


ACTIVITY NO: 28

Department Name: PHYSICAL EDUCATION

Event Name: University of Calicut Inter Zone Athletic Championship 2022-2023


16/12/2022
Date of event: 14/12/2022 to 16/12/2022

Faculty In-charge: SREEJITH.P. A


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REPORT

54th University of Calicut Inter zone Athletic Meet successfully organized by St. Joseph's College, Devagiri- Calicut at Calicut University Synthetic Stadium, Calicut University Campus from 14th December 2022 to 16th December 2022. Seven Men athletes and Two Women Athletes have participated from Naipunnya College, Koratty in the University Athletic Meet. Deepesh .M.S (2nd BA English) has won the Second position in the High Jump competition. Deepesh .M.S also qualified for the All India Inter University Athletic Championship 2022-2023. The following students participated in the various events in the University Athletic Meet. Deepesh .M.S (2nd BA English)- High Jump, Sarath Varma (1st MA English) – High jump and Long Jump, Ajayan.S (2nd B.Com (CO)- 200 Meter and 400 Meter, Agin Prince (2nd B.Com (F)-10000 Meter and 3000 Steeple Chase, Emmanuel James (2nd BBA)- 5000 Meter, Abhinav.K (1st B.Com F)- High Jump and Long Jump, Gokul.G (2nd B.Com F)- 5000 Meter and 10000 Meter, Nandini.K.K (2nd B.Com CO)- Javelin Throw, and Mahima M Nair (1st B.Com F)-High Jump and Heptathlon.

Prepared by:


16/12/2022

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Approved by: Principal


Fr. Dr. PAULACHAN K.J.
Principal



NAIPUNNYA COLLEGE ATHLETIC TEAM 2022-2023



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16/12/2022

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PHOTOGRAPH/SCREENSHOTS



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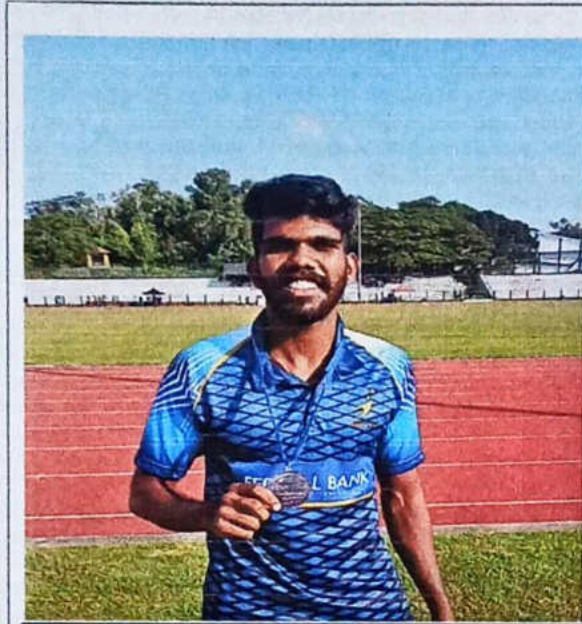
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ICT Athletics (M&W) 2022-23 - Instructions forwarding

1 message

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Mon, Dec 12, 2022 at 2:22 PM

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[Handwritten Signature]
16/12/2022



Calicut University Athletic Championship 2022-23:

Participating teams are requested to submit all relevant documents and collect chest nos from the organising committee at 4:00 PM tomorrow (13/12/2022) at Calicut University Synthetic stadium.

1. Typed eligibility
2. College ID card with principal's signature
- 3 Attested copies of SSLC , plus two / degree certificates and AADHAR .
4. Original athletic entry form signed by competent authority .

For further clarification, please contact the convener : Fr. Bony Augustine, SJC Devagiri - Phone Number : 85475 62722



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ICT Athletics (M&W) 2022-23 - Order of Events forwarding - Reg

1 message

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Mon, Dec 12, 2022 at 2:23 PM

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16/12/2022


Order of events of ICT Athletics (M&W) 2022-23 is attached herewith

Regards,


Dr.SAKEER HUSSAIN.V.P
Director
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----- Forwarded message -----
From: **Basith Babu** <cue4453@uoc.ac.in>
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 **ORDER OF EVENT CLT UTY 22-23.docx**
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ST. JOSEPH'S COLLEGE (AUTONOMOUS) DEVAGIRI, KOZHIKODE

