



DEPARTMENT OF PHYSICAL EDUCATION & NATIONAL SERVICE SCHEME UNIT NO: SF-03

INTERNATIONAL YOGA DAY "YAMA 2022"

Date: 21<sup>st</sup> June 2022

Time: 9.00 a.m.

Venue: NAVARANG AUDITORIUM, NIMIT



*Sreejith P.A.*  
21/06/2022

Mr. SREEJITH.P.A

HoD of Physical Education

**SREEJITH. P.A**  
H.O.D & ASST. PROFESSOR  
DEPT. OF PHYSICAL EDUCATION  
NAIPUNNYA COLLEGE  
PONGAM, KORATTY EAST  
THRISSUR DISTRICT  
KERALA - 680 708

1

Name of the event: International Yoga Day Celebration "YAMA 2022"



*Paulachan K.J.*

Fr. Dr. PAULACHAN.K.J

PRINCIPAL

**Fr. Dr. PAULACHAN K.J.**  
Principal

**DEPARTMENT OF PHYSICAL EDUCATION & NATIONAL SERVICE SCHEME UNIT NO: SF-03**

**Report on  
INTERNATIONAL YOGA DAY “YAMA 2022”**

**Date: 21<sup>st</sup> June 2022**

**Time: 9.00 a.m.**

**Venue: NAVARANG AUDITORIUM, NIMIT**

Yoga is a group of physical, mental, and spiritual practices or disciplines which originated in ancient India and aim to control (yoke) and still the mind, recognizing a detached witness-consciousness untouched by the mind (Chitta) and mundane suffering (Duhkha). There is a wide variety of schools of yoga, practices, and goals in Hinduism, Buddhism, and Jainism, and traditional and modern yoga is practiced worldwide.

**Yoga Boosts Self-Esteem and Confidence:** Yoga helps to instill confidence and to bring learning to children on an experiential level. Yoga teaches them to persevere, be patient, and work towards their goals. Yga also provides tools for practicing compassion, mindfulness, generosity, focus, strength, and flexibility.

“The Goal is to manifest this divine within, by controlling nature external and internal. Do this either by work, or worship, or psychic control, or philosophy, by one, or more, or all of these- and be free. This is the whole of religion.

The International Day of Yoga was first commemorated on June 21, 2002, in the city of Setubal in Portugal under the guidance of Jagat Raja, who was awarded the Padma Shri in the year 2015. June 21 was chosen as the International Yoga day since it’s the longest day of the calendar year, and is connected with the Sunlight and nature. It has no personal importance.

Yoga is an embodiment of unity, it helps to unite the mind and body, strengthen mind and consciousness and a holistic approach to health and well-being. Yoga means a disciplined lifestyle to attain physical health, mental health, social health and spiritual health. Yoga helps to discover the sense of oneness within you, the world and the nature. It also helps to understand the intricacies of nature and life and to use this knowledge in day today life.

Contrary to political propoganda, yoga is a discipline which brings about the union of the Physical, Mental and spiritual through mental concentration and physical power. In Vedic Sanskrit, the literal meaning of the word yoga is "to add", "to join", "to unite", "to yoke "or "to attach", arising from the root "yuj".

The International day of Yoga has been celebrated annually on 21<sup>st</sup> June since 2015, following its inception in the United Nations General assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in India.

This year, the theme of International Yoga Day is "Yoga for Wellbeing". The Department of Physical Education and National Service Scheme Naipunnya College, Koratty has organized a "YAMA 2022" in connection with International Yoga day on 21<sup>st</sup> June 2022 at Navaranga auditorium, NIMIT by 9.00 am. The celebration is begun with a prayer by Ms.Devika.S.Nair of 2<sup>nd</sup> B.Sc. (CS) and Krishna.P.U of 2<sup>nd</sup> BA English, students followed by the welcome address by Mr.Sreejith. P .A, Head of the Department of Physical Education. Rev.Fr.Jose Karachira , Campus Minister, NIMIT delivered the presidential speech. The Chief Guest of the day- Rev.Fr. Baiju Varghese, Director, Athma Yoga Academy, Ponnurunni, Vyttila-Kochi, inaugurated the International Yoga day celebration. He led a practical session on "YAMA 2022". It gave deep knowledge and had an interactive session for the participants. A total of 146 participants were gathered in the Navarang auditorium which include faculties, Degree and post graduate students from various departments. The program is concluded at 10.30 am with a vote of thanks by Mr. Tony .V.M, NSS Program officer and Asst. Prof. Dept. of Commerce, NIMIT.

On that day afternoon at 1.20pm, demonstration dance and yoga practice was held in Navarang Auditorium. 165 students participated in this session. The afternoon session ended at 2.15 pm.



Rev.Fr. Dr.Paulachan.K.J

**PRINCIPAL**

**Fr. Dr. PAULACHAN K.J.**  
Principal

**NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT)**

**PONGAM-KORATTY**

**INTERNATIONAL YOGA DAY "YAMA 2022"**

**PROGRAM SCHEDULE**

**Date: 21<sup>st</sup> June 2022**

**Time: 9.00 a.m.**

**Venue: NAVARANG AUDITORIUM, NIMIT**

<b>Prayer</b>	: Ms. Devika.S.Nair and Ms. Krishna.P.U
<b>Welcome Address</b>	: Mr.Sreejith P A (HOD of Physical Education-NIMIT)
<b>Presidential Address</b>	: Rev.Fr.Jose Karachira Campus Minister (NIMIT)
<b>Inauguration &amp; Demonstration</b>	: <b>Rev.Fr.Baiju Varghese</b> <b>Director, Athma Yoga Academy, Ponnurunni, Vyttila-Ernakulam</b>
<b>Vote of Thanks</b>	: Mr. Tony.V.M (NSS Program officer and Assistant Professor, Dept. of Commerce, NIMIT)
<b>National Anthem</b>	: Students

**SREEJITH. P.A**  
H.O.D & ASSI. PROFESSOR  
DEPT. OF PHYSICAL EDUCATION  
NAIPUNNYA COLLEGE  
PONGAM, KORATTY EAST  
THRISSUR DISTRICT  
KERALA - 680 308



  
**Fr. Dr. PAULACHAN K.J.**  
Principal

# YAMA 2022

International Yoga Day Celebration



On Tuesday, 21 June 2022



From 9.00 am to 10.30 am



At Navarang (New Auditorium)



Chief Guest:

**Baiju Varghese**

(Director, Athma Yoga Academy,  
Ponnuruni, Vyttila, Kochi)

Organized By:  
DEPARTMENT OF PHYSICAL EDUCATION  
IN ASSOCIATION WITH NATIONAL SERVICE SCHEME  
NAIPUNNYA INSTITUTE OF MANAGEMENT  
AND INFORMATION TECHNOLOGY (NIMIT)

(Affiliated to the University of Calicut, Accredited by NAAC with B++ ISO 9001:2015 Certified)  
Pongam, Koratty East, Thrissur District, Kerala State, India, Pincode - 680 308

  
21/06/2022

# NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (NIMIT) PONGAM, KORATTY

(Affiliated to the University of Calicut, Accredited by NAAC with B++, ISO 9001-2015 Certified)

21 JUNE 2022  
INTERNATIONAL YOGA DAY

THE DEPARTMENT OF PHYSICAL EDUCATION  
IN ASSOCIATION WITH  
NATIONAL SERVICE SCHEME  
UNIT NO: SF-03

Organises

## Yoga Demonstration & Practice Session

1:20 PM | NAVARANG

*Sreejith P.A.*  
21/06/2022



**"God, you are so mighty and strong!" or "Loving Father, you hold the world in your hands." Thank God for his goodness and mercy. God is merciful, loving, and generous. Take the time to include worship in every prayer.**

Prayer song by Devika .S. Nair (2<sup>nd</sup> B.Sc. CS) and Ms. Krishna .P.U (2<sup>nd</sup> BA English)



*Sreenth P.U*  
21/06/2022

SREENTH. P.U  
H.O.D & ASS. PROFESSOR  
DEPT. OF PHYSICAL EDUCATION  
NAIPUNNYA COLLEGE  
PONGAM, KORATTY EAST  
THRISSUR DISTRICT  
KERALA - 680 308



**"The bitter past, more welcome is the sweet."-All's Well That Ends**

**Welcome Address by Mr. Sreejith.P.A, HOD of Physical Education, NIMIT**



*Sreejith P.A*  
21/06/2022

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THRISUR DISTRICT  
KERALA - 680 308





**"Leave nothing for tomorrow which can be done today."**

Presidential Address by Rev.Fr. Jose Karachira, Campus Minister, NIMIT



*Sreejith P.A.*  
21/06/2022

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I should be felicitated for the battle that I fight every another day for more sleep against morning!

