



**Training Department**  
**Behavior Enhancement Hub (Be-Hub)**

**Naipunnya**<sup>®</sup>

To reach the unreachable

**Date of event: July 2023**

**Faculty In-charge: Ms. Rajani Stanley**



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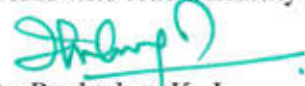
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No: NIMIT/NTR/CP-BEH/02/2023-24

Date: 05/07/2023

**Circular**

The Training Department, as part of the Be-Hub programme, is planning to introduce a healthy habit on campus each month. Be-Hub aims to bring about a positive behavioral change in each student through the concept of associative learning. The habit of the month of July will be "Health is Wealth". The positive vibe challenge introduced with the habit will help in identifying those students who lead a healthy lifestyle, both physically and mentally.



Fr. Dr. Paulachan K. J.

(Principal)



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## REPORT

Be- Hub aims to bring about positive behavioral change in each student through the concept of associative learning. Recognizing the fact that simple but healthy actions of a student, repeated on a daily basis, becomes his or her habit within a month, and gradually, these good habits will become part of their character. Every month, a healthy habit will be introduced on campus. Students who practice these habits consistently are identified by each department and rewarded every month as the best performers. Selection criteria were clearly mentioned based on the habit of the month.

The habit of the month of July was "Health is Wealth". The positive vibe challenge introduced with the habit was to identify the students who lead a healthy lifestyle, both physically and mentally. This initiative was welcomed wholeheartedly and showed a positive impact on the lives of many. The best performers from each department are:

Sl. No	Name	Department	Class
1	Ajayan S	Commerce	V Sem B.Com Coop
2	Jestin John	Commerce	V Sem BBA
3	Meetha Mamman	Commerce	V Sem BBA
4	Alwin Sebastian	Computer Science	III Sem BCA B
5	Gladson George	Computer Science	V Sem BCA
6	Annet K Davis	Hotel Management	V Sem HMCS A
7	Deo Jaison	Hotel Management	V Sem HMCS A
8	Anuja Vinod	English	V Sem BA English

Prepared by:



Ms. Elsa Jose

(Training Department)

Verified by:



Ms. Rajani Stanley

(HOD, Training Dept)

Approved by:



Rev. Fr. Dr. Paulachan K. J.

(Principal)



PHOTOGRAPHS /SCREENSHOTS



**COORDINATOR'S LIST**

Name of the event: Be- Hub Notice Board

Date: July 2023

Sl. No.	Name	Class	Signature
1.	Jemin Jose	III B. Com F B	
2.	Elsa Biju	II BCA B	
3.	Midhunlal P B	III B. Com Co	
4.	Siya T P	III B Com F B	
5.	Ameliya Joby	III B Com CA	
6.	Ronin Richard	III B. Com CA	

\*All UG students are participants in the event.

Event Coordinator: Elsa Jose 