54TH CALICUT UNIVERSITY ATHLETICS CHAMPIONSHIPS 2022-23

ORDER OF EVENTS

DAY - I- 14/12/2022

Event No	Time	Event	Section	Mode	Round
1.01	7.00 hrs.	5000 M	Women	Time Trial	Final 01
1.02	7.30 hrs.	5000 M	Men	Time Trial	Final 02
1.03	8.10 hrs.	100 MH	Women	Time Trial	Heptathlon 1
1.04	8.40 hrs.	100 M	Men	Time Trial	Decathlon 1
1.05	9.00 hrs	100 M	Men	Time Trial	Round 1
1.06	9.30 hrs	Pole Vault	Men	Single Round	Final 03
1.07	9.30 hrs	High Jump	Women	Single Round	Heptathlon 2
1.08	10.00 hrs.	100 M	Women	Time Trial	Round 1
1.09	10.00 hrs	Long Jump	Men	Single Round	Decathlon 2
1.10	10.00 hrs.	Javelin Throw	Women	Single Round	Final 04
1.11	10.30 hrs	400 M	Men	Time Trial	Round 1
1.12	11.00 hrs.	Triple Jump	Women	Single Round	Final 05
1.13	11.00 hrs	400 M	Women	Time Trial	Round 1
1.14	11.00 hrs	Shot Put	Men	Single Round	Decathlon 3
1.15	11.20 hrs	4 x 100 MR	Men	Time Trial	Round 1
1.16	11.40 hrs	4 x 100 MR	Women	Time Trial	Round 1
LUNCH BREAK					
1.17	14.30 hrs	100 M	Men		Final 06
1.18	14.30 hrs	Pole Vault	Women	Single Round	Final 07
1.19	14.30 hrs	High Jump	Men	Single Round	Decathlon 4
1.20	14.40 hrs.	100 M	Women		Final 08
1.21	14.40 hrs.	Javelin Throw	Men	Single Round	Final 09
1.22	15.00 hrs	400 M	Men		Final 10
1.23	15.10 hrs	400 M	Women		Final 11
1.24	15.30 hrs	1500 M	Men	Time Trial	Final 12
1.25	15.30 hrs	Shot Put	Women	Single Round	Heptathlon 3
1.26	15.40 hrs.	Triple Jump	Men	Single Round	Final 13
1.27	16.00 hrs	1500 M	Women	Time Trial	Final 14
1.28	16.30 hrs	200 M	Women	Time Trial	Heptathlon 4



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54TH CALICUT UNIVERSITY ATHLETICS CHAMPIONSHIPS 2022-23

1.29	16.40 hrs	400 M	Men	Time Trial	Decathlon 5
16.50 hrs. INAUGURATION					
1.30	17.40 hrs	4 x 100 MR	Women		Final 15
1.31	17.50 hrs	4 x 100 MR	Men		Final 16
DAY - 2 - 15/12/2022					
2.01	6.30 hrs	20,000 M RW	Men & Women	Single Round	Final 17& 18
2.02	9.00 hrs	Discus Throw	Men	Single Round	Final 19
2.03	9.00 hrs	110 M H	Men	Time Trial	Decathlon 6
2.04	9.00 hrs	High Jump	Women	Single Round	Final 20
2.05	9.20 hrs	110 M H	Men	Time Trial	Round 1
2.06	9.20 hrs	Long Jump	Women	Single Round	Heptathlon 5
2.07	9.50 hrs	Discus Throw	Men	Single Round	Decathlon 7
2.08	9.50 hrs	100 M H	Women	Time Trial	Round 1
2.09	10.00 hrs	200 M	Men	Time Trial	Round 1
2.10	10.30 hrs	200 M	Women	Time Trial	Round 1
2.11	10.30 hrs	Javelin Throw	Women	Single Round	Heptathlon 6
2.12	10.30 hrs	High Jump	Men	Single Round	Final 21
2.13	11.00 hrs	800 M	Men	Time Trial	Round 1
2.14	11.00 hrs	Discus Throw	Women	Single Round	Final 22
2.15	11.20 hrs	Pole Vault	Men	Single Round	Decathlon 8
2.16	11.20 hrs	800 M	Women	Time Trial	Round 1
2.17	11.30 hrs	4 x 400 MR	Men	Time Trial	Round 1
2.18	12.00 hrs	4 x 400 MR	Women	Time Trial	Round 1
LUNCH BREAK					
2.19	14.30 hrs	110 M H	Men		Final 23
2.20	14.30 hrs	Shot Put	Men	Single Round	Final 24
2.21	14.30 hrs	Long Jump	Men	Single Round	Final 25
2.22	14.30 hrs	Javelin Throw	Men	Single Round	Decathlon 9
2.23	14.50 hrs	100 M H	Women		Final 26
2.24	15.10 hrs	200 M	Men		Final 27
2.25	15.20 hrs	200 M	Women		Final 28
2.26	15.40 hrs	800 M	Men		Final 29
2.27	15.50 hrs	800 M	Women		Final 30



Sreejith P.A.

