Ms. Vandana CH



Event Coordinator

Verified by:

Ms. Rajani Stanley


HOD: Dept. Of Trainings

Approved By


Rev. Fr. Dr. Paulachan K J

Principal

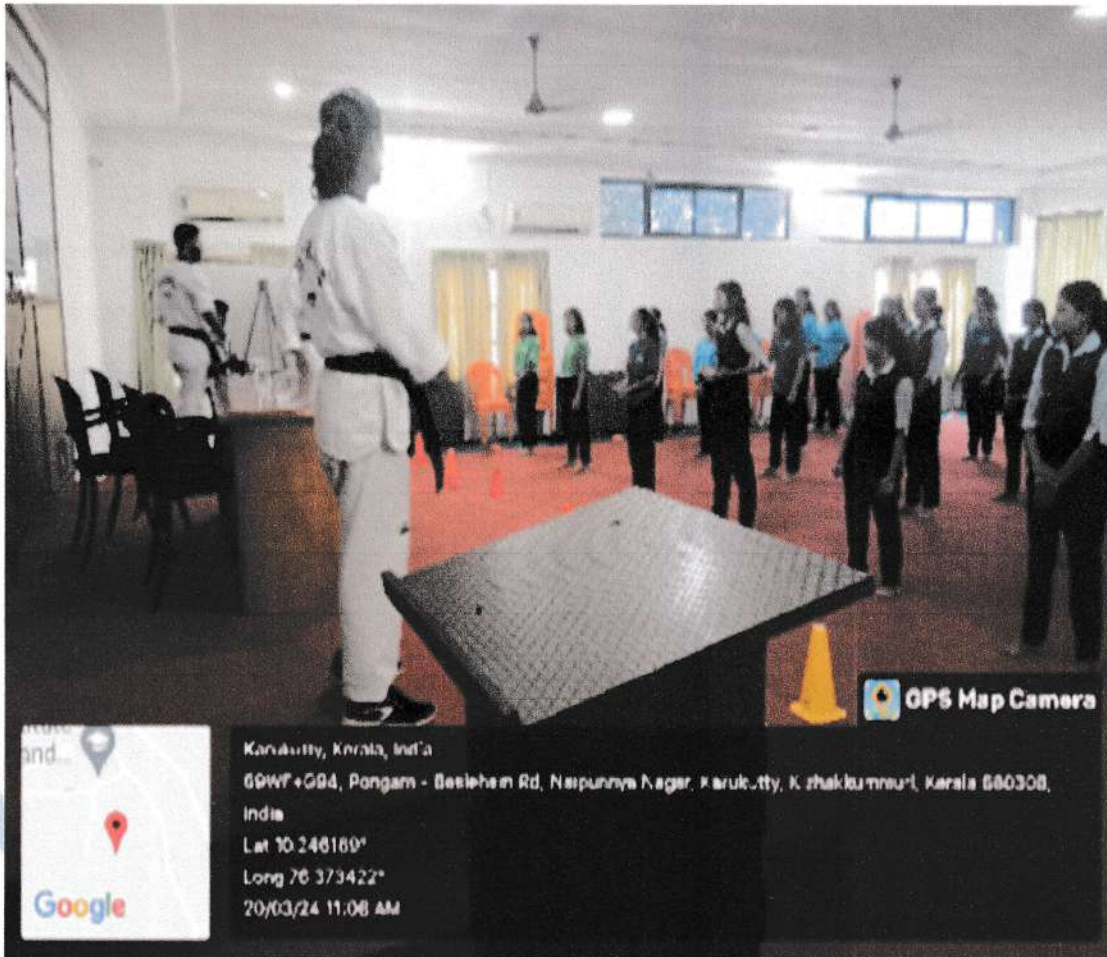


BROCHURE



The brochure cover features the Naipunnya logo at the top left and the DIST logo at the top right. The main text reads: TRAINING DEPARTMENT, NAIPUNNYA & SCHOOL OF PROFESSIONAL DEVELOPMENT, DIST. Below this is the 'YES' logo with 'YOUTH EMPOWERMENT SERIES' underneath. The text continues: Student Exchange Training Programme AN INTER-UNIVERSITY STUDENT EXCHANGE PROGRAMME. A central graphic shows a silhouette of a woman in a Taekwondo pose within a red circular frame. To the right of this graphic, the text says: Taekwondo Self Defence Training & Treasure Hunt. The word 'FEMPOWERMENT' is written in large, bold, pink letters, with 'SPECIAL EDITION FOR WOMEN' below it. At the bottom, it states: 20 MARCH | 10 AM | NIMIT Pongam. The entire cover is framed by a decorative border.





