

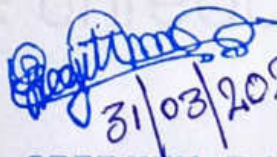
ACTIVITY NO: 48

Department Name: PHYSICAL EDUCATION

**Event Name: Coaching Camp of University of Calicut Women Tug of War Team for the All India Inter University Tug of War Championship
2022-2023**

Date of event: 17/03/2023 to 31/03/2023

Faculty In-charge: SREEJITH.P. A


31/03/2023



SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA - 680 308

Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

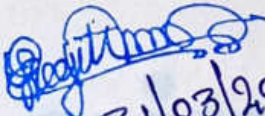
Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in

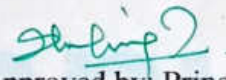
REPORT

Coaching Camp of Women's Tug of War Team of University of Calicut for All India Inter University Women's Tug of War Championship was held at Naipunnya College, Koratty from 17/03/2023 to 31/03/2023. Selection of Women's Tug of War Team was conducted from University of Calicut Inter Zone Tug of War Championship held at Sahridaya College on 03/01/2023. 16 women pullers participated in the training of the Tug of War team held at Naipunnya College, Koratty for 15 days. During the 15-days training of the Tug of War team at Naipunnya College, Mr. Disil Davis and Mr. Telin Thambi were with the team as coaches. On 31st March 2023 in the morning the training camp was dispersed with instructions given to the pullers to participate in the All India Championship. On 01st April 2023 Tug of War Women's Team of University of Calicut left for AMIT University, Chennai for All India Inter University Competitions.

Prepared by:


31/03/2023

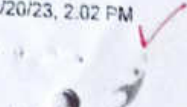
Approved by: Principal



Dr. PAULACHAN K.J.
Principal

SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA - 680 308





Naipunnya

Activity No. 48
SREEJITH P A <sreejith@naipunnya.ac.in>

Requisition for the Tug of War Women Team Coaching Camp 2023.

2 messages

SREEJITH P A <sreejith@naipunnya.ac.in>
To: Director Physical Education <dphyedu@uoc.ac.in>


Wed, Mar 8, 2023 at 11:50 PM


Respected Sir

I am forwarding herewith the requisition and Players list of University of Calicut Tug of War women Team coaching camp. Kindly verify and allow permission to conduct the coaching Camp.

Thanking You

2 attachments

 Requisition for Tug of War Women Team Coaching Camp 2023-New.docx
12K

 Team_entry_form.docx
170K

Director Physical Education <dphyedu@uoc.ac.in>
To: SREEJITH P A <sreejith@naipunnya.ac.in>

Thu, Mar 9, 2023 at 4:14 PM

Sir,

You are permitted to conduct 10 days coaching camp for All India Inter University Tug of War (W) 2022-23 championship

Regards,

Dr.SAKEER HUSSAIN.V.P
Director
Department of Physical Education
University of Calicut



[Quoted text hidden]




21/03/2023

SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA - 680 308

Respected Sir

This year's All India Women's Tug of War Championship is being held at **AMET University**, Chennai from 3rd to 5th April 2023. Managers meeting have been decided on 2nd April 2023. The team is scheduled to leave for Chennai on 1st April 2023. Last year, the women's team won first place in the outdoor 480 kg category and second place in the indoor category. We have a good team this year as well. Achieving first place in outdoor, indoor and beach categories requires excellent training. We humbly request you to allow 15 days coaching camp for our team. It is humbly requested to allow the pullers to report to Naipunnya College, Koratty on 16th March 2023 in the afternoon and to start the camp from 17th March 2023. Names of pullers are given below.