Felicitations Speech by Ms. Teresa Parackal, Vice Principal, Academics, NIMIT



*Sreejith P.A.*  
21/06/2022


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**“Action is the fundamental Key to success.”Yoga is the Action...**

**Felicitation Speech by Mr. Robert Fernandez, Vice Principal, campus Management, NIMIT**



  
21/06/2022  
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*Sreedhar P. P.*  
21/06/2022

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*Sreedith P.A.*  
21/06/2022

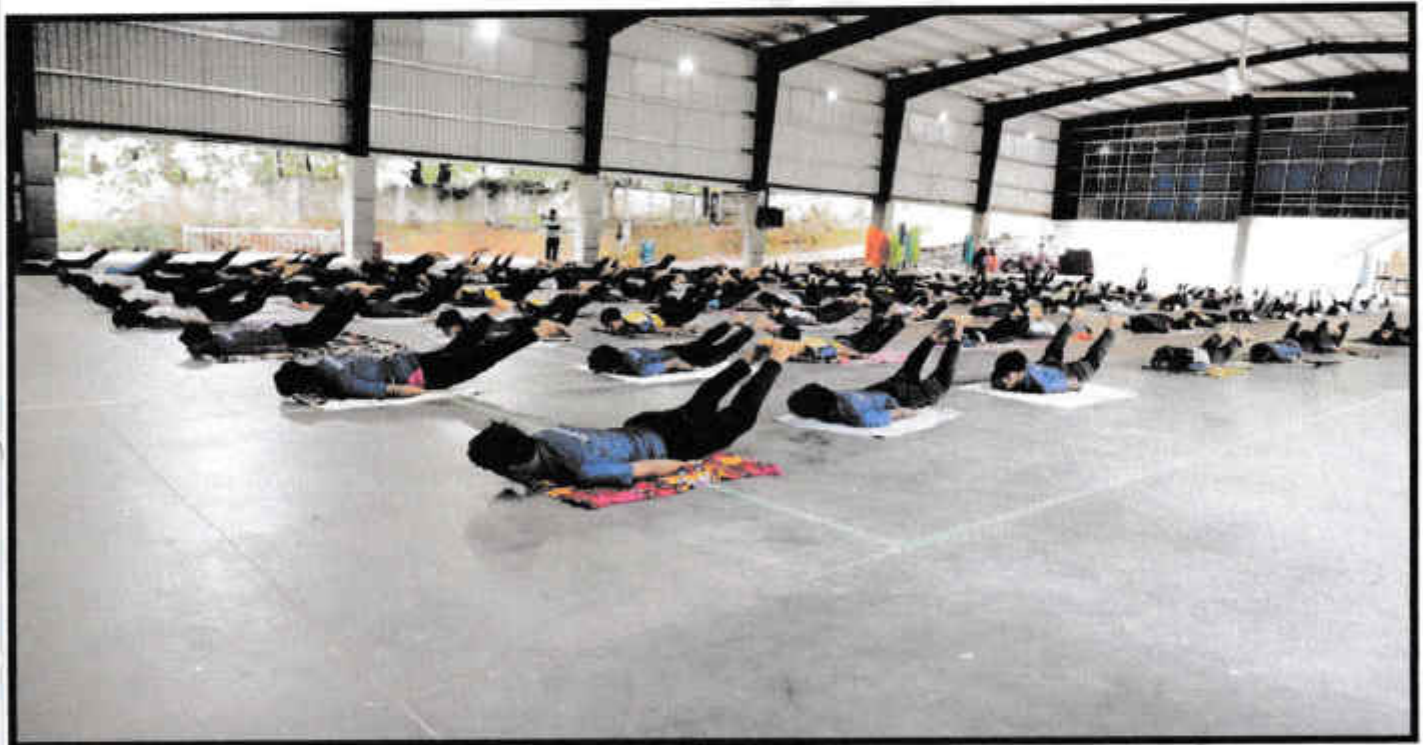
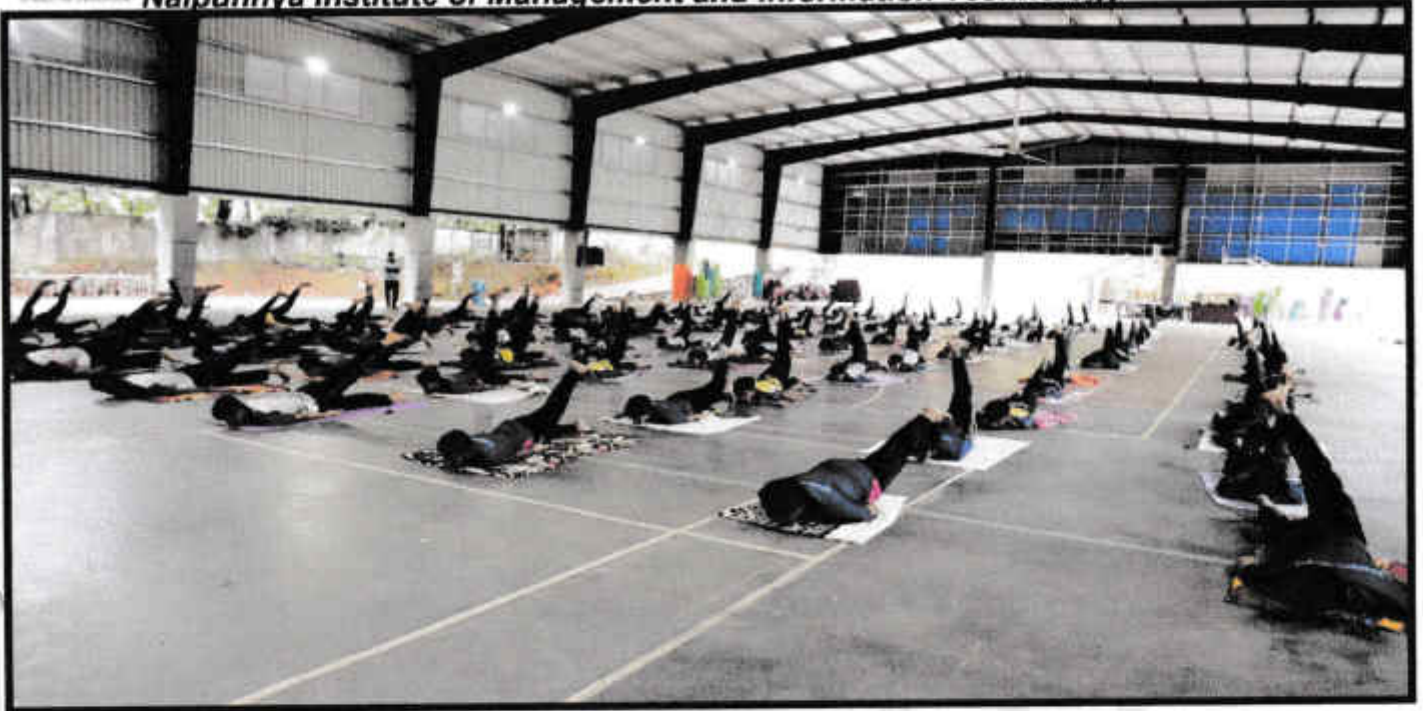
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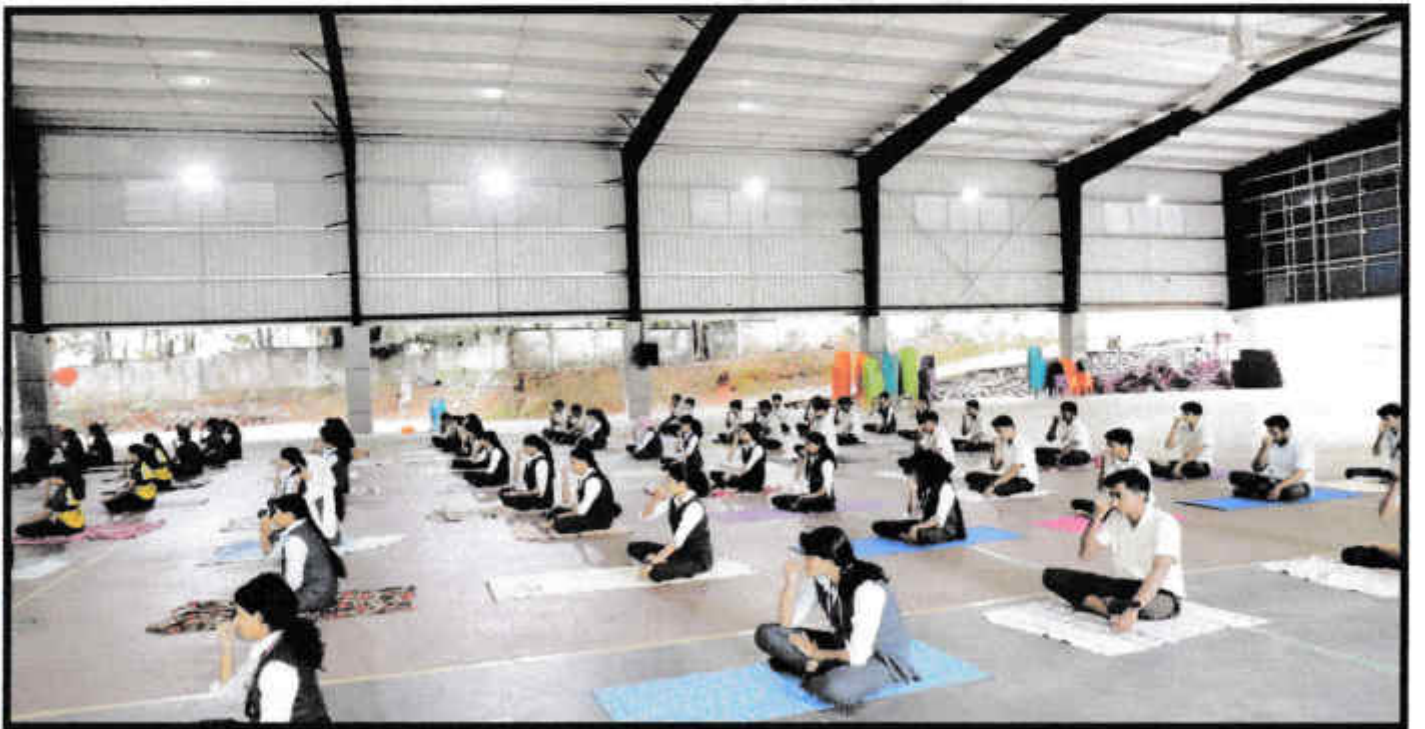
*Sreedharan*  
21/06/2022