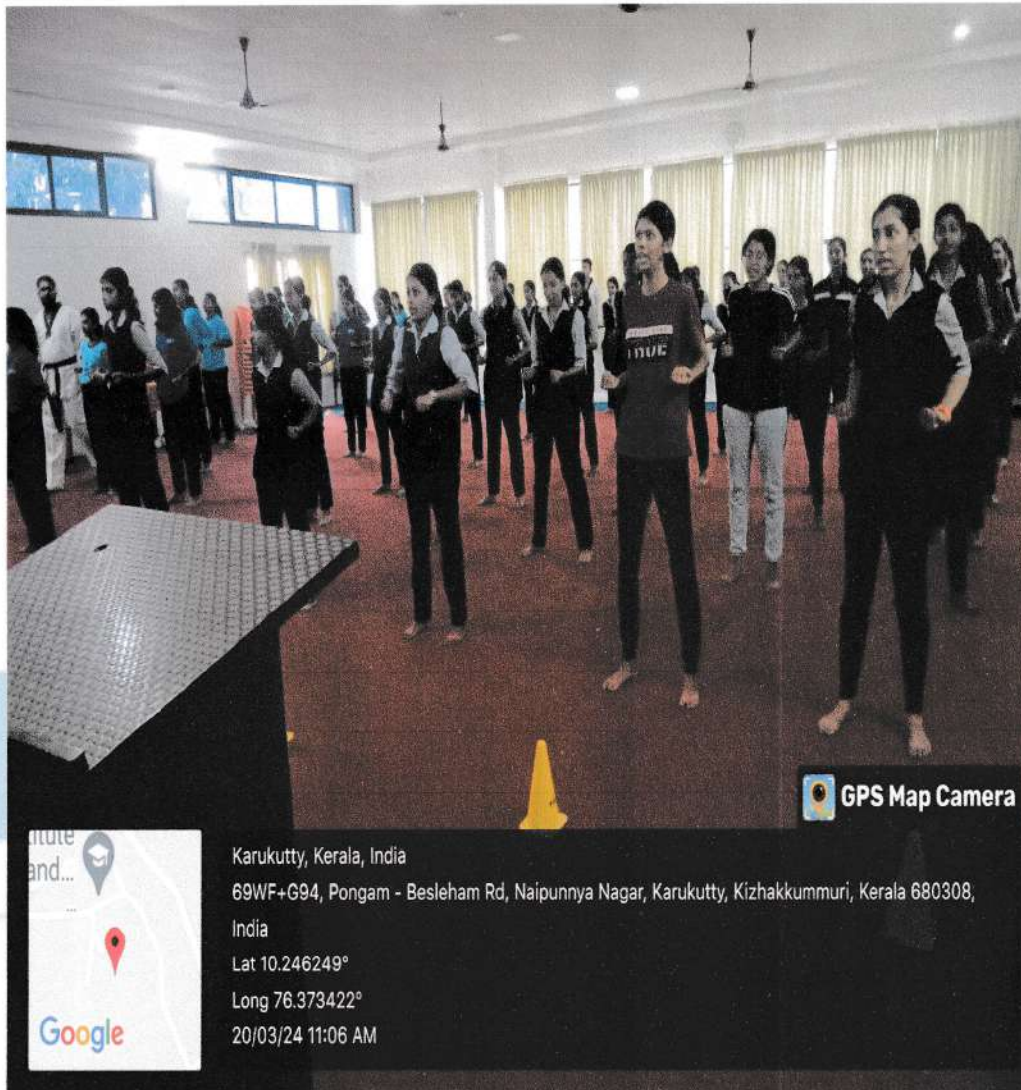
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Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in