Sl.No.	Name	College
1	GEETHU VARGHESE	NAIPUNNYA COLLEGE, KORATTY
2	DEVIKA S NAIR	NAIPUNNYA COLLEGE, KORATTY
3	MEETHA MAMMAN	NAIPUNNYA COLLEGE, KORATTY
4	VAISHNAVI.S	NAIPUNNYA COLLEGE, KORATTY
5	ANGEL PAUL	NAIPUNNYA COLLEGE, KORATTY
6	AJINA.K.K	NAIPUNNYA COLLEGE, KORATTY
7	CHRISTY K TELIN	MERCY COLLEGE, PALAKKAD
8	NAVYA.S	MERCY COLLEGE, PALAKKAD
9	SNEHA.P.S	MERCY COLLEGE, PALAKKAD
10	GOPIKA.G	MERCY COLLEGE, PALAKKAD
11	NEETHU BABU	GOVT. COLLEGE, PATHIRIPALA
12	NIGHITHA.K.R	GOVT. COLLEGE, PATHIRIPALA
13	SANDRA SAHADEVAN	GOVT. COLLEGE, PATHIRIPALA
14	LIJISHA.M.J	VTB COLLEGE, MANNAMPATTA
15	NANDHANA.K.S	SAHRDAYA COLLEGE, KODAKARA
16	NITHYA.K	MES COLLEGE, PONNANI



SREEJITH.P.A

HOD of Physical Education

SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA - 680 308

Sl.No	Name	17/3	18/3	19/3	20/3	21/3	22/3	23/3	24/3	25/3	26/3	27/3	28/3	29/3	30/3	31/3
1	GEETHU VARGHESE	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu	Geethu
2	DEVIKA S NAIR	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika
3	MEETHA MAMMAN	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha	Meetha
4	VAISHNAVI.S	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi
5	ANGEL PAUL	Angel	Angel	Angel	Angel	Angel	Angel	Angel	Angel	Angel	Angel	Angel	Angel	Angel	Angel	Angel
6	AJINA.K.K	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina
7	CHRISTY K TELIN	Christy	Christy	Christy	Christy	Christy	Christy	Christy	Christy	Christy	Christy	Christy	Christy	Christy	Christy	Christy
8	NAVYA.S	Navya	Navya	Navya	Navya	Navya	Navya	Navya	Navya	Navya	Navya	Navya	Navya	Navya	Navya	Navya
9	SNEHA.P.S	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha
10	GOPIKA.G	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika	Gopika
11	NEETHU BABU	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu
12	NIGHITHA.K.R	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha	Nighitha
13	SANDRA SAHADEVAN	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra
14	LIJISHA.M.J	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha	Lijisha
15	NANDHANA.K.S	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana	Nandhana
16	NITHYA	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya

To reach the unreachable



Sreejith P.A.
 31/03/2023

SREEJITH. P.A
 H.O.D & ASST. PROFESSOR
 DEPT. OF PHYSICAL EDUCATION
 NAIPUNNYA COLLEGE
 PONGAM, KOIRATTY EAST
 THRISSUR DISTRICT
 KERALA - 680 308

Sl.No	Name	17/3	18/3	19/3	20/3	21/3	22/3	23/3	24/3	25/3	26/3	27/3	28/3	29/3	30/3	31/3
1	GEETHU VARGHESE	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
2	DEVIKA S NAIR	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
3	MEETHA MAMMAN	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
4	VAISHNAVIS	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
5	ANGEL PAUL	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
6	AJINA K K	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
7	CHRISTY K TELIN	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
8	NAVYA S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
9	SNEHA.P.S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
10	GOPIKA.G	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
11	NEETHU BAGU	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
12	NIGHITHA K R	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
13	SANDRA SAHADEVAN	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
14	LISHA M J	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
15	NANDHAN K S	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
16	NITHYA K	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>



[Signature]
31/03/2023

SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA - 680 308

Pongam, Koiratty East, Thrissur District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in

PARTICIPANT'S LIST

Name of the event: University of Calicut Tug of War Women Team Coaching camp

Date: 17/03/2023 to 31/03/2023

Class: Tug of War Women Team, University of Calicut

Sl. No.	Name	College	Signature
1	GEETHU VARGHESE	Naipunnya College, Koratty	
2	DEVIKA S NAIR	Naipunnya College, Koratty	
3	MEETHA MAMMAN	Naipunnya College, Koratty	
4	VAISHNAVIS	Naipunnya College, Koratty	
5	ANGEL PAUL	Naipunnya College, Koratty	
6	AJINA.K.K	Naipunnya College, Koratty	
7	CHRISTY K TELIN	Mercy College, Palakkad	
8	NAVYA.S	Mercy College, Palakkad	
9	SNEHA.P.S	Mercy College, Palakkad	
10	GOPIKA.G	Mercy College, Palakkad	
11	NEETHU BABU	Govt. College, Pathiripala	
12	NIGHITHA.K	Govt. College, Pathiripala	
13	SANDRA SAHADEVAN	Govt. College, Pathiripala	
14	LIJISHA.M.J	VTB College, Mannampatta	
15	NANDHANA.K.S	Sahrdaya College, Kodakara	
16	NITHYA.K	MES College, Ponnani	