**SREEDHARAN**  
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*Sreejith P.A.*  
21/06/2022

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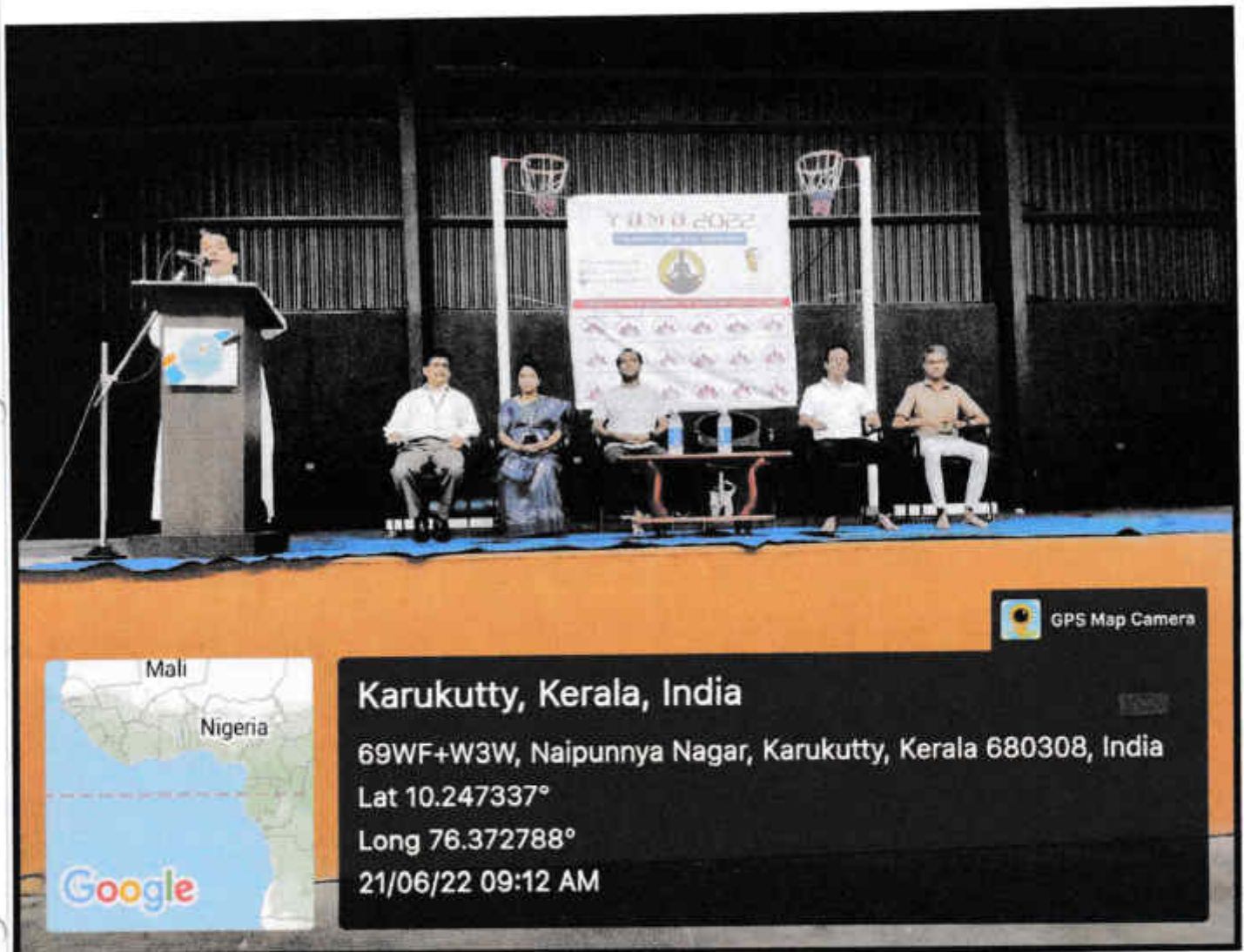


