

Affiliated to the University of Calicut, ISO 9001-2015 Certified
Accredited by NAAC with B++ grade



Naipunnya

To reach the unreachable

Date of event: 15/02/2023

Faculty In-charge: Ms. Vandana C H





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REPORT

The leading Hands of NMIT, the prestigious wing of Training department are a group of vibrant students who aspire to inspire and are considered to be the greatest asset of our college. Naipunnya Training Department always paves way for students to become an ideal leader who is flexible, proactive, analytical, strategic, culturally competent and adept at competitive positioning. With this intention in mind the department organizes various training sessions for students, especially for LHPs.

'Leaders Thrive' an exclusive Training session was arranged for these budding leaders on 15° February 2023, at 11.30 am in Seminar Hall, Main Block. Mr. Justin Thomas, Clinical Psycologis, Motivational Speaker and NLP master practitioner gave a behavioural training session focused on leadership skills. He gave awareness on the leadership qualities, Challenges and its responsibilities and also spoke about how to lead with excellence and integrity, while flourishing personally, professionally and socially. The agenda of the programme was well executed through fun games and talks. The Certificate for all the Final year LHP Members were also distributed in the session.

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Prepared by: Ms. Vandana C H Verified by: Ms. Rajani Stanley Approved by: Principal





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BROCHURE



Training Department

LEADERS THRIVE

DATE:

15 Feb, 2023

TIME:

11.30am-3.30pm

An Exclusive
Training Session For Leading Hands





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Time: 11.30 -3.30pm

PROGRAM SCHEDULE

Training Department

LEADER'S THRIVE 22-23

Date: 15/02/23

Venue: Seminar Hall (Main block)

Prayer Song

Welcome Address

Principal's Message

Briefing on the Event

Honoring the outstanding

Leading Hands

Vote of Thanks

(II MSc Cs)

Kesiya Johnson

Hiba Shaji

(III Bcom Finance)

Rev. Fr. Dr. Paulachan K J

(Principal& Exe. Director)

Ms. Rajani Stanley

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Presenting the Certificates

Erin Mathew

(IBCA)





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RESOURCE PERSON'S PROFILE

Mr. Justin Thomas, ISSTAC® (MD- ISSTAC® and NLP Kerala®)

Justin Thomas (Psychologist, Trainer, Life Coach, Author and Speaker) was a corporate professional who decided to become a trainer to serve the society better. Last 17 years he has been focusing on training programs based on Soft Skills and Life Skills, MIND POWER, Outbound and Neuro-Linguistic Programming across the world. He has conducted around 4500 training and counselling sessions in his career (both online and offline).

Awards and Recognitions:

- He was awarded as one of the most contributed trainers in Kerala during Covid 19 period by Dream Setters and New Age Newspaper in May 2020.
- He won the 'Training Excellence Award' by Junior Chamber International (JCI) India Zone
 XXII for the contributions in the field of training in 2020.
- He received national level recognition award from National Director Training JCI
 India for his contributions in the area of training –January 2021
- In secured a position among '50 Iconic Trainers In India' selected by JCI India in December 2020 FEOCH THE UNITED TO THE COUNTY OF THE PROPERTY OF THE PROPE

Certifications in Training and Counselling:

He is the master trainer of GNNLPTM, NLP Kerala® and ISSTAC®. He is the certified trainer of Junior Chamber International (National Trainer and Author- the highest training qualifications of JCI India), MINDS, IMG, and KILA. He is a Life Coach, NLP master practitioner and hypnotist by Association for NLP – UK, USA and ANLP, and Counsellor by Govt. of Kerala. He is a certified Yoga Teacher of Yoga Alliance International and SUJOK therapist of International SUJOK Association.

Pongam, Koratty East Thrissur District Kerala-680 308

Pongam, Koratty East, Thrissur District, Kerala State, India. Pin-680308 Phone +91 9605001987, 04802730340, 2730341, 2733573



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His Education Qualifications:

He is a research scholar of counselling psychology at Starex University, Haryana and completed M.Phil. in Medical & Psychiatric Social work from Martin Luther Christian University, Shillong, India. He holds post graduate degrees in Economics and Sociology from University of Mumbai, India and post-graduation with Psychology from The Indira Gandhi National Open University (IGNOU), India. He holds Government of Kerala certification on Post Graduate Diploma in Counselling. He was awarded Post Graduate Diploma in Foreign Trade with the specialization of International Marketing by World Trade Centre Mumbai, India. Mr. Justin also possess TTC course in Yoga from Yoga Alliance International.

Work Experiences:

He worked for World Trade Centre Mumbai, Magic Bus-Mumbai, Aga Khan Education Services Mumbai, CSSS-Mumbai, Tata Institute of Social Sciences-Mumbai, DY Pattil Institute for Management Studies-Mumbai, and St. Joseph College of Engineering and Technology-Kerala. He is the founding chairman of Almeda Trust, and Managing Director of Institute for Soft Skills Training and Counselling (ISSTAC ®) and NLP Kerala®.

To reach the unreachable

His Major Training Topics are:

- NLP
- · Hypnosis and Psychotherapies
- Soft Skills and Life Skills topics (motivation, goal setting, values, interview skills, effective public speaking and communication, dreams and visualisations, stress management, time management, emotion management, interpersonal skills, relationship management, modern media management, study skills, career guidance, creativity, rational thinking, sales and marketing, negotiation and decision making, problem solving, customer care, vision – mission – action plan, sex education

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Mind Power (Mind Art® - a registered mind power program)

PHOTOGRAPHS /SCREENSHOTS









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Training Department

Leader's Thrive

PARTICIPANT'S LIST

Name of the event: Leader's Thrive

Date: 15/2/2023

Class: LHPs (All three years)

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Event Coordinator: Ms. Vandana C H