16/12/22

SREEJITH P.A.
 H.O.D & ASST. PROFESSOR
 DEPT. OF PHYSICAL EDUCATION
 NAIPUNNYA COLLEGE
 PONGAM, KORATTY EAST
 THRISSUR DISTRICT
 KERALA - 680 308

ST. JOSEPH'S COLLEGE (AUTONOMOUS) DEVAGIRI, KOZHIKODE

54TH CALICUT UNIVERSITY ATHLETICS CHAMPIONSHIPS 2022-23

2.28	16.00 hrs	Shot Put	Women	Single Round	Final 31
2.29	16.00 hrs	Long Jump	Women	Single Round	Final 32
2.30	16.10 hrs	800 M	Women	Heptathlon 7	Final 33
2.31	16.30 hrs	1500 M	Men	Decathlon 10	Final 34
2.32	16.40 hrs	4 x 400 MR	Men		Final 35
2.33	16.50 hrs	4 x 400 MR	Women		Final 36

DAY - 3- 16/12/2022

Event No	Time	Event	Section	mode	Round
3.01	6.30 hrs.	10000 M	Men	Time Trial	Final 37
3.02	7.20 hrs.	10000 M	Women	Time Trial	Final 38
3.03	8.00 hrs.	400 M H	Men	Time Trial	Round 1
3.04	8.00 hrs.	Hammer Throw	Women	Round 1	Final 39
3.05	8.40 hrs.	400 M H	Women	Time Trial	Round 1
3.06	9.20 hrs.	3000 MSC	Men		Final 40
3.07	9.50 hrs.	3000 MSC	Women		Final 41
3.08	9.50 hrs.	Hammer Throw	Men	Round 1	Final 42
3.09	11.00 hrs.	400 M H	Men		Final 43
3.10	11.20 hrs.	400 M H	Women		Final 44



Sreejith P.A.
SREEJITH. P.A
 H.O.D & ASST. PROFESSOR
 DEPT. OF PHYSICAL EDUCATION
 NAIPUNYA COLLEGE
 PONGAM, KOZATTY EAST
 THRISSUR DISTRICT
 KERALA - 680 308

UNIVERSITY OF CALICUT

DEPARTMENT OF PHYSICAL EDUCATION INTER COLLEGIATE ATHLETIC CHAMPIONSHIP 2022-23

Organised by: ST JOSEPH'S COLLEGE(AUTONOMOUS),DEVAGIRI

DETAILED ENTRY FORM

NAME OF THE PARTICIPATING COLLEGE : NAIPUNNYA INSTITUTE OF MANAGEMENT & INFORMATION TECHNOLOGY
 Manager : SREEJITH P.A

Mobile No with Whatsapp: 8111832514

Email ID : sreejith@naipunnya.ac.in

MEN

Coach: JIBIN JOSE

Mobile No with Whatsapp: 8156897828

Email ID : jibzppunnelli7sb@gmail.com

Sl. No	Name (In Block Letters)	1 0 0 M t s	5 0 0 M t s	1 5 0 0 M t s	8 0 0 M t s	4 0 0 M t s	1 0 0 M t s	11 0 M t s	40 0 M t s	H a i f M a r a t h o n	20 K m. R a c e W a l k	S h o t P u t	D i s c u s s T h r o w	J a v e l i n T h r o w	H a m m e r T h r o w	H i g h J u m p	L o n g J u m p	T r i p l e J u m p	P o l e V a u l 	D e c a t 	4 x 1 0 0 M t s	4 x 4 0 0 M t s	3000 M t s S t e c k p l e c h a s 			
1.	DEEPESH MS (R)															✓										
2.	SARATH VARMA (R)															✓										
3.	AJAYAN S (R)																									
4.	AGIN PRINCE (R)																									
5.	EMMANUEL JAMES (R)																									
6.	ABHINAV K (R)																									
7.	GOKUL G (R)																									
	JIBIN JOSE (R)																									