**Shavasana Corpse Pose, or Mrtasana, is an asana in hatha yoga and modern yoga as exercise, often used for relaxation at the end of a session. It is the usual pose for the practice of yoga nidra meditation, and is an important pose in Restorative Yoga.**



*Sreejith P.A.*  
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THRISSUR DISTRICT  
KERALA - 680 308



GPS Map Camera



**Karukutty, Kerala, India**  
 69WF+W3W, Naipunnya Nagar, Karukutty, Kerala 680308, India  
 Lat 10.247337°  
 Long 76.372788°  
 21/06/22 09:12 AM

**"Leave nothing for tomorrow which can be done today."**

Presidential Address by Rev.Fr. Jose Karachira, Campus Minister, NIMIT



*Sreejith P.A.*  
 21/06/2022

**SREEJITH P.A.**  
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21/06/22 09:36 AM

Yoga Demonstration by Rev.Fr. Baiju Varghese, Director, Athma Yoga academy, Kochi and Mr. Bijoy Manjaly, Instructor, Athma Yoga Academy, Kochi.



*Handwritten signature and date: 21/06/2022*

**SREEDHAR P.P.**  
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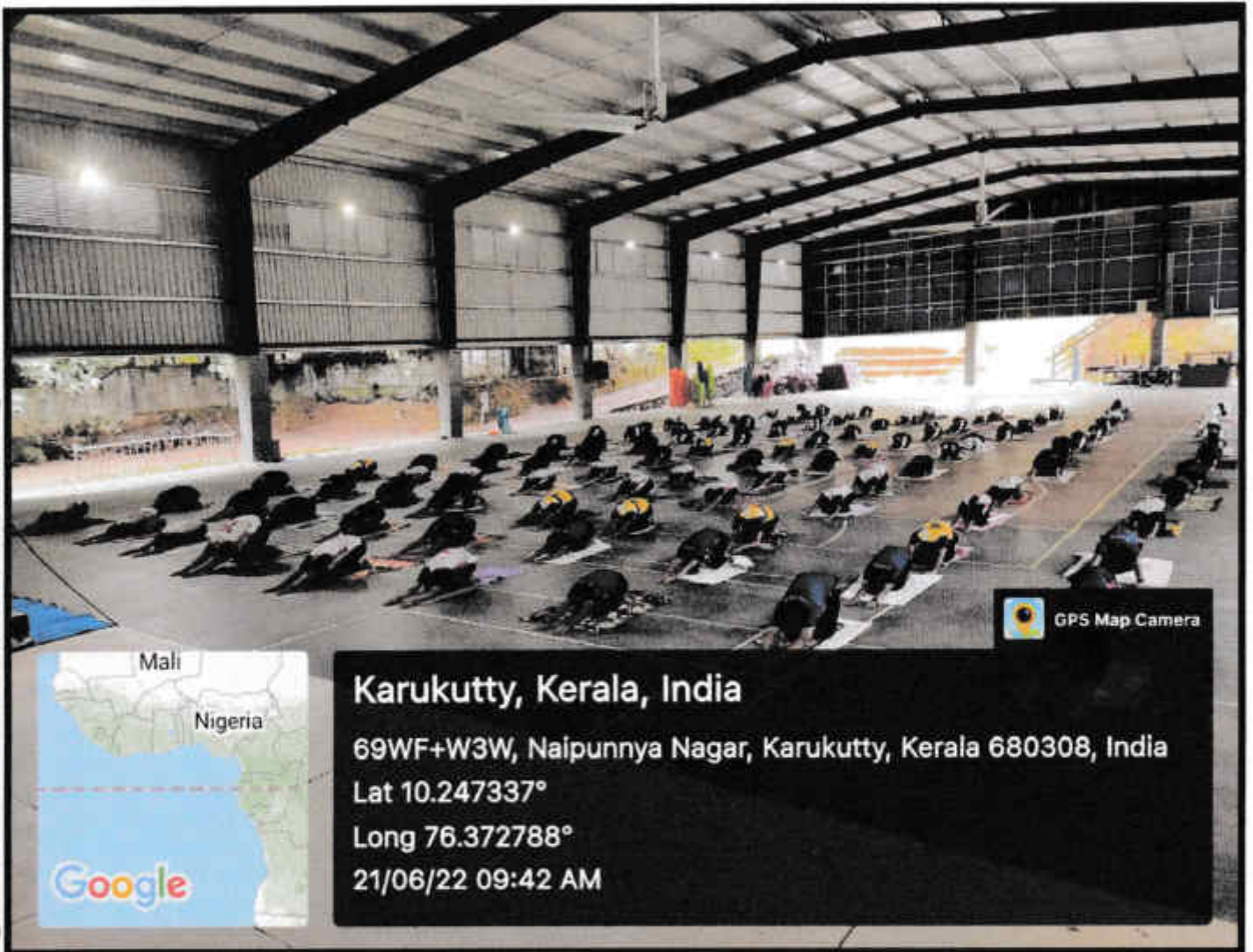


**An event where people do something to let others know what they think and to try to change their point of view...**



*Sreedhar P.A.*  
21/06/2022

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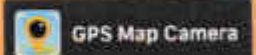


**“The world needs demonstration more than it needs teaching.”**



*Sreedithy K.P*  
21/06/2022

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Karukutty, Kerala, India

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21/06/22 01:50 PM

Yoga Demonstration Dance by Students...