31/03/2023

Event Coordinator

Mr.SREEJITH.P.A

SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT

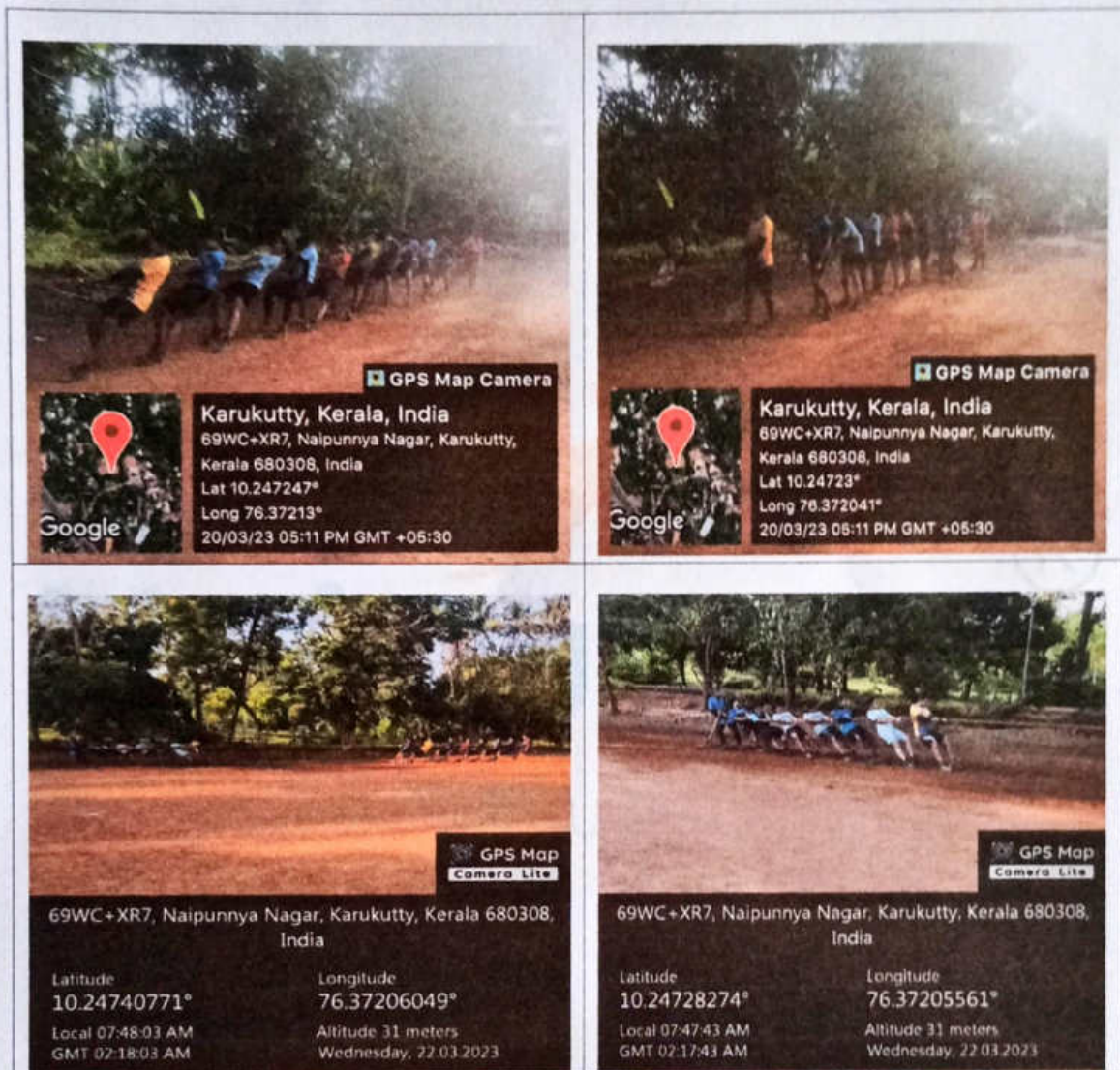


Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in

PHOTOGRAPH/SCREENSHOTS



Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.
Phone +91 9605001987, 04802730340, 2730341, 2733573
www.naipunnya.ac.in, mail@naipunnya.ac.in