Sreejith P.A
16/12/2022



Please Type the names in block letters and Mark Regular Athlete as (R) Substitute (S)
 Please follow the instructions given below while filling the entry forms.
 HOD & ASST. PROFESSOR
 DEPT. OF PHYSICAL EDUCATION
 NAIPUNNYA COLLEGE
 PONGAM, KORATTY EAST
 THRISSUR DISTRICT
 KERALA - 680 308

Sreejith P.A

Last date to receive the detailed entry 05.12.2022

Dr. PAULACHAN K.J.
 Director

**UNIVERSITY OF CALICUT
DEPARTMENT OF PHYSICAL EDUCATION**

ELIGIBILITY PROFORMA FOR INTER-COLLEGE TOURNAMENTS

Name of the Tournament Inter Zone Athletics (Men) Selection FYC CAMP/FIRST STAGE/UNIVERSITY TEAM SELECTION

Name of the Manager... SREEJITH P. A. His / Her status..... Asst.Prof. In Physical Education..... Address

Name of the College, Koratty..... Naipunnaya College, Koratty.....

Venue of the Tournaments Calicut University Stadium Name of the Participating College Naipunnaya Institute of Management and Information Technology, Koratty.....

Sl. No	Name (in block letters)	Father's & Mothers Name (in block letters)	Home Address (in block letters)	Date of Birth	Date & Year of passing qualifying examination for first admission to a College/ University		Name of the Present Course & Present Class	Admission Number	AADHAR No.	Duration of the Course	University Reg. No.	Date & Year of First Admission to			Number of Years of Previous Inter University participation	Remarks
					Name of Exam	Year						University	Present Course	Present Class		
1	SARATH VARMA	RASHOK VARMA AJITHA	SAROVARAM KULIKKILYAD KOTTAPURAM, PALAKKAD	28/05/1999	HSE	2018	1 st MA English	5643	41899809 12258	2 Years	NA	05/10/22	05/10/22	05/10/22	NA	NA
2	DEEPESH.M.S	SANKARANARAYANAN GEETHA	MADATHINGAL (b) ASHTAMICHIRA THRISSUR	01/05/2001	HSE	2019	2 nd BA English	5093	7775046 24064	3 Years	NAVA EGR08	05/10/21	05/10/21	05/10/21	NA	NA
3	AJAYAN.S	V.SETHU SATHYABHAMA.R	PALAKKODE CHERUKULAM P.O PALAKKAD	23/08/2002	HSE	2020	2 nd B.Com (CO)	5089	3231350 54765	3 Years	NAVB CM026	05/10/21	05/10/21	05/10/21	NA	NA
4	AGIN PRINCE	PRINCE THOMAS PREETHA SEBASTIAN	ATTOKKARAN MELALADY ERNAKULAM	14/10/2002	HSE	2021	2 nd B.Com (F)	4858	9334347 32538	3 Years	NAVB CM111	05/10/21	05/10/21	05/10/21	NA	NA
5	EMMANUEL JAMES	JAMES PAUL SABIOM.A.C.S	THECKANATH CABLE NAGAR KARUKUTTY	21/01/2003	HSE	2021	2 nd BBA	4973	8427142 27138	3 Years	NAVB BAR34	05/10/21	05/10/21	05/10/21	NA	NA
6	ABHINAV.K	KUNJU KUTTAN PRASANNA	VALAYAL (H) NENMENI KOLLENGODE, PALAKKAD	27/03/2003	HSE	2022	1 st B.Com (F)	5516	3954530 49747	3 Years	NA	05/10/22	05/10/22	05/10/22	NA	NA
7	GOKUL.G	GOPALAKRISHNAN BHASURA	MEVPAKASVELLI PANNAYOOR PUNNAPRA, ALAPPUZHA	19/01/2002	HSE	2022	2 nd B.Com (F)	5145	2291572 50789	3 Years	NAVB CM131	05/10/21	05/10/21	05/10/21	NA	NA



Certified that the above particulars are true as per college records, Certified that the above particulars are true as per college records, Certified that the above particulars are true as per college records.