**SREEJITH. P.A**  
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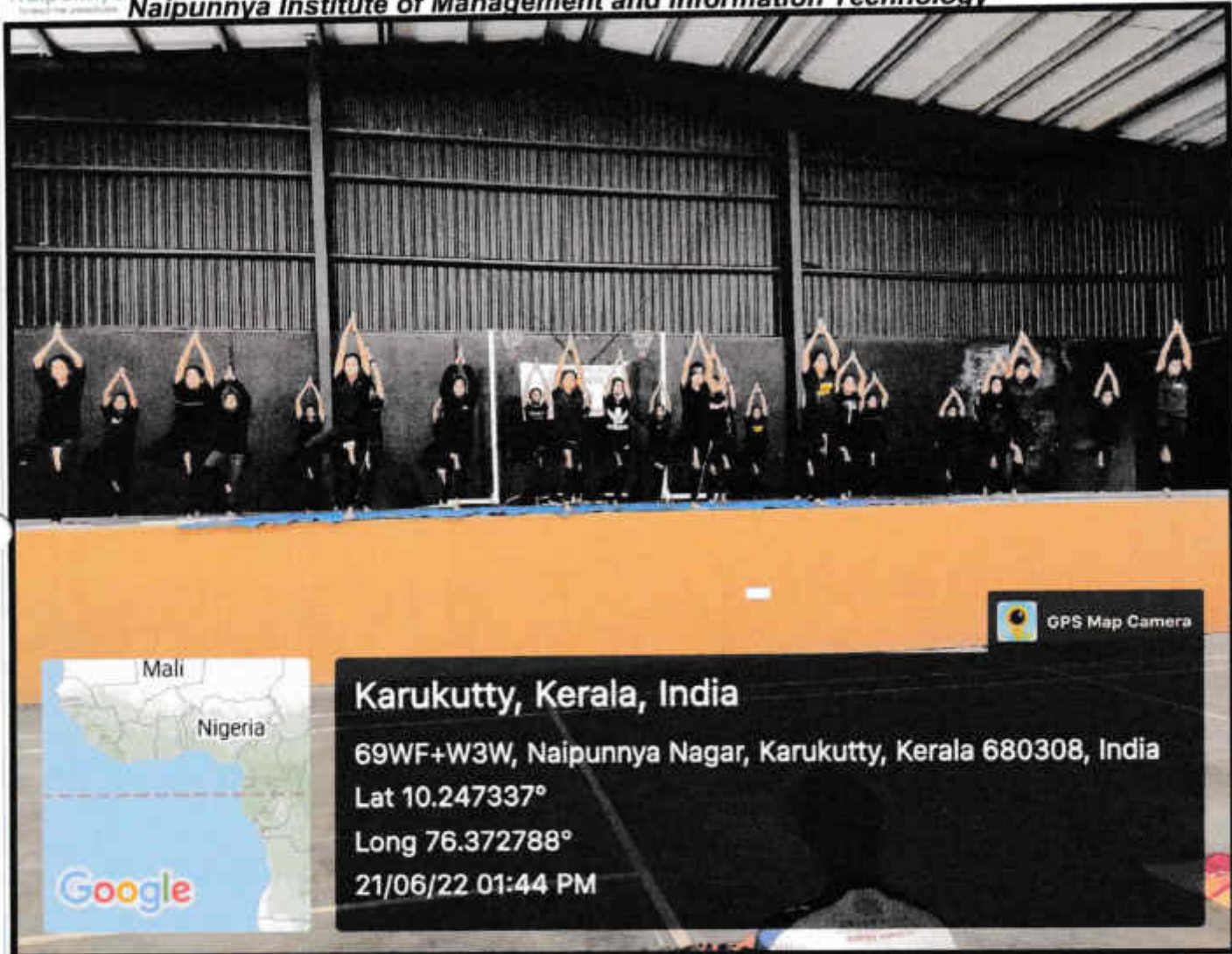
**"A demonstration is more than worth a thousand words"**



*Sreejith K.A.*  
21/06/2022

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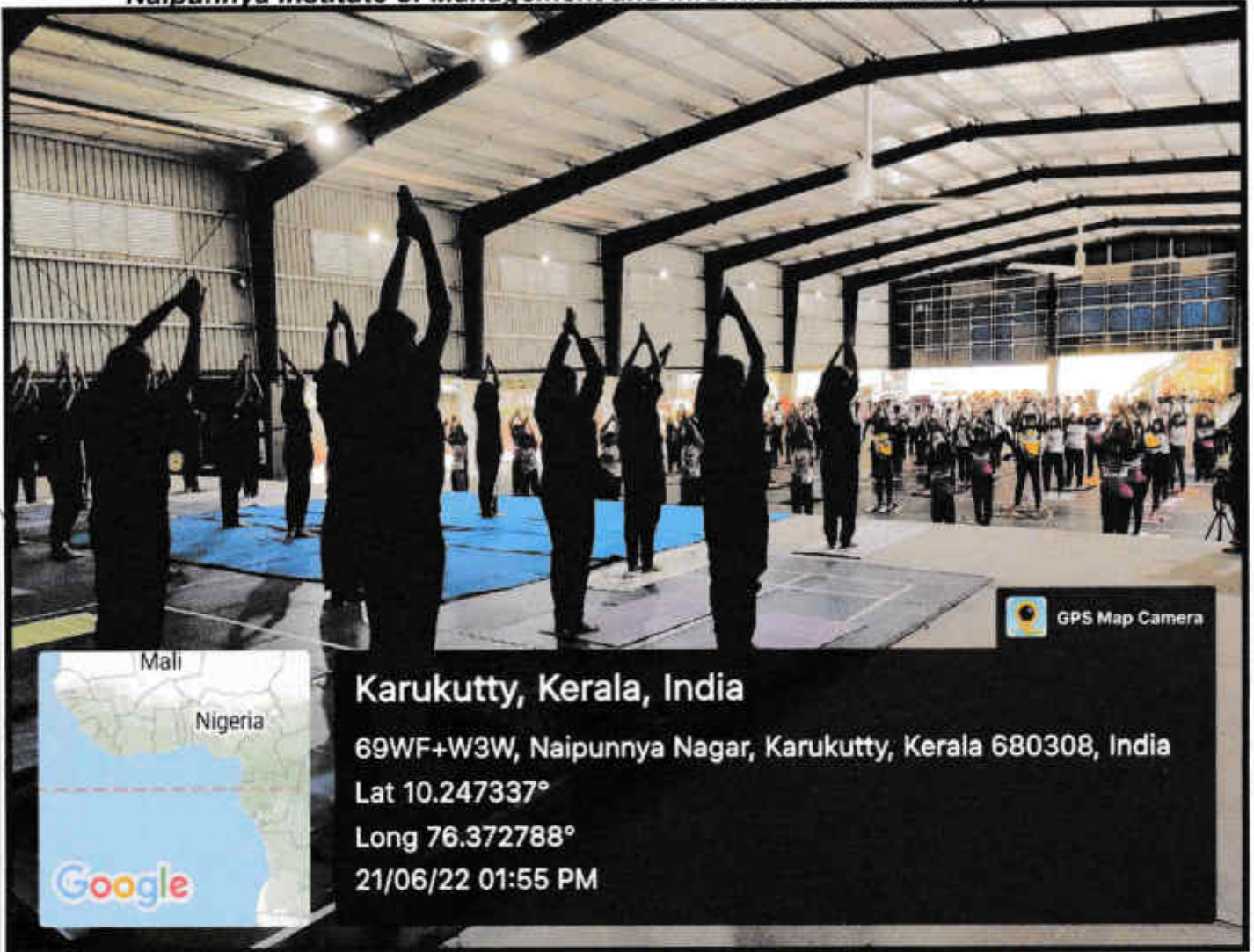




“This is not just a demonstration. This is a rebellion.”



*Sreejith P.A.*  
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**Karukutty, Kerala, India**

69WF+W3W, Naipunnya Nagar, Karukutty, Kerala 680308, India


Lat 10.247337°

Long 76.372788°

21/06/22 01:55 PM

**A march or gathering which people take part in to show their opposition to something or their support for something...**



  
21/06/2022  
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Sl.No.	Name of the Student	Class	Signature
33	MAHIMA M NAIR	B.com cop	
34	ATHIRAMOL SHASI	M.com	
35	ALEENA JOSE	MA English	
36	ANGEL MARIA JOLLY	B.com finance(A)	
37	Anjana lakshmi-PS	B.com (CA)	
38	Anja . Dj	MBA	
39	Hanno Ray	B.com Cop	
40	Archana Binesh	B.com (F)	
41	Angel Davis	BBA	
42	Angel Paul	B.com Co-op	
43	Ajina K.K	M.com	
44	Anamika P	B.com Coop	
45	Devika S.Nair	Bsc Cs	
46	Ayana . P.B	B.COM COP	
47	Rashal Babu	BCA	
48	Devika Ajith	B.com (F)	
49	Soelakshmi.s	B.com (F)	
50	Ahira Dilcep	B.com (F)	
51	Akshaya Suresh-T	B.com (f) B	