Sreejith P.A.
31/03/2023

SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA - 680 308



GPS Map
Camera Lite

69WC+XR7, Naipunnya Nagar, Karukutty, Kerala 680308, India

Latitude 10.2472833° Longitude 76.37204464°

Local 07:47:47 AM Altitude 31 meters
GMT 02:17:47 AM Wednesday, 22.03.2023



GPS Map
Camera Lite

69WC+XR7, Naipunnya Nagar, Karukutty, Kerala 680308, India

Latitude 10.24725283° Longitude 76.37209927°

Local 07:22:51 AM Altitude 31 meters
GMT 01:52:51 AM Tuesday, 28.03.2023



GPS Map
Camera Lite

69WC+XR7, Naipunnya Nagar, Karukutty, Kerala 680308, India

Latitude 10.24754401° Longitude 76.37225206°

Local 04:22:03 PM Altitude 31 meters
GMT 10:52:03 AM Monday, 27.03.2023



GPS Map
Camera Lite

69WC+XR7, Naipunnya Nagar, Karukutty, Kerala 680308, India

Latitude 10.24736532° Longitude 76.37172618°

Local 05:07:40 PM Altitude 31 meters
GMT 11:37:40 AM Wednesday, 29.03.2023



Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308.

Phone +91 9605001987, 04802730340, 2730341, 2733573

www.naipunnya.ac.in, mail@naipunnya.ac.in

Signature
31/03/2023

H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA



GPS Map
Camera: 3175

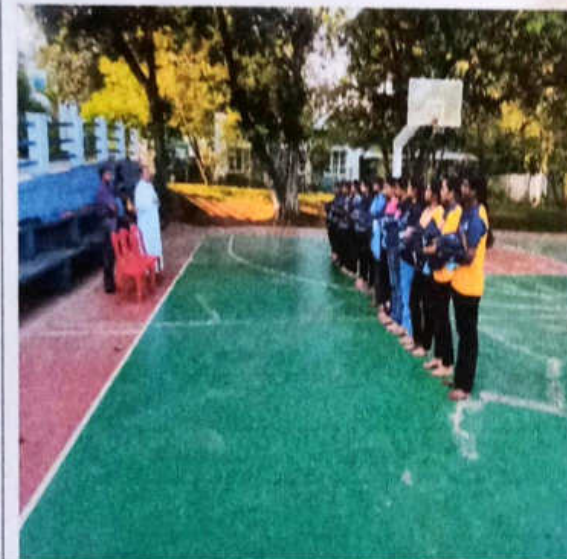
69WC - XR7, Naipunnya Nagar, Karukutty, Kerala 680308, India

Latitude
10.24738303°

Longitude
76.37170467°

Local 05:07:29 PM
GMT 11:37:29 AM

Altitude 31 meters
Wednesday, 29.03.2023



GPS Map
Camera: 3175

69WF - P84, Naipunnya Nagar, Karukutty, Kerala 680308, India

Latitude
10.2466464°

Longitude
76.373241°

Local 08:20:13 AM
GMT 02:50:13 AM

Altitude 34 meters
Friday, 31.03.2023



Pongam, Karatty East, Thrissur District, Kerala State, India. Pin-680308.
Phone: +91 9605001987, 04802730340, 2730341, 2733573
www.naipunnya.ac.in, mail@naipunnya.ac.in

Sreedhara
31/03/2023

Sreedhara
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA, INDIA



UNIVERSITY OF CALICUT WOMEN TUG OF WAR TEAM 2022-2023



Sreejith P.A.
31/03/2023

SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA - 680 308