Date: 12/12/2022

Signature of Principal
Principal

**UNIVERSITY OF CALICUT
DEPARTMENT OF PHYSICAL EDUCATION**

ELIGIBILITY PROFORMA FOR INTER-COLLEGIATE TOURNAMENTS

WOMEN Name of the Tournament Inter Zone Athletics (Women) Selection FYC CAMP/FIRST STAGE/UNIVERSITY TEAM SELECTION

Name of the Manager.....SREEJITH.P.A..... His / Her status.....Asst.Prof. In Physical Education.....Address

.....Naipunnnya College, Koratty.....
Venue of the TournamentsCalicut University Stadium Name of the Participating CollegeNaipunnnya Institute of Management and Information Technology, Koratty-

Sl. No	Name (in block letters)	Father's & Mothers Name (in block letters)	Home Address (in block letters)	Date of Birth	Date & Year of passing qualifying examination for first admission to a College/ University		Name of the Present Course & Present Class	Admission Number	Duration of the Course	University Reg. No.	Date & Year of First Admission to			Number of Years of Previous University participation	Remarks	
					Name of Exam	Year					University	Pre	Post			Grades
1	MAHIMA M NAIR	MANIBHOOSHAN NAIR B SHARMILA	4 PAMAMATHALA KANNAKAMPALLI VALLANAD P.O THIRUVANANTHAPURAM	5 15/09/ 2003	HSE	2022	1 st B.Com (F)	5517	3 Years	NA	05/ 10/ 22	14 10/ 22	15 10/ 22	16 NA	17 NA	18 NA
2	NANDINIL.K	KRISHNAKUMAR.K.M SNEHA	KOCHAMURI (H) NAYARAMBALAM ERNAKULAM	07/07/ 2004	HSE	2021	2 nd B.Com (CO)	4736	3 Years	NAIYB CH02 5	05/ 10/ 21	05/ 10/ 21	01/ 06/ 22	NA	NA	NA

Certified that the above particulars are true as per college records, Certified that the players are set employed as full time basis.

Date: 12/12/2022



SREEJITH. P.A
H.O.D & ASST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
NAIPUNNYA COLLEGE
PONGAM, KORATTY EAST
THRISSUR DISTRICT
KERALA - 680 308

Signature of Principal
Sreejith P.A
Principles
16/12/2022

UNIVERSITY OF CALICUT

DEPARTMENT OF PHYSICAL EDUCATION INTER COLLEGIATE ATHLETIC CHAMPIONSHIP 2022-23

Organised by: ST JOSEPH'S COLLEGE(AUTONOMOUS),DEVAGIRI

DETAILED ENTRY FORM

NAME OF THE PARTICIPATING COLLEGE : NAIPUNNYA INSTITUTE OF MANAGEMENT & INFORMATION TECHNOLOGY

Manager : SREEJITH P.A

Mobile No with Whatsapp: 8111832514

Email ID : sreejith@naipunnya.ac.in

Coach: JIBIN JOSE

Mobile No with Whatsapp: 8156897828

Email ID : jibzppunnei7sb@gmail.com

MEN

Sl. No	Name (In Block Letters)	1	0	5	1	8	4	2	1	11	40	H	20	S	D	J	H	L	T	P	4	4	3000	
		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
		M	t	M	M	M	M	M	M	M	M	H	K	S	D	J	H	L	T	P	x	x	M	
		s	s	s	s	s	s	s	s	s	s	m.	R	h	i	v	a	o	r	r	4	4	M	
		a	W	t	c	c	m	g	r	e	4	4	ts.	
												R	a	P	i	i	t	J	v	s	0	0	Stce	
												l	l	u	s	s	t	u	a	s	0	0	pl	
												h	l	t	s	s	t	e	. R	e	4	4	ch	
												o	k	t	T	T	h	J	o	s	4	4	as	
												n		w	r	r	o	u	. R	e	4	4	e	
														w	o	o	w	p	e	l	4	4	c	
																		p	a	y				
1.	DEEPESH MS (R)																							
2.	SARATH VARMA (R)																							
3.	AJAYAN S (R)																							
4.	AGIN PRINCE (R)																							
5.	EMMANUEL JAMES (R)																							
6.	ABHINAV K (R)																							
7.	GOKUL G (R)																							
	JIBIN JOSE (R)																							

Handwritten signature and date: 12/12/2022



Instructions to the Participating Colleges. Please follow the instructions given below while filling the entry forms.

Please Type the names in block letters and Mark Regular Athlete as (R) Substitute (S)

Principal
Dr. PAULACHAN K.J.
Last date to receive the detailed entry 05.12.2022