21/06/2022



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Sl.No.	Name of the Student	Class	Signature
52	Valshnavi S	B.com CA	
53	Abhaya U	Ba English	
54	Meetha MANMAN	BBA	
55	Sana	Ba. English	
56	Meetha M.R	B.com (fin) A	
57	Balmeriya Joy	B.com fin A	
58	Nandini K.K	B.com. Co.op	
59	Abhila Hari K.V	BA. Eng	
60	Sheetal M.P	BA. Eng	
61	Anu K. Siby	BA. Eng	
62	Anugraha P.A	B.com. co.op	
63	Asna Maria Jose	B.com Co.op	
64	Aneesha Ismaiel	B.com co.op	
65	Krishna P.U	B.A ENGL	
66	Muhsina K.A	B.com CA	
67	A M Arundhathy	BHA	
68	Abel Sony	B.Sc HMCA	
69	Aiswarya P P	HMCSA	
70	Ajin Soby	HMCSA	



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21/06/2022

# NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY

POGAM, KORATTY, THRISSUR, KERALA-680308














INTERNATIONAL YOGA DAY CELEBRATION

"YAMA 2022" – Demonstration Dance

On 21<sup>st</sup> June 2022 at NAVARANG AUDITORIUM

1.30 pm to 2.30 pm

## Attendance

Sl.No.	Name of the Student	Class	Signature
01	Ashwin Anbu	II <sup>nd</sup> M.COM	
02	Jestin John	II <sup>nd</sup> BBA	
03	Bebin Joseph	II <sup>nd</sup> B.COM FIN (CO)	
04	Siby Abraham mathew	II <sup>nd</sup> BBA	
05	Nikesh.K.Jayan	I <sup>st</sup> B.com	
06	ASWIN.S	II <sup>nd</sup> B.A.English	
07	Deepesh.MS	II <sup>nd</sup> BA English	
08	HEZRON THOMAS	III <sup>rd</sup> BCOM FIN	
09	Ajayan.S	II <sup>nd</sup> BCOM CO	
10	Arijun.A.M	II <sup>nd</sup> M.com.	
11	Prince Thomas	I <sup>st</sup> M.COM	
12	Pranav Santhosh	II <sup>nd</sup> year BA English	
13	Jobin Biju	II <sup>nd</sup> BCOM FCA	



  
21/06/2022





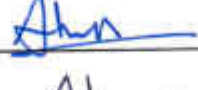
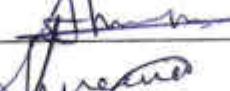
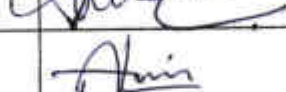


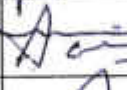
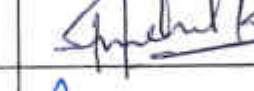

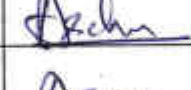
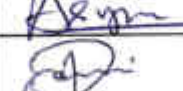





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POGAM, KORATTY EAST  
THRISSUR DISTRICT  
KERALA - 680 308

Sl.No.	Name of the Student	Class	Signature
14	VYSHNAV.T	II <sup>nd</sup> BLOM COOP	
15	ABHINAV.K.V	II <sup>nd</sup> B.COM COOP	
16	AKHILESH.S	II <sup>nd</sup> B.COM COOP	
17	JISHNU.V.C	II <sup>nd</sup> BSC CS	
18	SALMON.P.T	II <sup>nd</sup> BA. ENCH	
19	BHUMINATH.N.A	II <sup>nd</sup> B.COM CO-OP	
20	SOURABH.M.B	II <sup>nd</sup> BLOM CA	
21	Immanuel James	I <sup>st</sup> B.COM CA	
22	Gokul.G	II B.COM FIN &	
23	Ajith Prince	II B.COM FIN A	
24	Navaneeth.P.K	I B.COM CA	
25	Aswin.K.Raju	II B.COM F	
26	Emmanuel James	II BBA	
27	Abhinav.K	I <sup>st</sup> B.COM CO.OP	
28	Blesson K.T	I <sup>st</sup> B.COM CA	
29	Alex Benny	I <sup>st</sup> B.COM CA	
30	Abhinav P. Santhosh	I <sup>st</sup> B.COM CA	
31	Aneesh.A.S	III <sup>rd</sup> BSC CS	
32	Avinash.A.S	3 <sup>rd</sup> BA english	

21/06/2022

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Sl.No.	Name of the Student	Class	Signature
71	Albin Benny	BSc Cs	
72	Alden Biju	BCA	
73	Alcena Tomy	BBA	
74	Aleena Wilson	BCom Co	
75	Aljo Varghese	BCom FinA	
76	Alha Jose	BCom CA	
77	Alweena Merin Johnson	BHA	
78	Alvin Doshiy	BSc HMCA	
79	Alwin Pappachan	HMCS A	
80	Amal Baby	HMCS B	
81	Amritha S	BSc CS	
82	Anchel KS	BCA	
83	Anjana S Maria	BBA	
84	Archasabharth	BCom CO	
85	Arjun MP	BCom FinA	
86	Devika Shaju	BCom CA	
87	Dhinich PV	BHA	
88	Emmanuel Paul	BSc HMCA	
89	Esha Thomas	HMCS A	



  
21/06/2022

**SREEJITH. P.A**  
H.O.D & ASST. PROFESSOR  
DEPT. OF PHYSICAL EDUCATION  
NAIPUNNYA COLLEGE  
PONGAM, KORATTY EAST

KERALA - 686 308

Sl.No.	Name of the Student	Class	Signature
90	Farna Nausin	HMCS B	<i>Farna</i>
91	Gourav MS	BSc CS	<i>Gourav</i>
92	Hanna Ashraf	BCA	<i>Hanna</i>
93	Sanjo Davron	BBA	<i>Sanjo</i>
94	James Varkkassery	BCom Co	<i>James</i>
95	Joe Paul Antu	BCom Fin A	<i>Joe Paul</i>
96	Joseph Nelson	BCom CA	<i>Joseph</i>
97	Laslet P J	BHA	<i>Laslet</i>
98	Megha Musukesh	BSc HMCA	<i>Megha</i>
99	Mehfar Nishad	HMCS A	<i>Mehfar</i>
100	Nandhana Gopinathan	HMCS B	<i>Nandhana</i>
101	Nandhana Ramesh	BSc CS	<i>Nandhana</i>
102	Rahul V R	BCA	<i>Rahul</i>
103	Richas S Vichad	BBA	<i>Richas</i>
104	Rosmi Bijn	BCom Co	<i>Rosmi</i>
105	Sanjay Sali	BCom Fin A	<i>Sanjay</i>
106	Shahana Shanavas	BCom CA	<i>Shahana</i>
107	Shaine Shaju	BHA	<i>Shaine</i>
108	Shaju Day	BSc HMCA	<i>Shaju</i>



*Sreejith P.A.*  
21/06/2022

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PONGAM, KORATTY EAST  
THRISUR DISTRICT -  
KERALA - 680 308







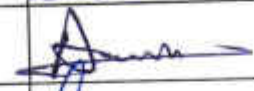









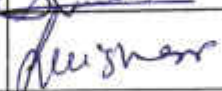




Sl.No.	Name of the Student	Class	Signature
109	Sheetal K R	HMCSA	<i>Sheetal</i>
110	Shine Shaju	HMCS B	<i>Shine</i>
111	Snowmol George	BSc CS	<i>Snowmol</i>
112	Sona Shibu	BCA	<i>Sona</i>
113	Thara Jayan	BBA	<i>Thara</i>
114	Pom Shibu	BCom Co	<i>Pom</i>
115	Aleena C D	BCom Fin A	<i>Aleena</i>
116	Aishwarya Rajesh	BCom CA	<i>Aishwarya</i>
117	Syothika Baburaj Nair	BHA	<i>Syothika</i>
118	Abhijith CB	HMCSA	<i>Abhijith</i>
119	Annet K Davis	HMCSA	<i>Annet</i>
120	Ebrahim Badusha	HMCSA	<i>Ebrahim</i>
121	Habin Thomas	HMCS B	<i>Habin</i>
122	Joseph Mathew	HMCS B	<i>Joseph</i>
123	Normal Poulose	HMCS B	<i>Normal</i>
124	Abin Simon	HMCA	<i>Abin</i>
125	Kalidas Suresh	HMCA	<i>Kalidas</i>
126	Shalin MP	HMCA	<i>Shalin</i>
127	Nivis Physis	BHA	<i>Nivis</i>