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FEEDBACK

Timestamp	Email address	Email	Participant's name	Department	How satisfied are you	How do you evaluate it	How do you evaluate it	Overall Feedback of th	Any suggestions for th
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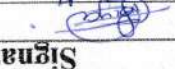
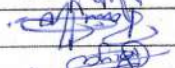


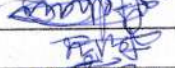



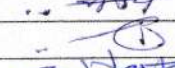
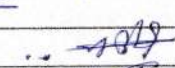
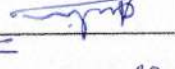



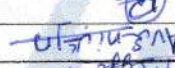








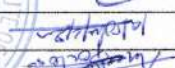
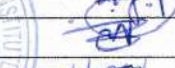
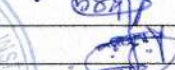
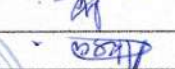


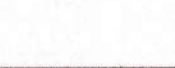





PARTICIPANT'S LIST

Name of the event: YES Sewus H

Date: 20/3/2024

Class: First year girls (Representatives)

Sl. No.	Name	Signature
1.	Singya Jose - Ist B.com C.A	
2.	Parvitha.R.V - Ist B.com CA	
3.	Nikitha Joy - Ist B.A B	
4.	Aysha Aziz - Ist B.A B	
5.	Iqbal Mandakam - Ist B.A B	
6.	Hajar Thomas - Ist B.A B	
7.	Soga Davu - Ist B.com FA	
8.	Angelina Sajeer - Ist B.com FA	
9.	Theetha Sajeer - Ist B.com FA	
10.	Devavandana.E.S - Ist B.com FA	
11.	Geethika Sajeer - Ist B.com FA	
12.	Dakshini M.S - Ist B.com FA	
13.	Anshika Nabin - Ist B.com FA	
14.	Anjana Mow - Ist B.com FA	
15.	Merin Rose Babu - Ist B.com FA	
16.	Arin Jijo - Ist B.com FA	
17.	Avani Sajan - Ist B.com FA	
18.	Ahira.K - Ist B.com FA	
19.	Vishvas.K - Ist B.com FA	
20.	Divya.B - Ist B.com FA	
21.	Preetha Thomas - Ist B.com FA	
22.	Anagha.S - Ist B.com FA	
23.	Akhila.P.M - Ist B.com FA	
24.	Vashnavi.A.P - Ist B.A	
25.	Aurika Nedra Moudy - Ist B.A	
26.	Saman Samad - Ist B.A	
27.	Aneeta.E.P - Ist B.A	
28.	Lakshmi.K Raja - Ist B.A	
29.	Neerajkavya.T - Ist B.com FA	
30.	Ana Rosh - Ist B.com FA	
31.	Aksha Biju - Ist B.com FA	
32.	Geethika.Hari	
33.	Seethalakshmi.N.R - Ist B.com FA	



Event Coordinator

34.	ANDREANA JOSHY - I/MCA	
35.	Aleena Bajan - I/MCA	
36.	Sweetie Shayan - I/MCA	
37.	Adeline Shaya - I/MCA	
38.	Mini Rose Anju - I/MCA	
39.	Sara Reji - I/MCA	
40.	Lakshmi.V.A. - I/MCA	
41.	Imaya-S-Thomas - Bcom f.t	
42.	Karishmapriyasharesh - Bcom f.t	
43.	Sanya Sebastian - Bcom f.t	
44.	Agnes Gratias - I/MCA	
45.	Akhiladitha.K.S - I/MCA	
46.	Amika Shilpa - I/MCA	
47.	Shobana John. S - I/MCA	
48.	Riyana Anu Ray - BCA	
49.	Kanya Jyoti - BCA	
50.	Angel Shya - BCA	
51.	S Aparna - BCA	
52.	Sandra Santhosh - Bcom f.t	
53.	Cracmary Jalu - Bcom f.t	
54.	Akhanya Jain Pynooth - 1st BBA	
55.	MIKA Emil Kooran - 1st BBA	
56.	Hannah R.g	
57.		
58.		
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