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KERALA

KER/PA - 680 308

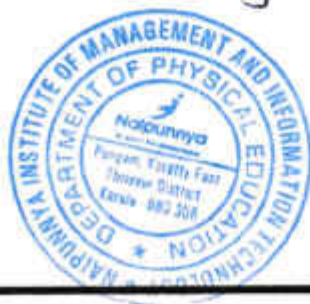
*Sreejith P.A*  
21/06/2022

Sl.No.	Name of the Student	Class	Signature
128	Sreehari KS	BHA	
129	Abin VR	BHA	
130	Albin Renny	BA	
131	Susti's Pamlore	BA	
132	Anypam Sekhar	BA	
133	Chowrav MS	BBA	
134	Sanjay Josemon	BCom Fin B	
135	Cropikrishna	BBA	
136	Abel Shaji	BCom Fin A	
137	Ajin Prince	BCom Fin A	
138	Ashwin K Biju	BCom Fin A	
139	Demin Jose	BCom Fin B	
140	Sanjay Josemon	BCom Fin B	
141	Shaine Shaji	BCom CO	
142	Swintson Baiju	BCom CO	
143	Shann Biju	BCom CO	
144	Baijo Saiwan	BCom CO	
145	Rahul V.R	BCom CO	
146	Joseph Mathachan	BCom CA	



  
 21/06/2022  
**SREEJITH. P.A**  
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 PONGAM, KORATTY EAST  
 THRISSUR DISTRICT  
 KERALA - 680 308

Sl.No.	Name of the Student	Class	Signature
147	Joseph Nelson	BCom CA	
148	Paraman Rajew	BCom CA	
149	Leo P.S.	BCom CA	
150	Don Paulose	HMCS A	
151	Cyril P3	HMCSA	
152	Athul Babu	HMCSA	
153	Albin Shaji	HMCS A	
154	Basil Crisbo	HMCS A	
155	Fredy Jose	HMCS B	
156	Creon Shaji	HMCS B	
157	Godwin Devassy	HMCS B	
158	Deena Jose	HMCS B	
159	Devan Boby	HMCS B	
160	Akhil Sunni	HMCA	
161	Arum George	HMCA	
162	Renal Benny	HMCA	
163	Athul Ranesh	BBA	
164	Alphus Roy	BBA	
165	Shoj Sunil	BBA	



21/06/2022

**SREEJITH. P.A.**  
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NAIPUNYA COLLEGE  
THIRUVANANTHAPURAM DISTRICT  
KERALA - 680 308

# NAIPUNNYA INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY

POGAM, KORATTY, THRISSUR, KERALA-680308














INTERNATIONAL YOGA DAY CELEBRATION

"YAMA 2022"


On 21<sup>st</sup> June 2022 at NAVARANG AUDITORIUM

9.00 am to 10.30 am

Attendance

Sl.No.	Name of the Student	Class	Signature
01	MAHIMA M NAIR	B.COM COP	
02	Athisamol Shaji	MCOM	
03	Alcener Jose	MA English	
04	Angel Maria Golly	B.COM F(A)	
05	Anju . A . j	MBA	
06	Anjana lakshmi . PS	B.COM(CA)	
07	Honna Roy	B.COM COP	
08	Anhana Binesh	B.COM(F)	
09	Angel Davis	BBA	
10	Angel Paul	B.COM Co-op	
11	Ajina . K . K	M.COM	
12	Anamika . P	B.COM Coop.	
13	Devika . S . Nair	BSC CS	



  
21/06/2022






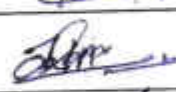




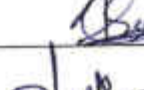



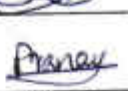




**SREEJITH, P.A**  
DEPT. OF PHYSICAL EDUCATION  
NAIPUNNYA COLLEGE  
PONGAM, KORATTY EAST  
THRISSUR DISTRICT  
KERALA - 680 308

Sl.No.	Name of the Student	Class	Signature
14	Anjana P.B	B.com (op)	Anjana
15	Roshal Babu	BCA	Rof
16	Devika Ajith	B.com (Finance)	Dev
17	Sreelakshmi S	B.com (F)	Sree
18	Sana	BA English	Sana
19	Vaishnavi S	B.com (CA)	Vaish
20	Mathan Mammann	BBA	Mathan
21	Abhaya U	BA - English	Abhaya
22	Akshaya Suresh T	B.com F (B)	Akshaya
23	Eal Mariya Joy	B.com F (A)	Eal
24	Megha MN	B.com F (A)	Megha
25	Abhira Diloop	B.com (F)	Abhira
26	Siby Abraham mathew	BBA 2nd	Siby
27	ASWIN'S	I <sup>nd</sup> B.A English	Aswin
28	Nikesh K. Jayan	II <sup>nd</sup> B.com	Nikesh
29	Jestin John	II <sup>nd</sup> BBA	Jestin
30	Bebin Joseph	I <sup>nd</sup> B.com FIN (B)	Bebin
31	Deepesh M.S	II <sup>nd</sup> B.A English	Deepesh
32	Ajayan's	II <sup>nd</sup> B.com (O-op)	Ajayan



Sreejith P.A  
21/06/2022

**SREEJITH. P.A**  
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DEPT. OF PHYSICAL EDUCATION  
NAIPUNYA COLLEGE  
PONGAM, KOTTAYAM EAST  
KERALA - 686 308

Sl.No.	Name of the Student	Class	Signature
33	Abhinav. K	I <sup>st</sup> B.com co-op	
34	WEZSON	III <sup>rd</sup> B.com (FIN)	
35	Aneesh. A S	III <sup>rd</sup> Bsc IS	
36	Avinash. A.s	3 <sup>rd</sup> BA english	
37	ABHINAND. K.V	II <sup>nd</sup> B.com CO.OP	
38	Jobin Biju	II <sup>nd</sup> B.com F(A)	
39	VYSHNAV. T	II <sup>nd</sup> B.com CO.OP	
40	Bhuminath N.A	II <sup>nd</sup> B.com CO'OP	
41	Jishnu V.C	II <sup>nd</sup> Bsc IS	
42	Aswin K Biju	II <sup>nd</sup> B.com fin	
43	salman P	II <sup>nd</sup> BA Eng.	
44	Rance Thomas	T. M.com	
45	SOURABH. M.B	II <sup>nd</sup> B.com. IA	
46	Pranav Santhosh	I <sup>st</sup> BA English	
47	Aswin Antu	I <sup>st</sup> M.com	
48	Alex Benny	I <sup>st</sup> B.com CA	
49	Agun prairie	II <sup>nd</sup> B.com Fin(A)	
50	Arjun G	II <sup>nd</sup> B.com Fin (IS)	
51	Abhinav T. Santhosh	I <sup>st</sup> B.com CA	



  
21/06/2022

**SREEJITH. P.A**  
H.O.D & ASS. PROFESSOR  
DEPT. OF PHYSICAL EDUCATION  
NAIPUNNYA COLLEGE  
THIRUVANANTHAPURAM  
THIRUVANANTHAPURAM DISTRICT  
KERALA - 680 308

Sl.No.	Name of the Student	Class	Signature
52	AKHILESH I	2 <sup>nd</sup> B.COM COOP	
53	BLESSON K. J	I <sup>st</sup> B.COM. CA	
54	Emmanuel James	II <sup>nd</sup> BBA	
55	Arijun. A. M	2 <sup>nd</sup> M.COM	
56	Navaneeth P. K	I B.COM CA	
57	Immanuel James	I <sup>st</sup> B.COM	
58	Anu. K. Siby	BA English	
59	Mahsima K. A	B.COM CA I <sup>st</sup>	
60	Ashna Maria Jose	B.COM Coops	
61	Krishna P. U	B.A ENGI	
62	Nandini K. K	B.COM CO-OP	
63	Anugraha P. A	B.COM CO-OP	
64	Aneesha Ismael	B.COM CO-OP	
65	Sheetal M. P	B.A Eng	
66	Akhila Hasi	BA Eng	
67	A. M. Arundhathy	II Sem F(A)	
68	Abel Sony	II Sem F(A)	
69	Aiswarya P. P	II Sem F(A)	
70	Ajins Joby	II Sem F(A)	



21/06/2024

**SREEJITH. P.A**  
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DEPT. OF PHYSICAL EDUCATION  
NAIPUNNYA COLLEGE  
PONGAM, KOTTAYAM  
THRISSUR DISTRICT  
KERALA - 680 308

Sl.No.	Name of the Student	Class	Signature
71	Albin Benny	11 Sem F(B)	
72	Alden Biju	11 Sem F(B)	
73	Alcena Tommy	11 Sem F(B)	
74	Aleen Wilson	11 Sem F(B)	
75	Aljo Varghese	11 Sem CO	
76	Alha Jose	11 Sem CO	
77	Alheena Merin Johnson	11 Sem CO	
78	Alwin Joshy	11 Sem CO	
79	Alwin Pappachan	11 Sem CO	
80	Amal Baby	11 Sem B.A.	
81	Amittha S	11 Sem B.A.	
82	Anchel K.S.	11 Sem B.A.	
83	Anjana S. Nair	11 Sem B.A.	
84	Archa Subash	11 Sem B.A.	
85	Arjun M.P.	11 Sem BBA	
86	Devika Shajin	11 Sem BBA	
87	Dhinithi P.V.	11 Sem BBA	
88	Emmanuel Paul	11 Sem BBA	
89	Esha Thomas	11 Sem BBA	



21/06/2022

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THRISSUR DISTRICT  
KERALA - 680 308



Sl.No.	Name of the Student	Class	Signature
90	Fasna Nairis	11 Sem CA	
91	Gourav M.S.	11 Sem CA	
92	Hanna Ashraf	11 Sem CA	
93	Taijo Jaison	11 Sem CA	
94	James Varikkasem	11 Sem CA	
95	Joe Paul Anbu	11 Sem BCA	
96	Joseph Nelson	11 Sem BCA	
97	Laslet P.J.	11 Sem BCA	
98	Megha Murkesh	11 Sem BCA	
99	Mehfas Nishaf	11 Sem BCA	
100	Nandhana Gopinathan	11 Sem BCA	
101	Nandhana Ramesh	11 Sem BCA	
102	Rahul V.R.	11 Sem BCA	
103	Riches S. Vichad	11 Sem B.Sc.S	
104	Rosmi Bijju	11 Sem B.Sc.S	
105	Sanjay Sali	11 Sem B.Sc.S	
106	Shahana Shomavas	11 Sem B.Sc.S	
107	Shanine Shajin	11 Sem B.Sc.S	
108	Shajin Joy	11 Sem B.Sc.S	



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PONGAM, KORATTY EAST

KER/LA - 680 308

21/06/2022

Sl.No.	Name of the Student	Class	Signature
109	Sheetal K.R.	B. Com CA	<i>Sheetal</i>
110	Shine Shaji	B. Com CA	<i>Shine</i>
111	Snowmol George	B. Com F(A)	<i>Snowmol</i>
112	Sona Shiji	B. Com F(A)	<i>Sona</i>
113	Thara Sajam	B. Com F(A)	<i>Thara</i>
114	Tom Shibu	B. Com F(A)	<i>Tom</i>
115	Aleena C.D.	B. Com F(B)	<i>Aleena</i>
116	Anishwarya Rajesh	B. Com F(B)	<i>Anishwarya</i>
117	Jyothika Baburaj Nair	B. Com F(B)	<i>Jyothika</i>
118	Abhijith C.B.	B. Com F(B)	<i>Abhijith</i>
119	Annet K. Davis	11 Sem HMCS A	<i>Annet</i>
120	Ebrahim Badusha	11 Sem HMCS A	<i>Ebrahim</i>
121	Gusto	11 Sem HMCS A	<i>Gusto</i>
122	Amal Krishna	11 Sem HMCS A	<i>Amal K.</i>
123	Habin Thomas	11 Sem HMCS B	<i>Habin</i>
124	Joseph Mathew	11 Sem HMCS B	<i>Joseph</i>
125	Niamal Poulose	11 Sem HMCS B	<i>Niamal</i>
126	Robin Varghese	11 Sem HMCS B	<i>Robin</i>
127	Sonaj T.S.	11 Sem HMCS B	<i>Sonaj T.S.</i>



*Sreejith P.A.*  
21/06/2022

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PONGAM, KORATTY EAST  
KERALA - 686 308

Sl.No.	Name of the Student	Class	Signature
128	Alvin Simon	11 Sem HMCA	
129	Kalidas Suresh	11 Sem HMCA	
130	Stalvin M.P.	11 Sem HMCA	
131	Alan K. Jay	11 Sem HMCA	
132	Jonathan Thattungal	11 Sem HMCA	
133	Nivin Shyju	11 Sem BHA	
134	Beechari K.S.	11 Sem BHA	
135	Abrin V.R.	11 Sem BHA	
136	Albey Thomas	11 Sem BHA	
137	Criswin Shaji	11 Sem BHA	
138	Albin Benny	11 Sem B.A.	
139	Justin Poulse	11 Sem B.A.	
140	Anupam Sekhar	11 Sem B.A.	
141	Gourav M.S.	11 Sem BBA	
142	Gopikrishna	11 Sem BBA	
143	Joshua	11 Sem BBA	
144	Ajini	11 Sem BBA	
145	Leeban	11 Sem BBA	
146	Abel Shaji	11 Sem F.A	



21/06/2022

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NAIPUNYA COLLEGE  
PONGAM, KORATTY EAST  
THRISUR DISTRICT

GSTIN No: 32AUAPG6102F1ZG

S. No. of Invoice: 107

Date of invoice: 20/6/22

# ROYAL ARTS

NH Junction, Koratty P.O. Thrissur. Dist. Kerala

Pin: 680308 Phone: 0480 2701777

Government of India/State  
Department of Kerala Form GST  
INV-1 (see Rules...)  
Application for Electronic  
Reference Number of an Invoice.

Details of Receiver (Billed To)

Name & Address: NAIPUNNYA COLLEGE KORATTY

Sl. No.	Description of Goods	Qty	HSN	Unit	Rate per Item	Total	Tax Rate	Tax Value	CGST Rate	CGST Amount	SGST Rate	SGST Amount	IGST
	6x3 cdatal Bams	1			20	360			6	21.6	6	21.6	
<b>TOTAL</b>						360				21.6		21.6	

Total in Words :

4032

FOUR HUNDRED THREE AND TWO PISA ONLY

Signature for  
ROYAL ARTS